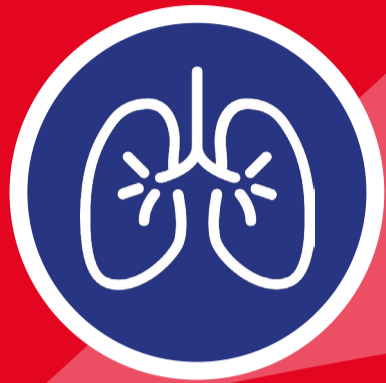




**HIGH TEMPERATURE**



**SHORTNESS OF BREATH/  
BREATHING DIFFICULTIES**



**LOSS OF TASTE OR SMELL**



**COUGHING**

**FOR 8 OUT OF 10 PEOPLE, REST AND OVER THE COUNTER  
MEDICATION CAN HELP YOU FEEL BETTER**

**CORONAVIRUS COVID-19**

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**KNOW THE SIGNS**



**BRITISH  
JUDO**