



## CLUB WELFARE OFFICER UPDATE

FEBRUARY



Welcome to the February Club Welfare Officer update where we bring you the latest news and resources to help you in your role as the CWO for your club.

### BRITISH JUDO UPDATES



#### Parents/Carers Guide to Safeguarding in British Judo Clubs

We have developed a Parents and Carers Guidance document outlining how to safeguard within British Judo clubs.

Our Moral Code, Three Steps Safe initiative, Coach Register, and Safeguarding Policies all play a vital role in helping to ensure the safety and well-being of everyone in the British Judo community.

[Click Here to Learn More](#)

#### Welfare Officers Course - Online Interactive Classroom - 26th March 2026

We look forward to you joining us the three-hour BJA Safeguarding Welfare Officers Course.

This will be blended learning experience online with interactive activities.

Cost: £25 for BJA or £35 for AJA or BJC members.

[Click Here to Learn More](#)



#### National Inclusion Weekend Celebrates Judo as a Sport for All

British Judo's National Inclusion Weekend delivered an outstanding celebration of what makes judo truly special — its ability to bring people together, regardless of age, background, ability or disability.

With over 100 judoka on the mat, the weekend welcomed participants of all ages, grades and lived experiences, creating an energising and inclusive atmosphere that reflected judo's core values of respect, courage and friendship.

[Click Here to Learn More](#)



#### Advice: Ringworm in Sports

Ringworm is a highly contagious fungal infection that spreads through direct skin-to-skin contact or by touching contaminated surfaces such as mats, clothing, gis, belts, towels, and other shared sports equipment.

It is especially common in close-contact sports like Judo, where frequent physical contact increases the risk of transmission.

[Click Here to Learn More](#)

#### Managing Grievances in Judo Clubs

There will be occasions that occur in clubs where there are disagreements between members.

If you can sort things out early by listening, talking things through, and helping members find a fair resolution, it's better for everyone involved and for the club overall.

[Click Here to Learn More](#)

### USEFUL RESOURCES

## NSPCC Learning

#### Sign Up For NSPCC Newsletter

Subscribe to the NSPCC's safeguarding and child protection email newsletter.

Stay informed with their free weekly awareness newsletter for practice, policy and research. It delivers the latest safeguarding and child protection news, updates and insights straight to your inbox, helping you stay up to date with developments that matter.

[Click Here to Learn More](#)



#### Social Protect

Social Protect works with platforms including Instagram, Facebook, TikTok, Discord and YouTube, deleting harmful comments in under a second. The system uses a continually updated database of more than two million harmful phrases across 100+ languages.

The app is available to everyone, with both free and paid options.

[Click Here to Learn More](#)



#### We Like The Way You Move

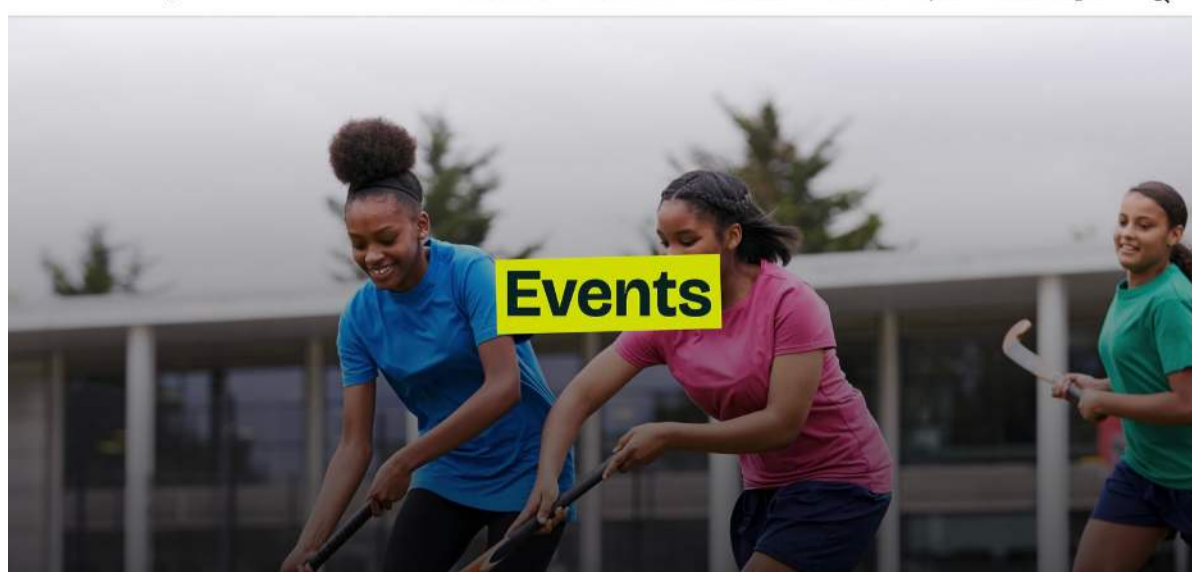
This Girl Can is reframing what getting active looks like.

We're supporting the 'We Like the Way You Move' campaign, celebrating how women move in ways that feel right for them. Just ten minutes of movement can lift your mood, boost energy and build confidence — showing that getting active doesn't have to look one way.

[Click Here to Learn More](#)



Who we are - The Network - What we do - Partners - Impact - News & Insights - Q



### Events

#### Active Partnerships - SWO Events Page

You can explore SWO events from across the country on the Active Partnerships events page.

With March approaching, take a look at what's coming up and see which opportunities are relevant to you. The page makes it easy to find events, stay up to date with upcoming activities, and access key information in one place.

[Click Here to Learn More](#)