JUDO COMPETITION TIMETABLE

NHC Regional Schools - Sunday (22/11/2026)

	10	11	12	13	14	15	16	17
MAT 1	GIRLS YR 4 & 5 U28	BOYS YR 4 & 5 U34	GIRLS YR 6 & 7 U44 / U48 U52 / U57	BOYS YR 8 & 9 U34 U38	BOYS YR 8 & 9 U55	BOYS YR 10 - 13 U42 / U46 U50 / U55	BOYS YR 10 - 13 U81 / U90 O90	
MAT 2	GIRLS YR 4 & 5 U32 / U36 U40/U44/U48	BOYS YR 4 & 5 U38 / U 42 U46 / U 50	BOYS YR 6 & 7 U42	BOYS YR 8 & 9 U42	BOYS YR 8 & 9 U60 / U66 O66	BOYS YR 10 - 13 U60	GIRLS YR 10 - 13 U44 / U48 U52	
MAT 3	BOYS YR 4 & 5 U27	BOYS YR 6 & 7 U30 U34	BOYS YR 6 & 7 U38	BOYS YR 8 & 9 U46	GIRLS YR 8 & 9 U52 / U57 U63 / U70	BOYS YR 10 - 13 U 66	GIRLS YR 10 - 13 U 63 U 70	
MAT 4	BOYS YR 4 & 5 U30	GIRLS YR 6 & 7 U32 / U36 U40	BOYS YR 6 & 7 U46 / U50 U55 / O55	BOYS YR 8 & 9 U50	GIRLS YR 8 & 9 U40 / U44 U48	BOYS YR 10 - 13 U73	GIRLS YR 10 - 13 U 57	

Contest Times - Academic Years 4&5, 6&7 & 8&9 - 3 Min Contests & Years 10 to 13 - 4 Min Contests

Golden Score - Years 8&9 & 10 to 13 - Unlimited

Years 4&5 & 6&7 - New Technical Restrictions in use; No Golden Score - in pools unless equal on wins & points at end, in a Knockout it will be the Referees decision

Technical Restrictions Apply in Academic Years 4&5 & 6&7 only, Armlocks & Strangles only permitted in Years 10 to 13

PLEASE NOTE: **ALL TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE - PLEASE LISTEN FOR ANNOUNCEMENTS**