



CLUB WELFARE OFFICER UPDATE

MARCH



Welcome to the March Club Welfare Officer update, where we bring you the latest news and resources to help you in your role as the CWO for your club.

BRITISH JUDO UPDATES



Safeguarding Spotlight - Bullying

This month, our Safeguarding Spotlight focuses on **bullying** — a serious issue that can affect individuals of all ages within the judo community.

Bullying can have a significant impact on a person's confidence, well-being, and enjoyment of sport, so everyone must understand what it is, how it can present, and how to respond.

[Click Here to Learn More](#)

Bystander Taster Session - 27 April 2026

Please join us for this additional free CPD taster for all BJA staff, members, coaches, CWOs, etc.

The NWG Network's sports team are delivering a session on Bystander Intervention awareness, and the role that we can all play in helping to keep sport a safer environment for all.

[Click Here to Learn More](#)

USEFUL RESOURCES



Journey Journal - Play Their Way

Sport in Mind and Play Their Way have teamed up to create the Journey Journal – a practical tool designed to help coaches support the children and young people they work with.

This journal encourages young people to reflect on their goals, track their progress, and understand how physical activity can influence their mood. By blending Sport in Mind's wellbeing expertise with Play Their Way's coaching insight, we've created a resource that supports more meaningful, youth-centred conversations.

[Click Here to Learn More](#)



Working Together to Safeguard Children 2026

This update outlines key changes to guidance on how organisations and professionals work together to safeguard children. It highlights important updates, expectations, and areas of focus to support effective multi-agency working.

The summary is a useful way to stay informed and ensure your practice reflects the latest safeguarding standards. Access the full document using the link below.

[Click Here to Learn More](#)



Mental Health and the Importance of Sport Workshop

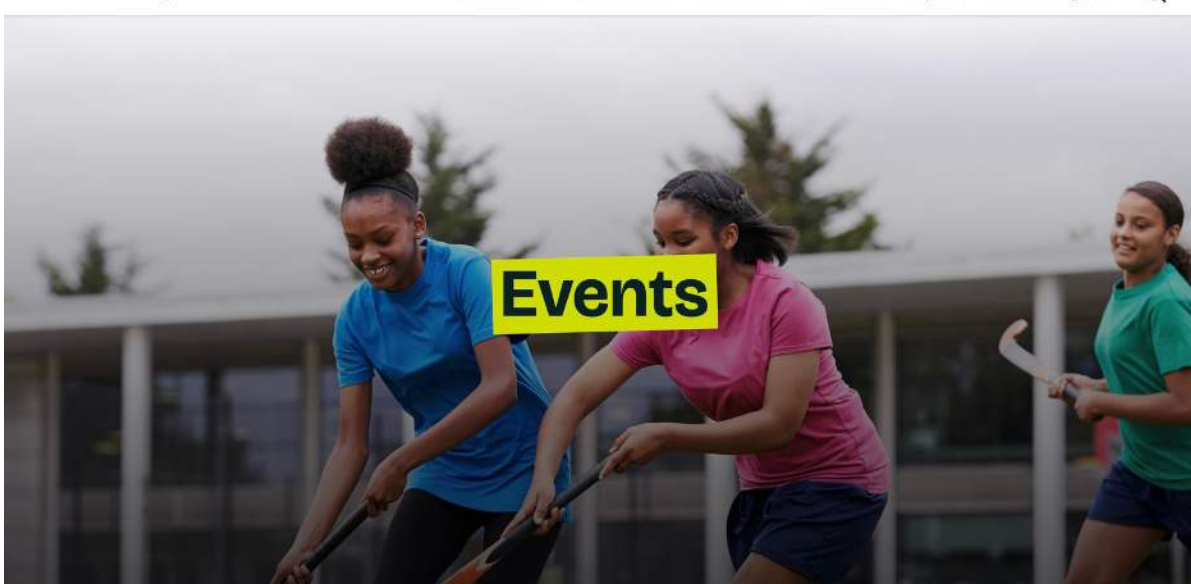
This webinar will help build your knowledge and confidence in supporting people with mental health problems to be active in a safe, inclusive way. We'll explore how to spot when someone might be struggling, support them in the moment and signpost to further support.

Date: Thursday 16th April 2026
Time: 7:00pm - 9:00pm
Via Microsoft Teams

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Events

Active Partnerships - SWO Events Page

You can explore SWO events from across the country on the Active Partnerships events page.

With April approaching, take a look at what's coming up and see which opportunities are relevant to you. The page makes it easy to find events, stay up to date with upcoming activities, and access key information in one place.

[Click Here to Learn More](#)