

1. Introduction

A critical component for the success of English Judo relies on an objective approach to selection, together with a programme of continuous talent development (technical, tactical, physical, mental and lifestyle).

The England Programme is launching a new approach to the development of Pre-Cadet Judo. As such you will see the evolution of a Regional infrastructure that will deliver and support the technical development of our young judoka. This is intended to provide more contact with time with the players, engage a bigger group of athletes and hopefully reduce the amount of travel.

2. Eligibility

2.1 Eligibility Criteria

2.1.1 To be eligible for the REDS, players must meet the following criteria:

- Hold a current BJA or affiliate membership
- Hold a valid British passport
- Hold a minimum grade of 7th Mon (Orange Belt) for Minors and evidence they have been active in competition
- Hold a minimum grade of 10th Mon (Green Belt) for Pre-Cadets and Cadets and compete in the British Championships 2018
- Born between 2004 to 2007

3. Identification

There are two routes to REDS identification, Primary and Secondary. Long-term injury cases will also be considered:

3.1 Primary Identification

3.1.1 Attendance to Regional Profiling Days - During these days assessments (Judo technical/randori, physical benchmarking and training behaviours) will take place. Selection to the REDS will be made based on the results of these assessments.

3.1.2 An application process will be published at the beginning of October 2018. All interested parties will be required to register their attendance.

3.2 Secondary Identification

3.2.1 Selected Cadets born in 2004 will be invited to join the REDS sessions by invitation in December 2018 and are **NOT** required to register their interest via the application process.

4. REDS Training

4.1 Calendar

4.1.1 The 2019 annual calendar will be published by **1st November 2018**. This will be updated to reflect any changes in the IJF/EJU Calendar as necessary.

4.1.2 REDS training dates will be fixed as much as possible, but may change due to unforeseen circumstances. In the event of date changes, we will endeavour to provide updated information as quickly as possible.

4.2 Attendance

4.2.1 Players attendance at REDS sessions will be reviewed over two 'blocks'. The first block operating from January to June, the second block operating from July to December.

4.2.2 Players attendances will be reviewed at the end of each block. Players who have missed more than two sessions during that block may not be invited into the second block of training.

4.2.3 Attendance is a factor taken into consideration when selections are made for international or domestic competitions and training camps.

4.3 Training Invites & Additional Opportunities

4.3.1 The REDS Programme reserves the right to send all invites on an individual basis (based on performance, commitment and behaviours).

4.3.2 Additional invitations to train with the REDS Squad will be issued by the England Coaching Team on an individual basis and not by request.

4.3.3 The REDS Programme may identify further training opportunities. These will be communicated in due course.

4.4 Area & Performance Pathway Training

4.4.1 There is an expectation that REDS members will attend an ETD/Area training session at least once a month.

4.5 Accepted Absences

4.5.1 The following reasons will be accepted as absences and will therefore not be counted as missed sessions:

- Injury – providing a physio/medical note can be provided
- Illness – providing a medical note can be provided
- Family bereavement
- Family wedding

5. REDS Squad Fees

5.1 Fee System

5.1.1 In 2019 the REDS Squad will operate a block fee system, whereby a player commits to attend a full block of training.

5.1.2 Fee's will be collected annually or at the first squad session of each block. The dates are as follows:

Block 1: Fees due before 31st January 2019

Block 2: Fees due on 30th June 2019

5.1.3 The block fee will be £50 payable by on-line payment, or a one off annual payment of £90, please see below payment details:

<https://www.britishjudo.org.uk/gb-judo/home-nation-programmes/england-judo-programme/england-squad-payments/>