

BRITISH
JUDO



DBS Eligibility: Determining the correct level of checks

Andrew Bowly:
October 2026

Aims of the Eligibility Criteria

- Understand the different levels of DBS checks available.
- Understand what roles are eligible for what levels of check and why.
- Understand what is regulated activity.
- Use practical examples to decide what level of checks role could be eligible for.

[DBS eligibility guidance - GOV.UK \(www.gov.uk\)](https://www.gov.uk)



Child Protection in Sport Unit

**BJA commitment
to Safer
Recruitment**

DBS Strategy

4. Our strategic framework

Our strategic framework has been streamlined for the next 3 years; the existing purpose and vision remain, but the impacts that we can make by 2028 are now the focus of the strategy. The positive steps taken to achieve the impacts will be considered under our 5 new strategic objectives.

4.1 Our Purpose

Protecting the public by helping employers make safer recruitment and employment decisions, and by barring individuals who pose a risk to vulnerable people.

4.2 Our Vision

We will make recruitment and employment safer, by being a visible, trusted, and influential organisation. We will provide an outstanding quality of service to all of our customers and partners. Our people will understand the important contributions they make to safeguarding and feel proud to work within an inclusive and increasingly diverse organisation.

[DBS 2025-2028 strategy - GOV.UK](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/100000/db2528_strategy.pdf)

DBS launch new strategy and business plan for 2025 to 2028



Safeguarding Environment: Our Strategy: *Safe, Inclusive & Accessible Clubs*



**CAN YOU HELP SHAPE THE FUTURE OF
BRITISH JUDO?**

The Role of DBS

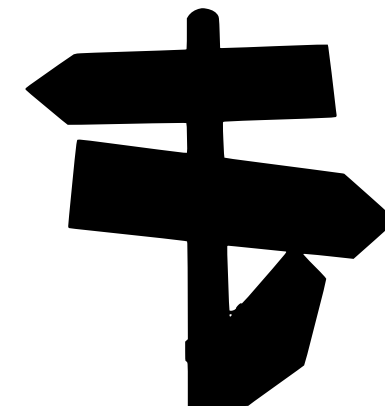
The Disclosure and Barring Service (DBS) plays a crucial role in ensuring that individuals are suitable for roles that involve working with vulnerable groups, including children and adults. The DBS helps employers make safer recruitment decisions by processing and issuing DBS checks for England, Wales, the Channel Islands, and the Isle of Man. It maintains the Adults' and Children's Barred Lists and makes decisions as to whether an individual should be included on one or both of these lists and barred from engaging in regulated activity. The DBS provides four types of checks, each with different levels of information, to help employers ensure they are recruiting suitable people into their organization.

The DBS checks are essential for protecting vulnerable individuals and ensuring that only safe, suitable people are placed in sensitive roles. The service is free for volunteers, and eligibility for Standard, Enhanced, and Enhanced with Barred Lists DBS checks is prescribed in legislation. Recruiters should only request a DBS check on an individual when they are legally allowed to do so.

www.gov.uk

A Guide: DBS Checks and You

[Quick Guide to DBS Checks.pdf \(publishing.service.gov.uk\)](https://publishing.service.gov.uk)



DBS Filtering Rules

DBS filtering guide - GOV.UK (www.gov.uk)

Convictions

- A conviction will be filtered from a criminal record certificate only if:
 - 11 years have elapsed since the date of conviction (5½ years if under 18 when convicted);
 - it is the person's only conviction;
 - it did not result in a custodial (or suspended) sentence;
 - It is not on the DBS list of specified offences that will never be filtered.

Cautions, reprimands or final warnings

- A caution for adults will be filtered after 6 years have elapsed since the date of the caution – and only if it does not appear DBS list of specified offences that will never be filtered.

Deciding what level of check you are able to request

Understand:

Who your organisation provides services for – children/adults/both?

What the role involves

How often it is performed

When you need to consider if it is supervised work

Where the role is performed

There are some different rules for roles in Wales

DBS online eligibility guidance

<https://www.gov.uk/government/collections/dbs-eligibility-guidance>

DBS workforces

Police Act 1997 (Criminal Records) regulations separate eligibility for enhanced DBS checks into:

- Work with children – the **child** workforce
- Work with adults – the **adult** workforce
-
- Everything else – the **other** workforce



Who is the service for?

CHILD

**A person who has not yet reached
the age of 18**



What, how often and is it supervised?

Regulated activity

	Once	More than 3 days in a 30 day period	Once overnight with opportunity for contact between 2am and 6am
Providing health care	Yes	Yes	Yes
Providing personal care	Yes	Yes	Yes
Teaching, training and instruction - unsupervised	No	Yes	Yes
Caring for or supervising - unsupervised	No	Yes	Yes
Providing advice or guidance on physical, emotional or educational well being	No	Yes	Yes
Driving children under arrangement	No	Yes	No
Moderating an online chat room	No	Yes	No
Registering to be a childminder (including voluntary reg)	Not applicable		
Registering to be come a foster carer	Not applicable		
Day to day managers of staff in regulated activity			

Where - specified establishments, the rules

Regulated activity: <https://www.gov.uk/government/publications/dbs-workforce-guidance>

Where the activity takes place:

- Schools*
- Nurseries
- Children's Home
- Children's Centres
- Childcare Premises
- Children's hospital in Wales
- Detention centres for children

***including pupil referral units and alternate provision academies in England**

Individuals must satisfy all of the following criteria:

- Work there more than 3 days in a 30-day period or overnight between 2am and 6am; **and**
- Have the opportunity for contact with children in the establishment; **and**
- Work there for the purpose of the establishment; **and**
- It's not a temporary or occasional role or a supervised volunteer role

Work with children which is not regulated activity

- Supervised teaching/instruction/caring for or supervising children
 - Eligible for an enhanced DBS check
- Supervised volunteer in a school or other specified establishments
 - Eligible for an enhanced DBS check
- Living or working in childminding or childcare premises
 - Eligible for an enhanced DBS check with a children's barred list check
- Anyone carrying out regulated activity but not often enough
 - Eligible for an enhanced DBS check
- Trustee of a children's charity
 - Eligible for an enhanced DBS check
- [Direct link to Sports with Children leaflet](#)

Legislative changes: 2026

Removal of the Volunteer Supervision Exemption (September 1, 2026)

- As with other NGBs we have been looking at whether as an NGB we need to look at any actions re <https://www.gov.uk/government/publications/working-or-volunteering-in-regulated-activity-with-children/regulated-activity-removal-of-the-supervision-exemption-comes-into-force-1-september-2026>
- **End of Exemption:** Under the Crime and Policing Act 2026, the supervision exemption is removed. Unpaid volunteers supervising, training, or caring for children will no longer be exempt from regulated activity simply because a staff member is supervising them. [1]
- **New Requirements:** Frequent volunteers (more than 3 days in any 30-day period, or overnight) will now legally require an enhanced DBS check with children's barred list information. [1]



BJA Response

[SAFERRI.pdf](#)

Our safer recruitment process is outlined with our Safelanding Policy SafeLandings - British Judo. Including our Recruitment of Ex-Offenders. In Addition, we have a robust process for the application, assessment, and revalidation of DBS checks where posts, including volunteers must the criteria for a DBS (or nation equivalent) for posts and wider workforce (Club Welfare Officers, Coaches etc.). With a risk assessment process for screening DBS with content. We have revised this guidance to include reference to:

<https://www.gov.uk/government/publications/working-or-volunteering-in-regulated-activity-with-children/regulated-activity-removal-of-the-supervision-exemption-comes-into-force-1-september-2026>



**Safe Recruitment of Volunteers
in Clubs: Good Practice
Guidance**

Version: 0.

Date of Issue: [13th August 2026]



Who is the service for?

Adult

A person who is
aged 18 or over



What is done for the adult

Does not occur with BJA

Regulated Activity

If done once the following activities are regulated activity with adults	
Providing health care	By or under the supervision of a healthcare professional
Providing personal care	Washing and dressing, eating, drinking and toileting
Social Work	Provided by a social care worker to an adult who is a client or potential client
Assistance with the day-to-day financial running of the adult's own household	Managing cash, bills or shopping
Assistance with the conduct of an adult's affairs	Power of attorney, deputies appointed under Mental Health Orders
Conveying an adult	Must be for health, personal or social care due to age, illness or disability

Day to day managers of staff in regulated activity

Work with adults which is not regulated activity– the rules

Step 1: The adult must be 18 or over **and**
Receiving a listed health or social care service **or**
Receiving a listed activity set out in legislation

Step 2: The employee must do one or more of the activities below

- Train, teach, instruct, provide assistance, advice or guidance
- Care for, supervise, provide treatment or therapy
- Moderate a public interactive electronic communication service
- Work in a care home
- Drive adults under contract arrangements

Step 3: Carry out the work often enough

Does not occur with BJA

Work with adults – what else is included?

Does not occur with BJA

- Trustees of adult's charities
- Specific positions in England & Wales
examples would include CQC inspectors in England, local authority social services staff, Directors of social services in Wales but there are more
- Managing anyone who carries out work with adults activities

Use DBS online adult workforce guide for more information

<https://www.gov.uk/government/collections/dbs-eligibility-guidance>
[Direct link to Sports with Adults leaflet](#)

Regulated Activity with adults examples in the Sports sector

Health Care Professionals



APPLY NOW

**Examples of whether
criteria applies in BJA?**

- [DBS Checks - British Judo Association](#)

What level of check: Yes, Enhanced DBS with Child Barring Check

Joshua runs a Judo group for 11–15-year-olds. He trains the children Saturday mornings in the local Judo Club.



What level of check: Yes, Enhanced DBS with Child Barring Check

Leona is a volunteer
CWO at her club .

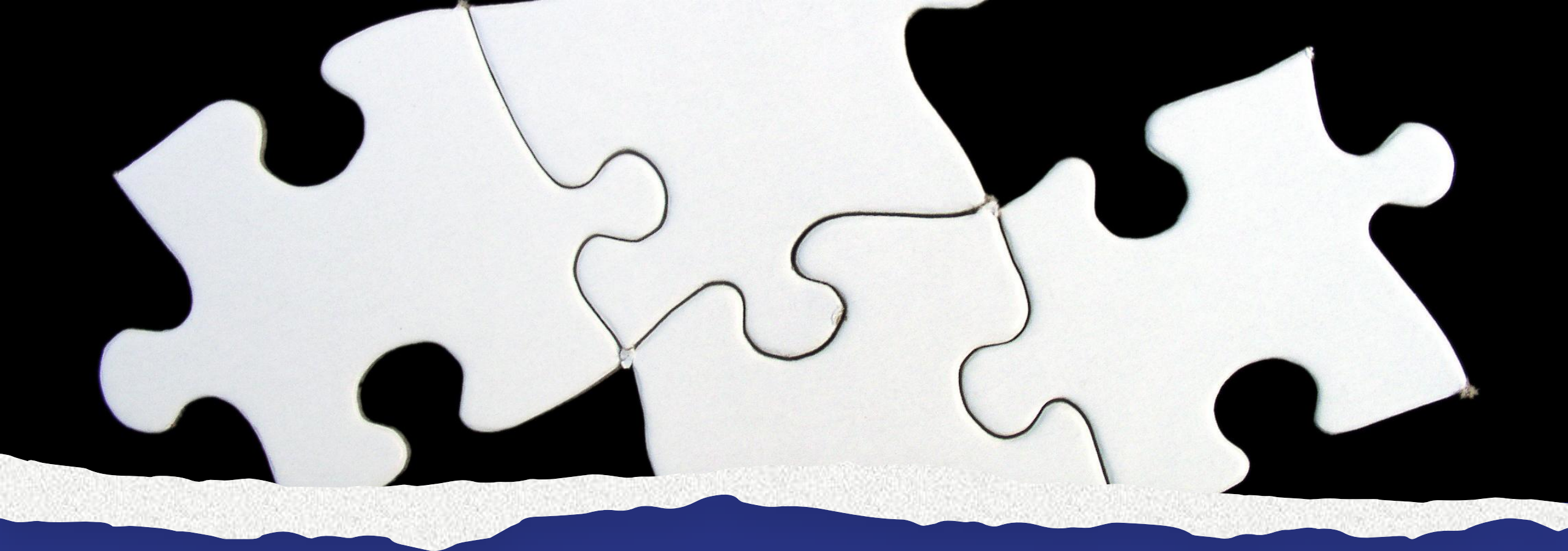


Regulated Activity – Yes, or No?

Mick is a referee for Judo Events & Competitions. He referees at least once a week.

We are encouraging referees & officials to voluntarily obtain a Basic DBS





In addition

BJA will look at an additional roles to see if they meet the eligibility for a DBS; i.e. Basic DBS for staff accessing sensitive information

Useful Links

- [DBS Guidance Leaflets](#)
- [DBS Check process explained - video](#)
- [DBS eligibility guidance](#)
- [Eligibility guidance for enhanced DBS checks](#)
- [Direct link to Sports with Children leaflet](#)
- [Direct link to Sports with Adults leaflet](#)
- [Work with children guidance](#)
- [Work with adults guidance](#) – Annex 1 on page 11 has a three-step guide to establishing if there is eligibility under work with adults (enhanced check without a barred list)

BJA Relationship with the DBS Partnership & Engagement Team

Partnership and Engagement Team

- Email DBSEngagement@dbb.gov.uk

Further information - Disclosure:

- Customer Services: 03000 200 190 –
- Email: customerservices@dbb.gov.uk
- Website: www.gov.uk/dbb
- Twitter - @DBSgovuk

Four Nations

- Wales:
- [Disclosure and Barring Service - GOV.UK \(www.gov.uk\)](https://www.gov.uk)
- [About us - Disclosure and Barring Service - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

Northern Ireland:

- [AccessNI criminal record checks | indirect](#)



- Scotland:
- [Disclosure Scotland Check - Basic, Standard, Enhanced - DBS Online Scottish \(dbs-online.org.uk\)](https://dbs-online.org.uk)
- [Disclosure Scotland – DBS Online Checks](#)



BJA DBS: DBS@britishjudo.org.uk

- [Disclosure and Barring Service - British Judo](#)
- **Applying for a DBS check**
- This will enable the BJA to make safer decisions to prevent unsuitable people from working with vulnerable groups, including children and vulnerable adults.
- We require full name of the applicant and an individual email address for each applicant alongside why you need a DBS such as Coach or Club Welfare Officer alongside your British Judo Membership Number (or equivalent Home Nations Membership Number).