



# 2ND DAN – COMPETITIVE EXAMINATION FORM

NAME:  
MEMBERSHIP NO:

CURRENT GRADE:  
CURRENT AGE:

## SECTION 1: FUNDAMENTAL SKILLS

Nage-Waza				Katame-waza	
Te-waza		Ashi-waza (cont.)		Osaekomi-waza	
Ippon-seoi-nage		Ko-soto-gake		Kuzure-kesa-gatame	
Obi-otoshi		O-soto-gaeshi		Yoko-shiho-gatame	
Ko-uchi-gaeshi		Ma-sutemi-waza		Shime-waza	
Koshi-waza		Sumi-gaeshi		Gyaku-juji-jime	
Koshi-guruma		Yoko-sutemi-waza		Katate-jime	
Ushiro-goshi		Yoko-otoshi		Kansetsu-waza	
Ashi-waza		Hane-makikomi		Ude-garami	
Hiza-guruma		Yoko-guruma		Ude-hishigi-hara-gatame	
O-uchi-gari		Harai-makikomi			
Total:					

## SECTION 2 – FUNDAMENTAL SKILLS

### Prior Learning

Demonstrate five techniques from the 1st dan Fundamental Skills (Section 1).

Grade	1	2	3	4	5	Sub Total	Total
1st Dan							

## SECTION 3 – PERFORMANCE SKILLS

### Nage-waza - Renzoku-waza, Renraku-waza, Kaeshi-waza

Select four different nage-waza from the whole Dan Grade Syllabus, including at least one from Section 1 above. Use each of them with any other nage-waza from the Dan Grade Syllabus to demonstrate a Renzoku-waza, a Renraku-waza, and a Kaeshi-waza.

Nage-waza	Renzoku-waza	Renraku-waza	Kaeshi-waza	Sub Total	Total
1					
2					
3					
4					

## SECTION 4 – PERFORMANCE SKILLS

### Katame-waza - Osaekomi-waza, Shime-waza, Kansetsu-waza

Select four different katame-waza from the whole Dan Grade Syllabus, including at least one from Section 1 above. Use each of them to show either a combination, escape, or technique with a complex entry.

Katame-waza	Combination	Escape	Complex Entry	Sub Total	Total
1					
2					
3					
4					



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## SECTION 5 – PERFORMANCE SKILLS

### Transitions – Nage-waza and Katame-waza

From the nage-waza and katame-waza techniques in the whole Dan Grade Syllabus, demonstrate two nage-waza into osae-komi-waza and two nage-waza into either kansetsu-waza or shime-waza.

Nage-waza	Osaekomi-waza	Kansetsu- waza	or	Shime-waza	Sub Total	Total
1						
2						
3						
4						

The Senior Examiner must be a minimum of 1 grade above the candidate's grade. Marking from 0 to 10 points for each demonstration

Examiners Name	
Signature	
Grade	
Membership No	
Date	

Marking Summary	Marks Awarded	Pass Mark
Section 1		145
Section 2		36
Section 3		87
Section 4		29
Section 5		29
Total		326