CLUB WELFARE OFFICER UPDATE

OCTOBER 2026



Welcome to the October 2026 Club Welfare Officer update, where we bring you the latest news and resources to help you in your role as the CWO for your club.

BRITISH JUDO UPDATES



Safeguarding Spotlight - Tackling Sexual Harassment Face-to-Face and Online

This month, our Safeguarding Spotlight focuses on the experiences of women and girls who face sexual harassment, both face-to-face and online, and how we can work together to create a safe and inclusive environment for everyone involved in judo.

We have seen growing concern around the experiences of women and girls in relation to sexual harassment in society, including across sectors such as sport.

This article covers sensitive topics – please take care when reading.

Click Here to Learn More

Adaptive Judo Conference with Focus on Coaching Adaptive Judoka with Physical **Impairments**

Coaches are welcome to come and learn how to enhance their skills, knowledge and support the judoka of all levels of disability, covering different learning and delivery styles. Attendance all day is required to achieve revalidation criteria.

The course is both practical and educational, with learning taking place in the dojo and classroom.

Date: 7 February 2027
Time: 09:00-16:00
Cost: £20

Click Here to Learn More



British Judo Partners with Local Minds to Provide Mental Health First Aid Training

British Judo is partnering with mental health charity Birmingham Mind to offer clubs online Mental Health First Aid Training (MHFA).

No matter where you are in the country, you can access this training from a trusted mental health specialist who can help connect you with support services in your local area.

Click Here to Learn More

USEFUL RESOURCES



Advice for Parents on Encouraging Healthy Body Image in Children

Support from Childline about body image issues and eating disorders peaked over the summer months last year, with the service delivering almost 1,000 counselling sessions across June, July and August.

That compares to 3,364 counselling sessions for young people about these problems from April 2025 to March 2026.

Childline wants every young person to know that whatever they're going through, their trained counsellors are there to listen without judgment.

Click Here to Learn More

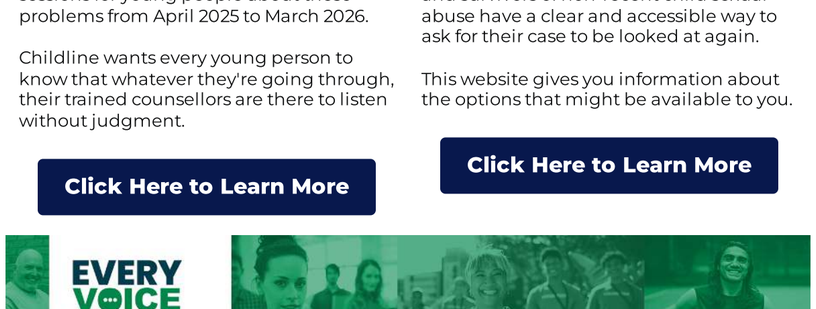
Supporting Victims and Survivors of Non-Recent Child Sexual Abuse

We know that it can take a long time to feel ready to talk about what happened to you. Everyone's journey is different, and there is no right or wrong time to come forward.

IAmReady was created following national recommendations to make sure victims and survivors of non-recent child sexual abuse have a clear and accessible way to ask for their case to be looked at again.

This website gives you information about the options that might be available to you.

Click Here to Learn More



Safeguarding Adults Week 2026 16-22 November

Safeguarding Adults Week is a time for organisations to come together to raise awareness of important safeguarding issues.

We believe that working in partnerships allows us to share our knowledge of safeguarding, learn from others, and work towards creating safer cultures.

During this year's event, Ann Craft Trust will be collaborating with our partners to explore a different safeguarding theme each day.

Click Here to Learn More

To view previous Club Welfare Officer updates, click here!