A1 JUDO CLUB'S

U8 Festival and Red/Yellow Belt Competition

Sunday 13th December 2026
9.30am – 12.30pm

Venue: East Ham Leisure Centre,
324 Barking Road, London, E6 2RT

A1 JUDO CLUB

Group 1: U8 Festival:

- Ages: 5, 6 or 7 years old (on the day of the competition)
- Format: The participants will be guided through a warm up, fun activities, practice of breakfalls and simple throws. Following this they will be put into groups of 3 or 4 based on their weights, age and coach ratings (final decision Tournament Director)
- Everyone will receive a participation medal.

Group 2: Red and Yellow Belt:

- Ages: 8-14 years old (on the day of the competition)
- Format: All players will be put in groups of 3 or 4 based on weights, ages and ratings given by coaches. The event will consistent of a group warm up and explanation of competition rules and etiquette. The event is a training event, as such no shidos will be given but players will be stopped and rules explained if they infringe them. Contest time 2 minutes.
- Everyone will receive a medal.

Coach Rating:
All coaches will need to attach a rating to player 1-3 (1= needs looking after, 2= average club player, 3= mini ninja). Please answer honestly to ensure the groups are fair and enjoyable as possible.

This competition is primarily aimed at low grade and less experienced competition players. If your player has entered and won competitions before please indicate them as a "3" on the entry form so we can make groups as fair as possible.

Entry: £20 per player. Bank transfer only. No pay on the day.
Spectators fee: £3pp (to be paid on the day)
Entries and questions to Tahmina Adan (via email info@a1judo.com)
Entry deadline: when max. entry reached
Max entries is 50 entries. No refunds.

ENTRY FORM

Club…….

Coach……. Tel No:……..

Address:……

Email Address: …….

Total for all entries: £_____

SURNAME	FORENAME	BJA License No	M / F	Coach Rating (1-3)	EXACT Age	Weight (kg) PLEASE PROVIDE EXACT WEIGHT	Grade	Emergency Contact Number

By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to:

- Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/
- Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/
- Contest rules https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/
  - https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/
- Stoma bags: https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/
- Prosthetic limbs: https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/

You must contact the organisers and events@britishjudo.org.uk if you require any support at the event or have any questions regarding the above points.

Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo Association.

These policies and codes of conduct are in place to ensure everyone attending the event have a good experience.