

## MEMORANDUM

**To:** GBR SQUAD PLAYERS  
**cc:** BJA Staff and Coaches  
**From:** Performance Team  
**Date:** 9<sup>th</sup> December 2019  
**Subject:** Anti-Doping & TUE Information



The Home of the GB Judo WCPP

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This memo is a reminder of the Key Facts regarding Anti-Doping, dedicated to protecting a culture of clean sport and the hard work that you put in to give your very best performance.

There are **10 Anti-Doping Violations**:

- The presence of a prohibited substance or its metabolites or markers in an athlete's sample
- Use or attempted use by an athlete of a prohibited substance or a prohibited method
- Evading, refusing, or failing to submit to sample collection
- Whereabouts failures: any combination of three missed tests and/or filing failures within a 12-month period by an athlete in a registered testing pool
- Tampering or attempted tampering with any part of doping control
- Possession of a prohibited substance or prohibited method
- Trafficking or attempted trafficking in any prohibited substance or prohibited method
- Administration or attempted administration to any athlete in-competition of any prohibited method or prohibited substance, or administration or attempted administration to any athlete out-of-competition of any prohibited method or any prohibited substance that is prohibited out-of-competition
- Complicity: assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an ADRV or any attempted ADRV
- Prohibited Association: associating with a person such as a coach, doctor or physio who has been found guilty of a criminal or disciplinary offence equivalent to a doping violation

**Strict liability** means that all athletes are solely responsible for any banned substance they use, attempt to use, or that is found in their system, regardless of how it got there and whether or not they had an intention to cheat.

Athletes should advise all medical personnel of their obligation to abide by the anti-doping rules and that any medical treatment received must not violate these rules.

Use <http://www.globaldro.com/UK/search> to **check your medications** bought or prescribed in the UK.

If the medication is prohibited you should check with your prescribing physician to see if there are any alternative medications.

If it is prohibited and there are no permitted alternatives, you need to work out **if you need a TUE in advance or a retroactive TUE** here <https://www.ukad.org.uk/medications-and-substances/tues/>. If you have any questions on the medical evidence that is required to support a TUE application, you can contact UKAD on [tue@ukad.org.uk](mailto:tue@ukad.org.uk) or call 0203 161 5014.

You can use [www.ukad.org.uk](http://www.ukad.org.uk) to check for the most up to date information.