

British Judo Association

GUIDE FOR BJA KATA EVALUATION

Issued 1st September 2019

Basis:

The following elements will form the basis of kata evaluation:

- Understanding of the fundamentals of the kata being demonstrated;
- Focus of technique;
- Spirit - proper mental concentration, decorum, and character;
- Timing and tempo;
- Posture, balance and body control;
- Smooth and fluid body movement;
- Movement and transition between techniques;
- Correct application of power and strength.

Guidelines

The marking guidelines for each distinct technique in any given kata are as follows:

MARKING CRITERIA FOR BJA KATA EXAMINATIONS	
Score	Criteria
10	Perfect execution of the technique showing skill, spirit, control, timing and smoothness, as well as progression of kuzushi, tsukuri and kake
9	Displays and shows a close to perfect execution (lacking slightly in smoothness or spirit)
8	Displays a greater degree of skill and spirit, shows smooth execution with harmony and correct timing
7	Displays more skill, beginning to have harmony, showing smoothness and correct timing
6	Basically, correct technique without any major or minor inaccuracies
5	A few minor inaccuracies, but generally correct technique
4	A few major inaccuracies, and/or several minor inaccuracies
3	Numerous significant inaccuracies, poorly performed
2	Completely incorrect movements within the technique
1	Numerous major and minor inaccuracies, unrecognisable movements and technique, significant lack of skill
0	Omitted technique or totally unrelated technique

National Promotions Commission
1st September 2019