



Nage-no-kata/Katame-no-kata Course



Sunday 6th February 2022

Samurai Judo Club, Zortech Avenue, Kidderminster DY11 7DY

Book in: 9:30 am to 9:45 am Finish: 4:00 pm

The course is a revalidation event (counts as two modules) for all BJA Coach Levels.

Lead Coach

Andrew Haffner, 6th dan, Senior Kata Examiner, National Kata Group member, former British Kata Champion in both kata.

This course is aimed both at players wanting to learn basic kata and also for players needing kata for dan grade theory. It will therefore be split into two sessions:

Morning session (9.45-12.45): Nage-no-kata sets 1-3 and Katame-no-kata set 2.

Afternoon session (1.30-4.00): Nage-no-kata sets 4 & 5 and Katame-no-kata sets 1 & 3.

You need to do BOTH sessions for coach revalidation.

The morning session covers all kata needed for 1st-3rd dan competitive skills assessment and the afternoon session covers the extra needed for 4th-6th dan requirements.

It is best to come in a pair, so that you have a partner to train with, but we should be able to match up unpaired solos.

Entry

Course fee: £20 per day or £10 for half day. Full day attendance counts as two coach revalidations, half day as none.

Pay on the day or by post in advance. Cheques payable to Samurai Judo Club.

If entering on the day, please email us in advance with names, grades and info on any previous kata experience, to help us plan the day.

E-mail: samurajudoclub@yahoo.co.uk to book a place.

Or by post to: Andrew Haffner, 2 Conifer Heights, Knightwick, Worcs WR65PP.

Enquiries: Phone: Andrew Haffner 01886 821087, or 0776 1122977 (not evenings).

website: www.samurai.org.uk

Samurai Judo Club have been heavily active in kata for many years and we believe that kata helps all judo players to improve their judo. This course will be delivered with that aim in mind.

Players can be assessed for kata certificates at the end if of suitable level and on payment of the BJA fee

This is a British Judo Association Licensed Coach Education Course giving TWO credits for completing the full course (none for half day only)