

JU-NO-KATA EXAMINATION FORM



Candidate Name:		BJA Membership No:	
Tori or Uke (L4 only):		Membership Expiry Date:	
Exam Venue:		Exam Date:	

Indicate which level of examination is being taken. Note: Each level must be taken and passed before the next level can be attempted and a high pass mark at Level 1 is awarded as a Level 1 certificate since higher levels have a stricter marking criterion.	Level			
	L1	L2	L3	L4
	Pass Mark			
	108 (60%)	117 (65%)	126 (70%)	135 (75%)

Marking Guide – Score Opening, Closing, Techniques, and Flow on a scale of 0 to 10.

ELEMENT			MARKS
OPENING CEREMONY			
DAI IKKYO SET 1			
1.	TSUKI-DASHI	HAND THRUST	
2.	KATA-OSHI	SHOULDER PUSH	
3.	RYOTE-DORI	TWO-HAND HOLD	
4.	KATA-MAWASHI	SHOULDER TURN	
5.	AGO-OSHI	JAW PUSH	
DAI NIKYO SET 2			
6.	KIRI-OROSHI	DOWNWARD CUT	
7.	RYOKATA-OSHI	TWO-SHOULDER PUSH	
8.	NANAME-UCHI	SLANTING STRIKE	
9.	KATATE-DORI	ONE-HAND HOLD	
10.	KATATE-AGE	ONE-HAND LIFT	
DAI SANKYO SET 3			
11.	OBI-TORI	BELT GRAB	
12.	MUNE-OSHI	CHEST PUSH	
13.	TSUKI-AGE	UPPERCUT	
14.	UCHI-OROSHI	DOWNWARD STRIKE	
15.	RYOGAN-TSUKI	STRIKE TO BOTH EYES	
CLOSING CEREMONY			
OVERALL FLOW			
Total Marks:			

Examiners Name:	BJA Membership Number:
Examiners Signature:	Membership Expiry Date:

Return Completed Sheet to the Kata Registrar at
British Judo Head Office, University of Wolverhampton (Walsall Campus), Gorway Road, Walsall. WS1 3BD