

TECHNICAL DAN GRADE EXAMINATION FORM



Candidate's Name:				Memb. No.:	
				Current Grade:	
SECTION 1: Nage-waza		SECTION 2: Ne-waza		SECTION 3: Renzoku-waza	
Nage-waza:		Ne-waza:		Nage-waza:	
1st SET		1st SET		1st SET	
O-goshi	Hon-kesa-gatame	Seoi-nage to Seoi-otoshi		Harai-goshi countered by Ushiro-goshi	
Uki-goshi	Kuzure-kesa-gatame	O-uchi-gari to Ko-uchi-gari		Uchi-mata countered by Tai-otoshi	
Tsuri-goshi	Ushiro-kesa-gatame	Hiza-guruma to Ashi-guruma		Ko-uchi-gari c/b Harai-tsuri-komi-ashi	
Tsuri-komi-goshi	Makura-kesa-gatame	2nd SET		2nd SET	
Tai-otoshi	Mune-gatame	O-goshi to Uki-goshi		O-uchi-gari countered by Ko-soto-gari	
Ippon-seoi-nage	Kata-gatame	O-uchi-gari to Ko-soto-gake		Ko-soto-gari countered by Uchi-mata	
Morote-seoi-nage		O-soto-gake to O-soto-gari		O-soto-gari countered by O-soto-gaeshi	
Seoi-otoshi		3rd SET		3rd SET	
2nd SET	2nd SET	Tai-otoshi to Seoi-nage		Hiza-guruma countered by O-uchi-gari	
Ashi-guruma	Hon-kami-shiho-gatame	De-ashi-barai to Harai-tsuri-komi-ashi		De-ashi-barai countered by Tsubame-gaeshi	
O-guruma	Kuzure-kami-shiho-gatame	Tai-otoshi to Uchi-mata		De-ashi-barai countered by Ko-uchi-gari	
Harai-goshi	Hon-yoko-shiho-gatame	4th SET		4th SET	
Hane-goshi	Kuzure-yoko-shiho-gatame	O-soto-gari to Nidan-ko-soto-gari		Harai-goshi countered by Utsuri-goshi	
Uchi-mata	Hon-tate-shiho-gatame	Ippon-seoi-nage to Uchi-maki-komi		Koshi-guruma countered by Ura-nage	
Harai-maki-komi	Kuzure-tate-shiho-gatame	Harai-goshi to Soto-maki-komi		Uchi-mata c/b Uchi-mata-sukashi	
Hane-maki-komi		5th SET		5th SET	
Soto-maki-komi		Ko-uchi-gari to O-uchi-gari		Tai-otoshi countered by Ko-soto-gake	
3rd SET	3rd SET	Ko-uchi-gake to Ko-uchi-gari		Tani-otoshi countered by O-uchi-gari	
O-soto-gari	Nami-juji-jime	Ko-soto-gari to Nidan-ko-soto-gari		Ippon-seoi-nage countered by Yoko-guruma	
Ko-soto-gari	Gyaku-juji-jime	MARKS AWARDED FOR SECTION 3:		MARKS AWARDED FOR SECTION 5:	
O-uchi-gari	Kata-juji-jime	SECTION 4: Renraku-waza		SECTION 6: Renraku, Kaeshi, Nogarekata	
Ko-uchi-gari	Tsuki-komi-jime	Nage-waza:		Ne-waza:	
O-uchi-gake	Ryote-jime	1st SET		1st SET	
Ko-soto-gake		Ko-uchi-gari to Tai-otoshi		Kuzure-kesa-gatame to Ude-garami	
O-soto-guruma		Hiza-guruma to O-soto-gari		Escape Kesa-gatame to any Osaekomi-waza	
Sode-tsuri-komi-goshi		Ko-uchi-gari to Ippon-seoi-nage			
4th SET	4th SET	2nd SET		2nd SET	
De-ashi-barai	Hadaka-jime	Uchi-mata to Ko-uchi-gari		Kesa-gatame to Hiza-gatame	
Okuri-ashi-barai	Okuri-eri-jime	O-uchi-gari to Tsuri-komi-ashi		Escape Yoko-shiho-gatame to Sangaku-jime	
Sasae-tsuri-komi-ashi	Kata-ha-jime	Sasae-tsuri-komi-ashi to De-ashi-barai			
Harai-tsuri-komi-ashi	Sode-guruma-jime	3rd SET		3rd SET	
Hiza-guruma	Koshi-jime	Ashi-guruma to Tani-otoshi		Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame	
Uki-otoshi		Harai-goshi to O-soto-gake		Kata-juji-jime countered by Hiza-gatame	
Tomoe-nage		O-soto-gake to Seoi-otoshi			
Sumi-gaeshi		4th SET		4th SET	
5th SET	5th SET	O-goshi to O-uchi-gake		Tate-shiho-gatame to Juji-gatame	
Kata-guruma	Ude-garami	Ko-uchi-gari to Yoko-tomoe-nage		Escape Yoko-shiho-gatame to Kata-te-kata-ashi-jime	
Koshi-guruma	Juji-gatame	Ippon-seoi-nage to Ko-uchi-gake			
Yama-arashi	Ude-gatame	5th SET		5th SET	
Tani-otoshi	Hiza-gatame	Ippon-seoi-nage to Okuri-ashi-barai		Juji-ashi-shiho-gatame to Juji-gatame	
Yoko-otoshi	Waki-gatame	O-uchi-gari to Uchi-mata		Tate-shiho-gatame to Mae-sode-jime	
Yoko-wakare		Ko-soto-gari to Tai-otoshi			
Yoko-gake		MARKS AWARDED FOR SECTION 4:		MARKS AWARDED FOR SECTION 6:	
Uki-waza					
MARKS FOR SECTION 1:	MARKS FOR SECTION 2:				
Notes for the Examiner: Marking will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance and write their name and membership number below.					
Section 1: _____ Memb No: _____ Date: _____		Section 6: _____ Memb No: _____ Date: _____			
Section 2: _____ Memb No: _____ Date: _____		Section 7: _____ Memb No: _____ Date: _____			
Section 3: _____ Memb No: _____ Date: _____		Section 8: _____ Memb No: _____ Date: _____			
Section 4: _____ Memb No: _____ Date: _____		Section 9: _____ Memb No: _____ Date: _____			
Section 5: _____ Memb No: _____ Date: _____		Section 10: _____ Memb No: _____ Date: _____			

BRITISH JUDO ASSOCIATION

Floor 1, Kudhail House, 238 Birmingham Road, Great Barr, Birmingham, B43 7AH

T 0121 728 6920 E bja@britishjudo.org.uk W britishjudo.org.uk

RESPECT | UNITY | EXCELLENCE | TRUST | INTEGRITY



TECHNICAL DAN GRADE EXAMINATION FORM



SECTION 7: Nage-no-kata (Holders of Level 1 Nage-no-kata Certificates are exempt from this section)						PASS	EXEMPT	
		R	L	R	L	R	L	TOTAL
1st SET - Te-waza	Uki-otoshi			Kata-seoi		Kata-guruma		
2nd SET - Koshi-waza	Uki-goshi			Harai-goshi		Tsuri-komi-goshi		
3rd SET - Ashi-waza	Okuri-ashi-barai			Sasae-tsuri-komi-ashi		Uchi-mata		
4th SET - Ma-sutemi-waza	Tomoe-nage			Ura-nage		Sumi-gaeshi		
5th SET - Yoko-sutemi-waza	Yoko-gake			Yoko-guruma		Uki-waza		

SECTION 8: Katame-no-kata (Holders of Level 1 Katame-no-kata Certificates are exempt from this section)						PASS	EXEMPT
1st SET - Katame-waza		2nd SET - Shime-waza		3rd SET - Kansetsu-waza			
Kuzure-kesa-gatame		Kata-juji-jime		Ude-garami			
Kata-gatame		Hadaka-jime		Juji-gatame			
Kami-shiho-gatame		Okuri-eri-jime		Ude-gatame			
Yoko-shiho-gatame		Kata-ha-jime		Hiza-gatame			
Kuzure-kami-shiho-gatame		Gyaku-juji-jime		Ashi-garami			
TOTAL							

SECTION 9: Gonosen-no-kata (NOTE - This set can be replaced by any other Kodokan kata with a BJA certificate)						PASS	EXEMPT
1st SET - Ashi-waza		2nd SET - Koshi-waza					
O-soto-gari c/b O-soto-gaeshi		Tsuri-komi-goshi c/b Ushiro-goshi					
Hiza-guruma c/b Hiza-guruma		Koshi-guruma c/b Uki-goshi					
O-uchi-gari c/b Nidan-ko-soto-gari		Hane-goshi c/b Sasae-tsuri-komi-ashi					
De-ashi-barai c/b Tsubame-gaeshi		Harai-goshi c/b Utsuri-goshi					
Ko-soto-gake c/b Tai-otoshi		Uchi-mata c/b Uchimata-sukashi					
Ko-uchi-gari c/b Sasae-tsuri-komi-ashi		Ippon-seoi-nage c/b Sumi-gaeshi					
TOTAL							

SECTION 10: Kokusai Shiai Waza					
1st SET		2nd SET		3rd SET	
Ryo-hiza-seoi-otoshi		Ryo-ashi-tomoe-nage		Ko-uchi-gake-makikomi	
Kata-hiza-tai-otoshi		Yoko-tomoe-nage		Kata-sode-tsurikomi-goshi	
Yoko-kata-guruma-otoshi		Ashi-hara-gatame		Kata-eri-sode-tsurikomi-goshi	
4th SET		5th SET			
Ushiro-hiza-ura-nage		Kata-sode-seoi-otoshi			
Morote-eri-seoi-nage		Kata-hiza-ouchi-gake			
Morote-kata-sode-tai-otoshi		Kata-te-ashi-koshi-jime			
TOTAL					

OVERVIEW - Points Requirements	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
Section 1: Single Techniques	One from each set Examiner's choice 40 from 50	Two from each set Examiner's choice 80 from 100	Three from each set Examiner's choice 120 from 150	Four from each set Examiner's choice 160 from 200	Five from each set Examiner's choice 200 from 250
Section 2: Single Techniques	One from each set Examiner's choice 40 from 50	Two from each set Examiner's choice 80 from 100	Three from each set Examiner's choice 120 from 150	Four from each set Examiner's choice 160 from 200	Five from each set Examiner's choice 200 from 250
Section 3: Renzoku-waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Section 4: Renraku-waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Section 5: Kaeshi-waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Section 6: Renraku, Kaeshi, Nige waza	One set Examiner's choice 16 from 20	Two sets Examiner's choice 32 from 40	Three sets Examiner's choice 48 from 60	Four sets Examiner's choice 64 from 80	All five sets 80 from 100
Section 7: Nage-no-kata	Any ONE kata 180 from 300	Any TWO kata 180 from 300	All THREE kata 180 from 300	All THREE kata* 180 from 300	All THREE kata* 180 from 300
Section 8: Katame-no-kata	Any ONE kata 90 from 150	Any TWO kata 90 from 150	All THREE kata 90 from 150	All THREE kata* 90 from 150	All THREE kata* 90 from 150
Section 9: Gonosen-no-kata (or alternative kata)	Any ONE kata 72 from 120	Any TWO kata 72 from 120	All THREE kata 72 from 120	All THREE kata* 72 from 120	All THREE kata* 72 from 120
Section 10: Kokusai Shiai Waza	One set Examiner's choice 24 from 30	Two sets Examiner's choice 48 from 60	Three sets Examiner's choice 72 from 90	Four sets Examiner's choice 96 from 120	All five sets 120 from 150
Pass Mark	THE MINIMUM PASS MARK FOR EACH SECTION IS 80% EXCEPT KATA WHICH IS 60%				

Notes for the Examiner: Marking will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance. Holders of Level 1 (or higher) Kata certificates are exempt from the corresponding section(s) and are to attach copies of their certificates. For Section 9, certificates in Koshiki-no, Goshin-jutsu, Kime-no and Ju-no-kata will be accepted instead of Gonosen-no-kata. *Holders of technical 3rd Dan are exempt from Sections 7, 8 and 9. Holders of competitive 3rd Dan and above must complete Sections 7, 8 and 9. *IT IS ANY 1 OF THE 3 KATA FOR 1ST DAN, ANY 2 KATA FOR 2ND DAN AND ALL 3 KATA FOR 3RD DAN.

BRITISH JUDO ASSOCIATION

Floor 1, Kudhail House, 238 Birmingham Road, Great Barr, Birmingham, B43 7AH

T 0121 728 6920 E bja@britishjudo.org.uk W britishjudo.org.uk

RESPECT | UNITY | EXCELLENCE | TRUST | INTEGRITY

