

# TECHNICAL DAN GRADE EXAMINATION FORM



Candidate's Name:		Memb. No.:	
		Current Grade:	
<b>SECTION 1: Nage-waza</b>		<b>SECTION 2: Ne-waza</b>	
<b>Nage-waza:</b>		<b>Ne-waza:</b>	
<b>1st SET</b>		<b>1st SET</b>	
O-goshi	Hon-kesa-gatame	Seoi-nage to Seoi-otoshi	Harai-goshi countered by Ushiro-goshi
Uki-goshi	Kuzure-kesa-gatame	O-uchi-gari to Ko-uchi-gari	Uchi-mata countered by Tai-otoshi
Tsuri-goshi	Ushiro-kesa-gatame	Hiza-guruma to Ashi-guruma	Ko-uchi-gari c/b Harai-tsuri-komi-ashi
Tsuri-komi-goshi	Makura-kesa-gatame	<b>2nd SET</b>	
Tai-otoshi	Mune-gatame	O-goshi to Uki-goshi	O-uchi-gari countered by Ko-soto-gari
Ippon-seoi-nage	Kata-gatame	O-uchi-gari to Ko-soto-gake	Ko-soto-gari countered by Uchi-mata
Morote-seoi-nage		O-soto-gake to O-soto-gari	O-soto-gari countered by O-soto-gaeshi
Seoi-otoshi		<b>3rd SET</b>	
<b>2nd SET</b>		<b>3rd SET</b>	
Ashi-guruma	Hon-kami-shiho-gatame	Tai-otoshi to Seoi-nage	Hiza-guruma countered by O-uchi-gari
O-guruma	Kuzure-kami-shiho-gatame	De-ashi-barai to Harai-tsuri-komi-ashi	De-ashi-barai countered by Tsubame-gaeshi
Harai-goshi	Hon-yoko-shiho-gatame	Tai-otoshi to Uchi-mata	De-ashi-barai countered by Ko-uchi-gari
Hane-goshi	Kuzure-yoko-shiho-gatame	<b>4th SET</b>	
Uchi-mata	Hon-tate-shiho-gatame	O-soto-gari to Nidan-ko-soto-gari	Harai-goshi countered by Utsuri-goshi
Harai-maki-komi	Kuzure-tate-shiho-gatame	Ippon-seoi-nage to Uchi-maki-komi	Koshi-guruma countered by Ura-nage
Hane-maki-komi		Harai-goshi to Soto-maki-komi	Uchi-mata c/b Uchi-mata-sukashi
Soto-maki-komi		<b>5th SET</b>	
<b>3rd SET</b>		<b>5th SET</b>	
O-soto-gari	Nami-juji-jime	Ko-uchi-gari to O-uchi-gari	Tai-otoshi countered by Ko-soto-gake
Ko-soto-gari	Gyaku-juji-jime	Ko-uchi-gake to Ko-uchi-gari	Tani-otoshi countered by O-uchi-gari
O-uchi-gari	Kata-juji-jime	Ko-soto-gari to Nidan-ko-soto-gari	Ippon-seoi-nage countered by Yoko-guruma
Ko-uchi-gari	Tsuki-komi-jime	<b>MARKS AWARDED FOR SECTION 3:</b>	
O-uchi-gake	Ryote-jime	<b>SECTION 4: Renraku-waza</b>	
Ko-soto-gake		<b>SECTION 6: Renraku, Kaeshi, Nogarekata</b>	
O-soto-guruma		<b>Nage-waza:</b>	
Sode-tsuri-komi-goshi		<b>1st SET</b>	
<b>4th SET</b>		<b>1st SET</b>	
De-ashi-barai	Hadaka-jime	Ko-uchi-gari to Tai-otoshi	Kuzure-kesa-gatame to Ude-garami
Okuri-ashi-barai	Okuri-eri-jime	Hiza-guruma to O-soto-gari	Escape Kesa-gatame to any Osaekomi-waza
Sasae-tsuri-komi-ashi	Kata-ha-jime	Ko-uchi-gari to Ippon-seoi-nage	
Harai-tsuri-komi-ashi	Sode-guruma-jime	<b>2nd SET</b>	
Hiza-guruma	Koshi-jime	<b>2nd SET</b>	
Uki-otoshi		Uchi-mata to Ko-uchi-gari	Kesa-gatame to Hiza-gatame
Tomoe-nage		O-uchi-gari to Tsuri-komi-ashi	Escape Yoko-shiho-gatame to Sangaku-jime
Sumi-gaeshi		Sasae-tsuri-komi-ashi to De-ashi-barai	
<b>5th SET</b>		<b>3rd SET</b>	
Kata-guruma	Ude-garami	<b>3rd SET</b>	
Koshi-guruma	Juji-gatame	Ashi-guruma to Tani-otoshi	Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame
Yama-arashi	Ude-gatame	Harai-goshi to O-soto-gake	Kata-juji-jime countered by Hiza-gatame
Tani-otoshi	Hiza-gatame	O-soto-gake to Seoi-otoshi	
Yoko-otoshi	Waki-gatame	<b>4th SET</b>	
Yoko-wakare		O-goshi to O-uchi-gake	Tate-shiho-gatame to Juji-gatame
Yoko-gake		Ko-uchi-gari to Yoko-tomoe-nage	Escape Yoko-shiho-gatame to Kata-te-kata-ashi-jime
Uki-waza		Ippon-seoi-nage to Ko-uchi-gake	
<b>MARKS FOR SECTION 1:</b>		<b>MARKS AWARDED FOR SECTION 4:</b>	
<b>MARKS FOR SECTION 2:</b>		<b>MARKS AWARDED FOR SECTION 6:</b>	
<b>Notes for the Examiner:</b> Marking will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance and write their name and membership number below.			
Section 1: _____ Memb No: _____ Date: _____		Section 6: _____ Memb No: _____ Date: _____	
Section 2: _____ Memb No: _____ Date: _____		Section 7: _____ Memb No: _____ Date: _____	
Section 3: _____ Memb No: _____ Date: _____		Section 8: _____ Memb No: _____ Date: _____	
Section 4: _____ Memb No: _____ Date: _____		Section 9: _____ Memb No: _____ Date: _____	
Section 5: _____ Memb No: _____ Date: _____		Section 10: _____ Memb No: _____ Date: _____	

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SECTION 7: Nage-no-kata (Holders of Level 1 Nage-no-kata Certificates are exempt from this section)						PASS	EXEMPT	
		R	L			R	L	TOTAL
1st SET - Te-waza	Uki-otoshi			Kata-seoi			Kata-guruma	
2nd SET - Koshi-waza	Uki-goshi			Harai-goshi			Tsuri-komi-goshi	
3rd SET - Ashi-waza	Okuri-ashi-barai			Sasae-tsuri-komi-ashi			Uchi-mata	
4th SET - Ma-sutemi-waza	Tomoe-nage			Ura-nage			Sumi-gaeshi	
5th SET - Yoko-sutemi-waza	Yoko-gake			Yoko-guruma			Uki-waza	

SECTION 8: Katame-no-kata (Holders of Level 1 Katame-no-kata Certificates are exempt from this section)						PASS	EXEMPT
1st SET - Katame-waza		2nd SET - Shime-waza		3rd SET - Kansetsu-waza			
Kuzure-kesa-gatame		Kata-juji-jime		Ude-garami			
Kata-gatame		Hadaka-jime		Juji-gatame			
Kami-shiho-gatame		Okuri-eri-jime		Ude-gatame			
Yoko-shiho-gatame		Kata-ha-jime		Hiza-gatame			
Kuzure-kami-shiho-gatame		Gyaku-juji-jime		Ashi-garami			
<b>TOTAL</b>							

SECTION 9: Gonosen-no-kata (NOTE - This set can be replaced by any other Kodokan kata with a BJA certificate)						PASS	EXEMPT
1st SET - Ashi-waza		2nd SET - Koshi-waza					
O-soto-gari c/b O-soto-gaeshi		Tsuri-komi-goshi c/b Ushiro-goshi					
Hiza-guruma c/b Hiza-guruma		Koshi-guruma c/b Uki-goshi					
O-uchi-gari c/b Nidan-ko-soto-gari		Hane-goshi c/b Sasae-tsuri-komi-ashi					
De-ashi-barai c/b Tsubame-gaeshi		Harai-goshi c/b Utsuri-goshi					
Ko-soto-gake c/b Tai-otoshi		Uchi-mata c/b Uchimata-sukashi					
Ko-uchi-gari c/b Sasae-tsuri-komi-ashi		Ippon-seoi-nage c/b Sumi-gaeshi					
<b>TOTAL</b>							

SECTION 10: Kokusai Shiai Waza					
1st SET		2nd SET		3rd SET	
Ryo-hiza-seoi-otoshi		Ryo-ashi-tomoe-nage		Ko-uchi-gake-makikomi	
Kata-hiza-tai-otoshi		Yoko-tomoe-nage		Kata-sode-tsurikomi-goshi	
Yoko-kata-guruma-otoshi		Ashi-hara-gatame		Kata-eri-sode-tsurikomi-goshi	
4th SET		5th SET			
Ushiro-hiza-ura-nage		Kata-sode-seoi-otoshi			
Morote-eri-seoi-nage		Kata-hiza-ouchi-gake			
Morote-kata-sode-tai-otoshi		Kata-te-ashi-koshi-jime			
<b>TOTAL</b>					

OVERVIEW - Points Requirements	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
<b>Section 1: Single Techniques</b>	One from each set Examiner's choice <b>40 from 50</b>	Two from each set Examiner's choice <b>80 from 100</b>	Three from each set Examiner's choice <b>120 from 150</b>	Four from each set Examiner's choice <b>160 from 200</b>	Five from each set Examiner's choice <b>200 from 250</b>
<b>Section 2: Single Techniques</b>	One from each set Examiner's choice <b>40 from 50</b>	Two from each set Examiner's choice <b>80 from 100</b>	Three from each set Examiner's choice <b>120 from 150</b>	Four from each set Examiner's choice <b>160 from 200</b>	Five from each set Examiner's choice <b>200 from 250</b>
<b>Section 3: Renzoku-waza</b>	One set Examiner's choice <b>24 from 30</b>	Two sets Examiner's choice <b>48 from 60</b>	Three sets Examiner's choice <b>72 from 90</b>	Four sets Examiner's choice <b>96 from 120</b>	All five sets <b>120 from 150</b>
<b>Section 4: Renraku-waza</b>	One set Examiner's choice <b>24 from 30</b>	Two sets Examiner's choice <b>48 from 60</b>	Three sets Examiner's choice <b>72 from 90</b>	Four sets Examiner's choice <b>96 from 120</b>	All five sets <b>120 from 150</b>
<b>Section 5: Kaeshi-waza</b>	One set Examiner's choice <b>24 from 30</b>	Two sets Examiner's choice <b>48 from 60</b>	Three sets Examiner's choice <b>72 from 90</b>	Four sets Examiner's choice <b>96 from 120</b>	All five sets <b>120 from 150</b>
<b>Section 6: Renraku, Kaeshi, Nige waza</b>	One set Examiner's choice <b>16 from 20</b>	Two sets Examiner's choice <b>32 from 40</b>	Three sets Examiner's choice <b>48 from 60</b>	Four sets Examiner's choice <b>64 from 80</b>	All five sets <b>80 from 100</b>
<b>Section 7: Nage-no-kata</b>	Any ONE kata <b>180 from 300</b>	Any TWO kata <b>180 from 300</b>	All THREE kata <b>180 from 300</b>	All THREE kata* <b>180 from 300</b>	All THREE kata* <b>180 from 300</b>
<b>Section 8: Katame-no-kata</b>	Any ONE kata <b>90 from 150</b>	Any TWO kata <b>90 from 150</b>	All THREE kata <b>90 from 150</b>	All THREE kata* <b>90 from 150</b>	All THREE kata* <b>90 from 150</b>
<b>Section 9: Gonosen-no-kata (or alternative kata)</b>	Any ONE kata <b>72 from 120</b>	Any TWO kata <b>72 from 120</b>	All THREE kata <b>72 from 120</b>	All THREE kata* <b>72 from 120</b>	All THREE kata* <b>72 from 120</b>
<b>Section 10: Kokusai Shiai Waza</b>	One set Examiner's choice <b>24 from 30</b>	Two sets Examiner's choice <b>48 from 60</b>	Three sets Examiner's choice <b>72 from 90</b>	Four sets Examiner's choice <b>96 from 120</b>	All five sets <b>120 from 150</b>
<b>Pass Mark</b>	<b>THE MINIMUM PASS MARK FOR EACH SECTION IS 80% EXCEPT KATA WHICH IS 60%</b>				

Notes for the Examiner: Marking will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance. Holders of Level 1 (or higher) Kata certificates are exempt from the corresponding section(s) and are to attach copies of their certificates. For Section 9, certificates in Koshiki-no, Goshin-jutsu, Kime-no and Ju-no-kata will be accepted instead of Gonosen-no-kata. \*Holders of technical 3rd Dan are exempt from Sections 7, 8 and 9. Holders of competitive 3rd Dan and above must complete Sections 7, 8 and 9. \*IT IS ANY 1 OF THE 3 KATA FOR 1ST DAN, ANY 2 KATA FOR 2ND DAN AND ALL 3 KATA FOR 3RD DAN.

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