

BRITISH  
JUDO



# Return to Competition

Updated 28.07.2021



# Return to Competition

Under 18s (2003 onwards):

- 19<sup>th</sup> July – Level 1 and Level 2 competitions for Under 18s
- 16<sup>th</sup> August – Level 3 and above competitions for Under 18s

Over 18s (2002 and before)

- 30<sup>th</sup> August – Level 1 and Level 2 competitions for Over 18s
- 27<sup>th</sup> September – Level 3 and above competitions for Over 18s

# Return to Competition

- Competition will begin a minimum of 6 weeks after unrestricted judo starts. This will allow time for:
  - Familiarisation of coaches, organisers, referees, technical officials, volunteers and players to competitions
  - Time for minimum training hours before returning to competition
  - Re-opening of venues, clubs and sports centres for combat sports
  - Return of British Judo staff from furlough to update memberships
  - Return of British Judo events team to manage enquiries, calendar and event bookings
  - Any further updates to government guidance to be applied
- Competition will be limited to Level 1 and Level 2 for the first 4 weeks, then open after this.

# Return to Competition



Minimum of  
10 hours  
training

**AND**



Minimum of 6  
weeks since  
starting  
training



Coach signs  
evidence of  
training hours



Provide  
evidence when  
entering  
competitions



Enter  
competitions

# Minimum Training Requirement

- Evidence log of minimum training only needs to be complete once.
- Hours can be signed off by different coaches, for example attendance at Home Nation training and club sessions can be signed off by the appropriate coaches.
- Please keep this record with you at every competition.
- This evidence will be required until the end of 2021 at a minimum.
- This is required for all competitors.

# Timeline

Under 18s

17<sup>th</sup> May  
Unrestricted  
judo



19<sup>th</sup> July  
Level 1& 2  
Competitions



16<sup>th</sup> August  
Level 3+  
Competitions



6+ weeks

4 weeks

Over 18s

19<sup>th</sup> July  
Unrestricted  
judo



30<sup>th</sup> August  
Level 1&2  
Competitions



27<sup>th</sup> September  
Level 3+  
Competitions



6 weeks

4 weeks

# Return to Competition – Organisers Guidance

- Organisers must ensure they keep up to date with the government guidance, British Judo guidance and their venues guidance.
- Organisers must ensure their risk assessment is up to date for each event and any restrictions applicable.
- Organisers must collect the Return to Competition evidence log from each entrant, this must be signed by the entrants coach.

# Return to Competition – Organisers Guidance

The following identified risk control measures are not exhaustive and each judo event/venue/organiser may face unique challenges. If you require any support on managing risks for your events please contact the events team: [events@britishjudo.org.uk](mailto:events@britishjudo.org.uk)

- Pre event communication on event protocol and in event posters
- Spectator pre event registration only
- Venue staff briefed on event and expectations ie regular cleaning and rubbish collection
- Reminder not to attend if symptomatic or if isolating
- Plenty of changing rooms, toilets and hand washing facilities available
- Regular cleaning of contact points
- Hygiene and hand washing reminders, provision of hand gel can assist with this
- Poster to explain walkways and flow (one way system)
- Restrict entries to ensure venue capacity is not reached
- Open weigh ins can reduce enclosed congregation of entrants and officials
- Weigh groups spread out over the day to reduce congregation
- Draws and results available live online
- Plenty of rubbish bins available for waste and used masks
- Competition table seats socially distanced and separated from public area