

MEMORANDUM

To: GB Squad Members
cc: BJA Staff and Coaches
From: GB Performance Team
Date: 13th December 2021
Subject: Anti-Doping Information



As member of British Judo you are bound by the rules and regulations of the WADA code. This code has been under revision and the 2021 WADA Code replaces the 2015 Code from 1st January 2021. We have circulated various memos through the year about the updates and changes. The Code is dedicated to protecting a culture of clean sport and the hard work that you put in to give your very best performance.

We suggest you download the **Clean Sport** App - The new UK Anti-Doping **Clean Sport app** provides athletes with current information and advice regarding anti-doping in the UK.

Additionally, please use the following links to ensure you are up to date:

British Judo Anti-Doping:
<https://www.britishjudo.org.uk/gb-judo/anti-doping/>

2022 Prohibited list:
<https://www.ukad.org.uk/news/world-anti-doping-agency-releases-2022-prohibited-list>

2021 WADA Code:
<https://www.ukad.org.uk/2021Code>

Strict liability means that all fighters are solely responsible for any banned substance they use, attempt to use, or that is found in their system, regardless of how it got there and whether or not they had an intention to cheat.

Use <http://www.globaldro.com/UK/search> to **check your medications** bought or prescribed in the UK.

If the medication is prohibited you should check with your prescribing physician to see if there are any alternative medications.

It is a fighter's responsibility to be aware of, and understand, the TUE process and requirements that apply to them. These requirements will vary depending on the medication, and your competition level. Use the UKAD TUE Wizard to determine whether, when and how to apply for a TUE.

<https://www.ukad.org.uk/tue-wizard>

You can use www.ukad.org.uk to check for the most up to date information. If you have any questions, please contact Karen.roberts@britishjudo.org.uk