

# Westcroft Judo Club (Nork)

## Red/Yellow belt invitation event.

### 23<sup>rd</sup> November 2024

#### Objective:

To introduce children to a tournament environment which is **safe, fair and fun**

#### Safe:

- Qualified Club Coaches running event
- Short warm up for players and each group's fights will be run over 45 min
- Under 10 Technical restrictions will apply unless otherwise agreed.

#### Fair:

- Players will be placed in groups of similar weight, ability, and development
- Exceptions will be agreed with parents/guardians and coaches ahead of the event
- Guaranteed a warm up and at least three fights within an hour,

#### Fun:

- Calm event without coaching.
- All players rewarded for participating.
- Teenagers will be assisting in running the event.

Date: Saturday 23rd Nov 2024

Time: 11:15pm – 4.15pm (**your 1 hour time slot allocated 16<sup>th</sup> Nov**)

Venue: St Paul's Church Hall, Warren Rd, Nork, SM7 1LG

Cost: £12 entry fee paid to club

Closing date: Friday 9th Nov– no exceptions.

Entries are limited and may be closed before 9th November if oversubscribed.

Time slots: Confirmation of allocated one hour time slot emailed on 16<sup>th</sup> Nov

All time slots start 15past the hour (e.g. 11:15). Players are required to book in 10 minutes before their start time (e.g. 11:05, for 11.15 start)

We will designate a one-hour time slot for you, but you must be available for ANY of the slots.

Parking is roadside, please be respectful of the locals and don't cover their drives. We are running one hour groups to help with the parking.

#### Scoring Rules

- Ippon and Wazari scores only – No penalties instead the ref can talk to the player to help them learn the rules. Moral code will be encouraged too.
- 2min contests with 1min golden score the ref decision.
- Under 10 Rules apply – no drop to knees, no grabbing below the belt, no sutemi waza (sacrifice techniques), no gripping over the shoulder or round the neck.