

British Pre-Cadet Championships



Venue Address: David Ross Sports Village, Beeston Ln, Nottingham, NG7 2RD

Year of birth: 2012 or 2013

Minimum grade: 10th Mon (Green Belt)

Contest duration: All contests will be 3 minutes.

Shime-waza, Kansetsu-waza and Kata-sangaku are **NOT** permitted in all categories for Pre-Cadets.

Weight Categories:

Pre-Cadet Male: -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, +73kg

Pre-Cadet Female: -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

Competition Date: Sunday 14th December 2025

Weigh-In:

Sunday 14th December 2025

Pre-Cadet Male: 07:30 – 08:30 (weight changes are permitted)

Pre-Cadet Female: 09:30 – 10:00 (weight changes are permitted)

**Open weigh in ONLY for all Pre Cadets (0.8kg weight allowances)*

Draw: After each weight category weigh in has closed

Competition Start Time: Approx. 09:30am

What to Bring

- Blue & white Judogi (**compulsory**)
- Water bottle
- Plenty of food and snacks: These events can last most of the day, make sure to bring plenty of food and drinks to keep you going.
- Membership Licence (must be in date and must show correct current grade)

Key Contacts

Events Team

Email: events@britishjudo.org.uk

Number: 0121 728 6920

Safeguarding Team

Email: safeguarding@britishjudo.org.uk

Phone Number: 0121 728 6920 (and select the Safeguarding option)

BRITISH JUDO ASSOCIATION

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