



# 5TH DAN – TECHNICAL EXAMINATION FORM

**NAME:**  
**MEMBERSHIP NO:**

**CURRENT GRADE:**  
**CURRENT AGE:**

## SECTION 1: FUNDAMENTAL SKILLS

Nage-Waza				Katame-waza		
<b>Te-waza</b>		<b>Ashi-waza (cont.)</b>		<b>Osaekomi-waza</b>		
Sukui-nage		Tsubame-gaeshi		Kami-shiho-gatame		
Sumi-otoshi		Harai-goshi-gaeshi		Ura-gatame		
Morote-gari		Uchi-mata-gaeshi		<b>Shime-waza</b>		
<b>Koshi-waza</b>		<b>Ma-sutemi-waza</b>		Okuri-eri-jime		
Uki-goshi		Ura-nage		Tsukkomi-jime		
Tsuri-goshi		<b>Yoko-sutemi-waza</b>		<b>Kansetsu-waza</b>		
<b>Ashi-waza</b>		Uki-waza		Ude-hishigi-hiza-gatame		
Okuri-ashi-harai		O-soto-makikomi		Ude-hishigi-sankaku-gatame		
O-soto-guruma		Kawazu-gake*				
* Note: Dangerous techniques must not be applied. They must be explained only insofar as is necessary for the examiner to assess that the judoka understands and is aware of the application.					<b>Total:</b>	

## SECTION 2 – FUNDAMENTAL SKILLS (EXAMINERS CHOICE)

### Prior Learning

Demonstrate five techniques from each of the 1st to 4th dan Fundamental Skills (Section 1) i.e 20

Grade	1	2	3	4	5	Sub Total	Total
1st Dan							
2nd Dan							
3rd Dan							
4th Dan							

## SECTION 3 – PERFORMANCE SKILLS

### Nage-waza - Renzoku-waza, Renraku-waza, Kaeshi-waza

Select seven different nage-waza from the whole Dan Grade Syllabus, including at least one from Section 1 above. Use each of them with any other nage-waza from the Dan Grade Syllabus to demonstrate a Renzoku-waza, a Renraku-waza, and a Kaeshi-waza.

Nage-waza	Renzoku-waza	Renraku-waza	Kaeshi-waza	Sub Total	Total
1					
2					
3					
4					
5					
6					
7					

## SECTION 4 – PERFORMANCE SKILLS

### Katame-waza - Osaekomi-waza, Shime-waza, Kansetsu-waza

Select seven different katame-waza from the whole Dan Grade Syllabus, including at least one from Section 1 above. Use each of them to show either a combination, escape, or technique with a complex entry.

Katame-waza	Combination	Escape	Complex Entry	Sub Total	Total
1					
2					
3					
4					
5					
6					
7					



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## SECTION 5 – PERFORMANCE SKILLS

### Transitions - Nage-waza and Katame-waza

From the nage-waza and katame-waza techniques in the whole Dan Grade Syllabus, demonstrate five nage-waza into osaekomi-waza and five nage-waza into kansetsu-waza or shime-waza.

Nage-waza	Osaekomi-waza	Kansetsu- waza	or	Shime-waza	Sub Total	Total
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						

The Senior Examiner must be a minimum of 1 grade above the candidate's grade. Marking from 0 to 10 points for each demonstration

<b>Examiners Name</b>	
<b>Signature</b>	
<b>Grade</b>	
<b>Membership No</b>	
<b>Date</b>	

Marking Summary	Marks Awarded	Pass Mark
<b>Section 1</b>		<b>160</b>
<b>Section 2</b>		<b>160</b>
<b>Section 3</b>		<b>168</b>
<b>Section 4</b>		<b>56</b>
<b>Section 5</b>		<b>80</b>
<b>Total</b>		<b>624</b>