



ALPHA JUDO CLUB COMPETITION

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ENTRY FORM

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| Date; | Sunday 15th of May 2022 |
| Venue | ALPHA JUDO CLUB 245 Rectory Park Avenue, Northolt, UB5 6SD |
| Time: | Start; 2.00pm – From 5 years old to 7 years old (on knees- groundwork only) 3.00pm -8 years old to 15 years old Competition finish; 5.00pm |
| Format: | This competition will be a run to a Level 1 Competition template, from 8 years old to 12 years old only. White belt, Red belt with red belt, yellow, orange BJA U12 Technical Restrictions apply. A brief demonstration of judo etiquette and technical restrictions will precede the tournament. Are to support the players and competition officials in selection for the day. Participants who have little judo experience will be encouraged to enter the Ne-waza section (on knees- groundwork only). |
| Medal | One group will be 4 players only Medals: Gold, Silver and 2 Bronze Everyone will receive a participation medal. Medals will be presented after each section is completed |
| Contest | Duration of each contest is 2 minutes There will be NO Golden Score; the referee will make a decision at the end of the 2 minutes. |
| Entry Fee | £20 per person Payments to be made to advance To “Alpha Judo Club” Bank transfer only. No pay on the day. Entries and questions to Mr Umarjan Karimov alphajudoclub@gmail.com T; 07833 943522 |