



# **SOUTH SHIELDS JC**

## **SSJC OPEN 2025**



### **Level 3 POINT SCORING Event**

**Date : Sunday 8<sup>th</sup> June 2025**

**Venue : Temple Park Leisure Centre**

**Address : John Reid Road, South Shields, Tyne & Wear, NE34 8QN**

**Any Enquiries : Please contact Beth Foster on**

**Mob : 07725 111056 (Before 21:00 hours)**

**Email : [southshieldsjudoclub@hotmail.co.uk](mailto:southshieldsjudoclub@hotmail.co.uk)**

**GROUP A: Boys 8 years to 11 years inclusive Novice to 3<sup>rd</sup> Mon**

**Girls 8 years to 11 years inclusive Novice to 3<sup>rd</sup> Mon**

**(Must be 8 years old on day of event) Technical Restrictions will apply**

**WEIGH-IN TIMES: 08.15 to 08.45**

**GROUP B: Boys Under 16 years 4<sup>th</sup> Mon & above**

**Girls Under 16 years 4<sup>th</sup> Mon & above**

**WEIGH-IN TIMES: TBC once entries are confirmed**

**(Must be 8 years old on day of event)**

**GROUP C: Senior Men Novice to 2<sup>nd</sup> Kyu inclusive**

**Senior Women Novice to 2<sup>nd</sup> Kyu inclusive**

**(Minimum age 14 years on day of event)**

**WEIGH-IN TIMES: TBC once entries are confirmed**

**Group D: Senior Men 1<sup>st</sup> Kyu & above**

**Senior Women 1<sup>st</sup> Kyu & above**

**(Minimum age 14 years on day of event)**

**WEIGH-IN TIMES TBC once entries are confirmed**

By entering this event, all participants and parents or guardians  
of participants are consenting to any photography or filming which may be taking place during this event.  
If you wish to opt-out of the above, please contact the Competition Controller on the morning of the event.

**Event Details: [SOUTH SHIELDS JUDO CLUB EVENTS](#)**

### **Eligibility:**

Participants must hold a current valid licence of the BJA, Judo Scotland, NIJF, WJA, AJA or BJC, this licence and Record book must be Produced at the registration/weigh in

Current BJA Rules and Guidelines will be adhered to at this event.

Transgender – “competitors who are entering a category which is different to their sex assigned at birth are requested to contact, [safeguarding@britishjudo.org.uk](mailto:safeguarding@britishjudo.org.uk) “

**NO VALID LICENCE – NO CONTEST – NO JUDO – NO EXCEPTIONS**

## **Weigh in / Competition:**

There will be an Open Weigh In for all categories.

All Participants under 18 years of age must weigh in in wearing a White T-shirt/Rash Guard with competition legal judogi trousers with an allowance of 0.8kg.

All Players in Groups 2, 3 & 4 must wear a white Judogi. All players must bring their own white/blue belts.

## **Competition Format:**

**Technical Restrictions will apply for Group A.**

**Group A** contests will be of **3** minutes duration with golden score at 3 minutes and if no score after that time, then Referees Decision will decide contest. (Penalty will win the contest)

Competition format players will be weighed on the day and then will be placed into either pools of three, four or five where possible with players as close to their own age, weight and grade. Entrants must enter their exact weight when entering.

All participants will receive a medal in Group A.

**Group B** contests will be of **3** minutes duration with unlimited golden score, NO ARMLOCKS OR STRANGLES.

Competition format players will be weighed on the day and then will be placed into either pools of three, four or five where possible with players as close to their own age, weight and grade. Entrants must enter their exact weight when entering.

**Group C** contests will be of **4** minutes with unlimited golden score, Armlocks and strangles will be permitted.

Competition format players will be weighed on the day and then will be placed into either pools of three, four or five where possible with players as close to their weight and grade. Entrants must enter their exact weight when entering.

**Group D** contests will be **4** minutes with unlimited golden score. Armlocks and Strangles will be permitted.

Men – U60, U66, U73, U81, U90, U100 & O100kgs

Women – U48, U52, U57, U63, U70, U78 & O78kgs

The tournament director may merge categories where there are insufficient numbers. The Tournament Directors Decision is final.

**Groups A, B and C are aimed for players that have limited competition participation and is a development event. All participants (unless a novice) should have participated in a grading within the past 9 months.**

## **Entry:**

Enter online via emailing: [southshieldsjudoclub@hotmail.co.uk](mailto:southshieldsjudoclub@hotmail.co.uk)

Name, Age, Grade, Licence Number, Club, Male/Female, Group A/B/C/D & Exact Weight should be emailed to the above address. Once entry/entries are received, an email with payment details will be sent. **It is only when payment has been made that entries will be confirmed.**

## **Entry Fee:**

£22.00 per competitor

NO REFUNDS NO EXCEPTIONS

## **Spectator Fee:**

£5.00 per person payable on the day(U16yrs Free)

Coaches Free when producing their valid accreditation.

## **Closing Date:**

Closing Date for entries will be Sunday 1<sup>st</sup> June 2025.

Entry may close before the Closing date if entry capacity has been reached. Please enter early to avoid disappointment.