



## **England Programme – Coaching Behaviours & Expectations.**

The purpose of all England Programme sessions is to facilitate a positive learning environment for all participants on the session. Fighters should feel that they can train without any fear of failure. Experimentation, openness and creativity should be encouraged and rewarded.

There should be a mindset of being “One Team” amongst England Programme fighters and coaches. We are all aiming to improve ourselves as coaches and the squad as a whole. When stepping on the mat for an England Programme session, coaches become part of the wider England support network and must therefore be impartial. For the benefit of all fighters, including those who do not have their own club coach present.

The following guidelines are for all coaches who attend any ETD, REDS or ETDC session in a leading or supporting role.

- Any coach wishing to deliver feedback to any fighters on the mat, must be on the mat in judogi for the entirety of the session.
- Coaches must be seen to distribute their time, focus and coaching feedback amongst all participants and not just fighters from their own club.
- Fighters need to build a level of autonomy and coachability. Coaches should provide an environment where fighters are encouraged to engage with a variety of coaches, and not solely seek feedback from their club coach.
- Ensure that any advice is constructive and gives the fighter a clear objective.
- Randori should be seen as an opportunity to learn. Where mistakes are inevitable, and players should not feel inhibited by the fear of making them.
- Videoing of fighter activity is strictly forbidden.
- Coaches and parents who are not on the mat are there solely as spectators and therefore must not engage with any fighters during the session. They must also remain quiet, especially when the coaches are communicating with the fighters.
- In some venues, it may not be possible to allow spectators. This decision must be respected.

By accepting the open invitation to attend and support England Programme sessions, you are agreeing to follow these guidelines. The coach leading the session is the person who will monitor the conduct of support coaches and has the authority to ask coaches to leave the session should they not display positive behaviours.

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