

RETURN TO PLAY ROADMAP

Indoor Facilities **OPEN**

As of 17th May 2021

UNDER 18s



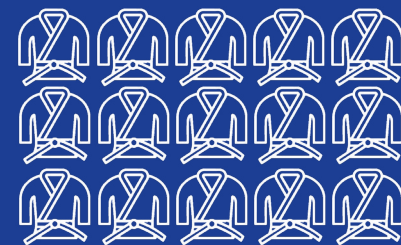
FULL CONTACT permitted



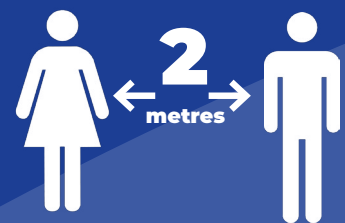
CAR SHARING is now permitted



SPECTATORS now permitted
(maximum groups of 30 outdoors and maximum groups of six/two households indoors)



1:15 Judo Coach/athlete ratio
(maximum participants based on venue 100 sq ft ruling (numbers should include spectators, coaches etc.))



Must adhere to **SOCIAL DISTANCING** when spectating or not participating
i.e. during breaks, before and after training



Adhere to **HYGIENE RULES** before and after the session

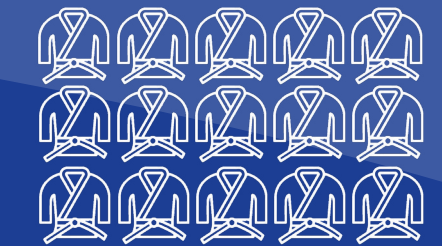
OVER 18s



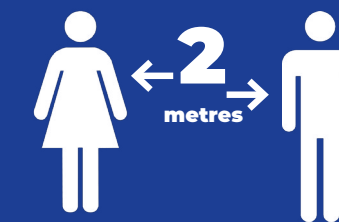
Organised **INDOOR** non-contact training
(maximum participants based on venue 100 sq ft ruling (numbers should include spectators, coaches etc.))



CAR SHARING is now permitted



Organised **OUTDOOR** non-contact training
(any number of participants)



Must adhere to **SOCIAL DISTANCING** when spectating or not participating
i.e. during breaks, before and after training



Adhere to **HYGIENE RULES** before and after the session

STEP THREE



Ensure that your facility or your club has a form of QR Code to scan as part of NHS Track and Trace