



CLUB WELFARE OFFICER UPDATE

APRIL



Welcome to the April Club Welfare Officer update, where we bring you the latest news and resources to help you in your role as the CWO for your club.

BRITISH JUDO UPDATES



Judo for All: Supporting the Dementia Community

This session is designed to empower judo clubs to open their doors wider, ensuring that players living with dementia can stay on the mat and remain active in the sport they love.

By the end of this session, your club will have the tools to foster a "Dementia Friendly" environment where every judoka feels safe, valued, and capable.

Date: Wednesday 20th May 2026

Time: 18:00-19:30

Price: Free

[Click Here to Learn More](#)

Wearing of Head Coverings Updated Policy

The rules will be communicated widely to ensure consistency of understanding and application, not limited to Referees, Area Refereeing Representatives, Competition Organisers (CCs/SRs), Coaches and BJA Clubs. Member clubs must, at a minimum, permit religious headwear that meets the above requirements.

Players who need to wear a head covering in their normal daily routines for religious reasons will be allowed to do so in all BJA controlled competition provided the covering meets the criteria.

[Click Here to Learn More](#)



IN MARTIAL ARTS

Has Your Club Considered Joining the Martial Arts Code?

British Judo supports its member clubs joining the Martial Arts Codes (MAC). We have an agreement with Sport England-funded MAC that any British Judo Affiliated Club can join, pending confirmation from the safeguarding team that all of the criteria has been met.

To join, please ensure that your club is affiliated to the BJA and that your CWO is shown on your website, with a photograph and contact details for your members.

For more information, contact Marina Dain at safeguarding@britishjudo.org.uk

[Click Here to Learn More](#)

USEFUL RESOURCES

SPORT WELFARE OFFICER NETWORK UPDATE

LATEST NEWS

The Sport Welfare Officer (SWO) network came together in May for a training and connectivity event held in Birmingham. The event was the first national event of its kind in the providing another opportunity to learn and share experiences.

The event brought together SWOs from across England alongside a number of safeguarding

Active Partnerships

INTERIM EVALUATION REPORT HIGHLIGHTS PROGRESS OF THE SPORT WELFARE OFFICER NETWORK

The Active Partnerships National Organisation (APNO) has released a summary of its interim evaluation report on the Sport Welfare Officer (SWO) network, offering valuable insight into progress towards the early outcomes.

Conducted by independent evaluators Emma UK and Professor Helen Long of Edge Hill University, the report reflects data gathered

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Sport Welfare Officer Network Newsletter

The Sport Welfare Officer Network offers a free, monthly, or periodic email newsletter for Club Welfare Officers, coaches, and volunteers.

It provides updates on safeguarding, training opportunities, best practices, and resources to promote safe, inclusive sport.

Sign up for the newsletter at the bottom of their website for regular updates.

[Click Here to Learn More](#)

Get 10% Off Tapes and More at Physique

Did you know British Judo athletes and members can enjoy 10% off non-promo products from our partner, Physique?

Their 3000 range includes judo taping favourites like Tiger Tape z/0 white, Tiger Tan tape z/0, Tiger Tear EAB, as well as ice packs, rehab & exercise and so much more.

Just click on the link or add the code **Judo** at the basket.

[Click Here to Learn More](#)



Pilot Resource to Support Athletes with Type 1 Diabetes

The University of Exeter are inviting sports coaches and physical activity providers to take part in a short pilot study testing a new online training resource designed to help coaches support athletes living with Type 1 Diabetes (T1D).

What's involved:

- Access and complete a short online training module (~30-60 minutes, self-paced).
- Complete brief pre- and post-training questionnaires about your experience.
- Optionally, volunteer for a follow-up interview to provide more detailed feedback.

[Click Here to Learn More](#)