



Welcome to the January Club Welfare Officer update where we bring you the latest news and resources to help you in your role as the CWO for your club.

BRITISH JUDO UPDATES



Adaptive Training & Conference 7-8 February 2026

The British Judo Olympic and Paralympic National Training Centre will once again play host to the British National Inclusion Open Training Day on Saturday 7th February 2026, alongside the return of our Adaptive Judo Conference taking place on the following day.

National Inclusion Training Day – Saturday 7th February – 9:30am-4:00pm

National Adaptive Judo Conference – Sunday 8th February – 09:00am-4:00pm

[Click Here to Learn More](#)

Social Protect Webinar 10 February 2026

Social Protect, an award-winning, AI-powered app designed to help protect users from social media abuse, will be hosting a webinar for British Judo Association members and stakeholders on Internet Safety Day.

To support British Judo members in developing their understanding of online safety and digital wellbeing, Social Protect will host a free webinar on Tuesday 10th February at 7:00pm. The session will demonstrate how members can use Social Protect to help protect themselves online.

[Click Here to Learn More](#)



Veterans Commission Survey - Supporting More Veterans in Judo

We are conducting this targeted survey to gather the views of the veteran community on a range of ideas aimed at encouraging more veterans to get involved in competition, including kata. All responses will be anonymous, and the results and outcomes will be shared with you later this year.

[Click Here to Learn More](#)

USEFUL RESOURCES



Children's Mental Health Week 9-15 February 2026

Place2Be's Children's Mental Health Week 2026 is just three weeks away (9-15 February) and there is still time to decide how you would like to get involved.

This year's theme is 'This Is My Place' and during the week, we will explore the importance of belonging for our mental health and wellbeing.

When we feel that we belong, it empowers us to contribute to the world and make a real difference.

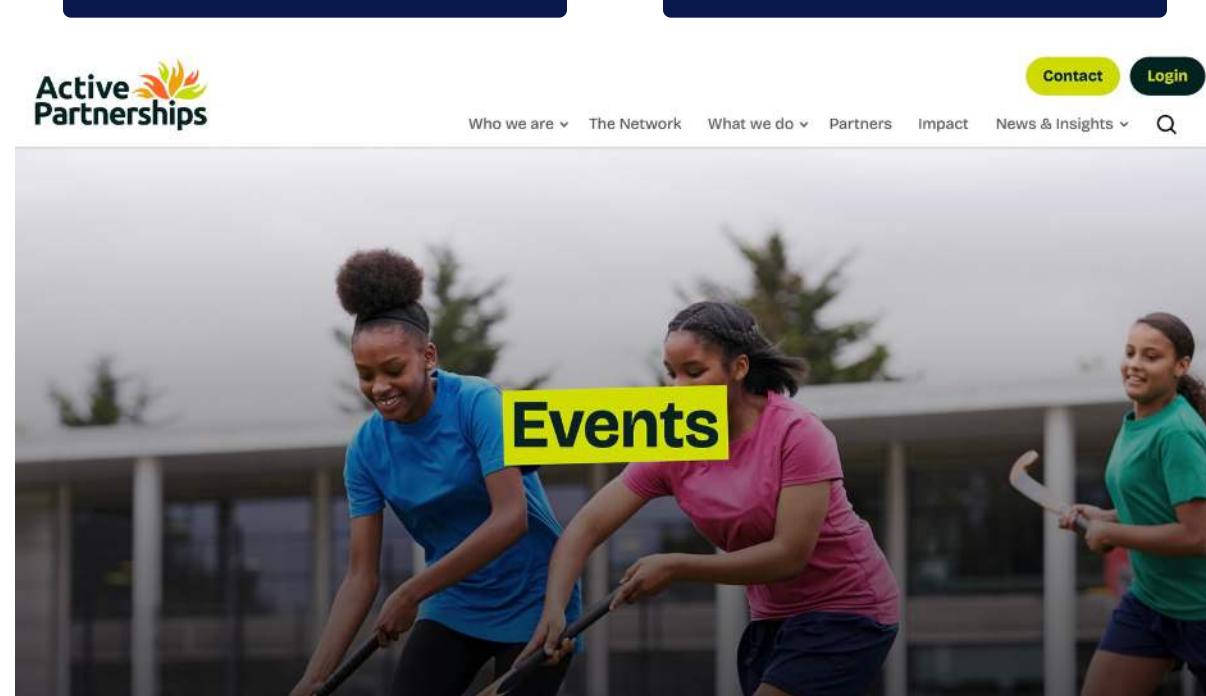
[Click Here to Learn More](#)

Everyday Safeguarding in Sport Checklist

NSPCC's Child Protection in Sport Unit have created an Everyday Safeguarding in Sport checklist. Designed for use before, during and after sessions, it offers practical prompts to help coaches, Welfare Officers and volunteers notice changes, stay approachable, and respond confidently when something doesn't feel right.

The checklist supports professional judgement in safeguarding practice.

[Click Here to Learn More](#)



Active Partnerships - SWO Events Page

Active Partnerships have created a new, easy-to-use events page that brings together all SWO events happening across the country.

This resource is designed to help you quickly find relevant opportunities, stay updated on upcoming activities, and access key information in one place.

[Click Here to Learn More](#)