Higham and Rushden Judo Club
Mon Grades white & red, Yellow & orange competition
Saturday 13th March

Venue	Higham and Rushden Judo Club, Unit 5 Factory 2, Sanders Lodge Industrial Estate, Rushden, Northamptonshire, NN10 6BQ (Feel free to use google maps rather than the postcode as this is easiest)
Groups *(All ages relate to the day of competition)*	Girls aged 8-14, white, red, yellow, orange belt Boys aged 8-14, white, red, yellow, orange belt
Participation	All competitors **MUST** hold a current BJA, BJC or AJA license. **NO LICENSE NO JUDO!** **Players must have graded within the last 9 months.**
Judogi Rules	All competitors will wear a correctly fitting judogi, if you're in a BJJ or other martial arts suit you will be turned away from the competition. **ALL COMPETITORS MUST WEIGH IN IN A T-SHIRT AND GI BOTTOMS** (for boys it's optional to fight in white t-shirts under judogi, please use the changing rooms to get changed)
Contest Rules	**ALL** categories will be run with **technical restrictions**. Contests shall be 3mins. See BJA contest rules for details.
Competition Format	All competitors will be weighed on the day and grouped into Pools depending on **gender, age, weight, and grade**. Using the index system (Age x2+grade+weight). All efforts will be made to find a suitable group for each competitor, the Tournament Director will consult coaches if any suitable matches can't be found (anyone without a group will be informed and refunded).
Weigh-in Times	WEIGH IN TIMES WILL BE CONFIRMED IN THE WEEK OF THE COMPETITION ON OUR FACEBOOK PAGE AS WELL AS VIA EMAIL- PLEASE ENSURE WE HAVE THE CORRECT EMAIL ADDRESS FOR YOU BY ENTERING IT CORRECTLY ON OUR COMPETITION ENTRY PAGE.- please check your spam folder, too.
Spectators, coaches and officials.	Entry is free of charge for spectators. **Remember children are watching your behaviour for examples how to behave.** Some table officials may be in training so please bear with them. Seating is limited therefore be respectful of others and **do not** reserve with bags etc. There will be a tuck shop selling food and drinks throughout the day (***cash only***). **If any over 11's would like to try their hand at timekeeping they would be welcome, competitions can't run without table officials and there is a real shortage throughout the country, so where better to try it out than at a development event, please speak with Rob on the day.**
Closing date	Entries will be accepted up to 7th March or before if full. **Coaches-** please keep your eye on our Facebook page (www.facebook.com@HRJUDOCLUB) as we may request some late entries to fill categories or attempt to find a group for someone who has entered.
Cost	£25 All participants will receive a medal.
Entries	All Entries to be applied for via the following link www.hrjc.co.uk/competitions ***Please fill in your entry correctly, and only fill the form in once- you will get a confirmation email; please check your junk folder. Please make payments to: HIGHAM AND RUSHDEN JUDO CLUB LTD ACC: **51519977** SC: **60-83-71** BACS REFERENCE FORMAT: Your child's name followed by Comp e.g. ***JOE BLOGS COMP***

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	By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to: • Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/ • Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/ • Contest rules https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/ ○ https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/ • Stoma bags: https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/ Prosthetic limbs: https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/