

A1 JUDO CLUB'S

Women and Girls Only Judo Festival



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Sunday 16th August 2026

VENUE:	Legion Grappling, Unit 5, Transform House, 16 Wellington Road, E10 7QF
GROUPS:	Why this event matters Only 40% of Muslim girls in mainstream schools say they feel comfortable taking part in physical activity (Youth Sport Trust-Active Girls Report - June 2025) and fewer than 25% of Muslim girls are involved in clubs outside of school (The FA and Nike Report - September 2024). This festival has been created to provide a welcoming and positive environment where more women and girls can feel confident to try judo. About the festival This women and girls only judo festival has been specially created for Muslim women and girls, including those who wear the hijab. It is the first event of its kind at A1 Judo Club, led entirely by female coaches and open to female participants only. Group 1: Girls 6-7 year olds Group 2: Girls 8-12 year olds Group 3: Girls 12-15 year olds Group 4: Senior Women
TIMINGS:	Start: 09:00 am to 12:00 pm
FORMAT:	All players MUST be pre-weighed and will be grouped depending on gender, age, weight, COACH RATING and grade. All players will receive the same medal. Some will receive a trophy. We plan to do a warm up, games and some randori before we begin. It is a festival format.
PARICIPATION:	Players must hold a current BJA FULL membership
LEVEL:	This event is aimed at beginner – intermediate level judokas. White to Blue Belt.
CONTEST RULES:	This is a development event. No shidos will be awarded, but referees may stop contests to explain rules and etiquette.
JUDOGI RULES:	Girls must wear a t-shirt under their judogi.
DURATION:	2 minute matches, no golden score
WEIGH-IN:	Please send <u>judoka's weight</u> and <u>full details</u> with your club entry below to info@a1judo.com On the day of the competition they will be weighed in again, timings for this will be emailed out by the organiser following entry close.
WEIGHING PROCESS:	Please weigh your judoka in their judo trousers and a t-shirt
ENTRY FEE:	£15 per player - Non-refundable unless the tournament is cancelled. Bank Transfer only – No payment on the day.
ENTRIES:	Please collate your club entry using the entry form details on page 2 and email to: info@a1judo.com Only entries with FULL DETAILS will be accepted
CLOSING DATE:	Closing date for entries when the entry limit is reached.
SPECTATORS:	No spectator fees for this event. However, there is a limited amount of space on site so please be mindful of this. This is a girls and ladies only event, we are requesting that only female spectators attend. Parking near the venue is limited so please be mindful of this and check local side roads.

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COACHES:	Only one coach from each club per contest area will be allowed mat side. There will be no challenges to referees' decisions- this is a development and learning event for officials and Judoka- humility and respect are two of the judo moral code values- lets always show these. As this is a female-only event, only female coaches will be allowed entry. Participants, coaches and parents/guardians are encouraged to contact Tahmina at A1 Judo Club at info@a1judo.com if they require any assistance to take part. <u>If you have any questions, please email us info@a1judo.com or call 07725858796</u>
BANK DETAILS FOR PAYMENT:	Will be provided upon acceptance of entry
ENTRY DETAILS Coach Rating:	Please use the formatted table below: All coaches must give each player a rating from 1–3: 1 = needs looking after 2 = average club player 3 = experienced / confident player Please answer honestly so groups can be made as fairly and safely as possible.
CONFIRMATION of TIMINGS:	The competition will have 2 different time slots so that you do not lose your whole day watching Judo! You will be notified of your time slot after all entries are in and when the running order has been finalised; likely, 1 week before the competition. The below timings are an approximate.
FOOD & REFRESHMENTS:	There is a refillable water machine onsite. There are local shops within walking distance of the venue.
SAFEGUARDING, PHOTOGRAPHY AND MEDICAL INFORMATION	By entering this event, competitors and parents/guardians agree to abide by British Judo safeguarding policies and codes of conduct. To protect participant's privacy and maintain a comfortable environment for everyone, photography and videography will not be permitted during contests. Photos may be taken during medal presentations only, provided permission has been given and the privacy and wishes of other participants are respected. Failure to comply with this rule may result in removal from the premises. Photographs and videos that are taken with permission may be used for promotional purposes by British Judo, A1 Judo and Legion Grappling. If you do not wish for photographs or videos to be used, please notify the organisers before the event. In the event of an emergency, the organisers may seek appropriate medical treatment for the participant.
	By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to: Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/ Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/

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Contest rules <https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/>

<https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/>

Stoma bags: <https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/>

Prosthetic limbs: <https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/>

You must contact the organisers and events@britishjudo.org.uk if you require any support at the event or have any questions regarding the above points.

Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo Association.

These policies and codes of conduct are in place to ensure everyone attending the event have a good experience.

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ENTRY FORM

Club.....

Coach.....

Tel No:.....

Address:.....

Email Address:

Total for all entries: £

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