



## British Judo Association, England Judo Programme

### England Talent Development Squad (ETD) and R.E.D.S Cadets Training Calling Notice

#### Cadets, Juniors and U-23: Outdoor Conditioning #1 Saturday 19<sup>th</sup> and Sunday 20<sup>th</sup> September 2020

Please find below full details for the next England Cadet, Junior and U-23 training days to be held on Saturday 19<sup>th</sup> and Sunday 20<sup>th</sup> September at;

**\*Venue 1.**

**United Strength and Conditioning, Greene King Stadium, Leicester Rd, Hinckley, Leics, LE10 3DR**

**\*Venue 2.**

**High Wycombe Judo Centre, Barry Close, High Wycombe, Buckinghamshire, HP12 4UE**

**Both venues will run a morning and afternoon session on both days providing there are the numbers to facilitate this. Fighters are only to attend one of these sessions.**

#### Session 1 - morning

- Registration 09:00 – 09:15
- Training 09:15 – 12:00

#### Session 2 - afternoon

- Registration 13:00 – 13:15
- Training 13:15 – 16:00

You **MUST** register your attendance via following the link below by **10pm Sunday 13<sup>th</sup> September**. If you do not, you will not be allowed to train. When completing the form select your preferred venue and session.

[REGISTER HERE](#)

#### IMPORTANT NOTES:

- There is a limit of 30 participants at each session (first come first served)
- Where more than 30 people register for a session, the first 30 will be given a place and the rest will be allocated another session around remaining availability. Where numbers are low, participants will be asked to join another session.
- Participants must read the procedures document carefully and comply with all the requirements or you will be sent away
- Participants must complete the [athlete indemnity form](#) (click to follow link) upon receiving this notice and again 24 hours before the session is due to take place





- Parents/guardians must be prepared for sessions to be cancelled at very short notice should regulations change or if we encounter any problems
- Accompanying adults must wear a face mask while at the training venue and maintain social distancing

**KIT LIST:**

- *Outdoor training clothes (weather appropriate)*
- *Suitable running shoes*
- *Spare dry clothes*
- *Hand gel*
- *Personal first aid kit*
- *Enough water/fluids for the whole session (no onsite refills)*
- *Face mask*

