



# BRITISH JUDO ASSOCIATION

*Eastern Area Closed*

*October 11th, 2026*

**BRITISH  
JUDO**



Organisation / Entries	BJA Eastern Area - <a href="mailto:events@bjaeasternarea.co.uk">events@bjaeasternarea.co.uk</a>	
Venue	Breckland Leisure Centre, Croxton Road, Thetford, Norfolk. IP24 1JD.	
Date	Sunday, 11 <sup>th</sup> October 2026	
Entry Process	Entry form available below Please return via email (scanned copy) to <a href="mailto:events@bjaeasternarea.co.uk">events@bjaeasternarea.co.uk</a> This is an online entry event; postal entries will not be accepted.	
Participation	This is a level 3 points scoring event open to competitors holding a current Eastern Area BJA, or affiliate, membership.  Players must represent the club named on their licence. University students must represent their university.  All competitors must bring their valid judo membership card to registration. <b>NO VALID LICENCE--NO CONTEST-- NO EXCEPTIONS – NO JUDO</b>	
Competition format, Program and Weight Categories	Group 1	Minimum age 8 years old, but under 12 years old on the day Technical Restrictions will apply Boys -25kg -27kg -30kg -34kg -38kg -42kg -46kg +46kg Girls -28kg -32kg -36kg -40kg -44kg +44kg
	Group 2	Minimum age 12 years old, but under 16 years old on the day Boys -34kg -38kg -42kg -46kg -50kg -55kg -60kg -66kg -73kg +73kg Girls -32kg -36kg -40kg -44kg -48kg -52kg -57kg -63kg +63kg
	Group 3	Minimum age 15 years. Men -60kg -66kg -73kg -81kg -90kg -100kg +100kg Women -48kg -52kg -57kg -63kg -70kg -78kg +78kg
	0.8kg allowance applies in all weight groups. Players can only move up a weight group if there are less than 3 in the group. Players can only compete in another group if there are less than 3 in their group and any medal will not count towards the trophy.	
Rules and Judogi Rules	Mat side coaching rule will be permitted throughout the event. One coach, who must remain seated, is allowed per competitor. The wearing of white judogi is compulsory for this event; no blue judogi. Medals will be presented as soon as the weight category is completed, and the necessary paperwork is available.	
Closing Date for Entries	See below.	
Entry Fee	Entries received before 17:00 Monday, 21 <sup>st</sup> September - £15.00 per person. Entries received after 17:00 Monday, 21 <sup>st</sup> September - £20.00 per person.  Entry will be deemed as accepted once full payment is received. Confirmation emails will be sent to the provided email address when the entry is processed. Event fees should be paid directly to the BJA Eastern Area. Sort Code 30-99-08 Account Number 22971468 Ensure that you include the reference number on your application.	

Registration and Weigh-In	<p>Group 1: 10:30 – 11:00</p> <p>Group 2: 12:00 – 12:30</p> <p>Group 3: 09:00 – 09:30</p>
Safeguarding:	<p>By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to:</p> <ul style="list-style-type: none"> <li>• Transgender policy: <a href="https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/">https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/</a></li> <li>• Codes of conduct: <a href="https://www.britishjudo.org.uk/membership-terms-conditions/">https://www.britishjudo.org.uk/membership-terms-conditions/</a></li> <li>• Contest rules: <a href="https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/">https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/</a> <a href="https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/">https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/</a></li> <li>• Stoma bags: <a href="https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/">https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/</a></li> <li>• Prosthetic limbs: <a href="https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/">https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/</a></li> </ul> <p>You must contact the organisers and <a href="mailto:events@britishjudo.org.uk">events@britishjudo.org.uk</a> if you require any support at the event or have any questions regarding the above points. Please note that failure to comply with these policies and codes of conduct may result in not being able to compete or attend this event or removal from the event and notification to the British Judo Association.</p>
Entry Refunds	<p>Refunds may be available for entries received BEFORE the first closing date listed on the entry form.</p> <p>To apply for a refund, please contact <a href="mailto:events@bjaeasternarea.co.uk">events@bjaeasternarea.co.uk</a></p> <p>Note that proof may be required in order to process any refund.</p> <p>Applications received after the first closing date will not be refundable under any circumstances. If the event is cancelled or postponed, we will contact you to arrange full refund.</p>
Spectators	In line with BJA Eastern Area commitment, there is no fee for spectators.
Coaching Passes	Coaches must produce a valid BJA Coach Award card in person to be eligible for mat side coaching. Coaches will be issued with a wristband which must be always worn and is non-transferrable.
Food	There is a small cafeteria adjacent to Breckland Leisure Centre. Outside catering vans providing hot and cold food may be in attendance. Vending machines are available on site.
Trophies	There will be an Ippon Trophy and the Ian Adams Trophy for the best all-round judoka. There will be a trophy presented to the club with the most points. Gold 6 points, Silver 4 points, Bronze 2 points and competitor entry 1 point.

The information provided here may be updated.  
The latest version, including versions in Word format, can be found on the BJA Eastern Area website  
<https://bjaeasternarea.co.uk/documents/>  
Document last updated Monday 27 April 2026



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## Entry Form

<b>Club Name</b>	
<b>Contact Name</b>	
<b>Telephone Number</b>	
<b>Email Address</b>	
<b>Payment Reference</b>	For all BACS payments, please confirm payment reference used below

<b>Name</b>	<b>M/F</b>	<b>Weight</b>	<b>Age</b>	<b>Grade</b>	<b>Group</b>