

2026 DNA JUDO LAKE DISTRICT OPEN CHAMPIONSHIPS

U12, U16, Seniors Kyu & Dan Grades & Veteran Kyu & Dan Grades
BJA Level 3 Catch Weight Event



Organisation:	Kendal Judo Club- Tel: +44 7708 968194 E-mail: mike@kendaljudoclub.co.uk DNA Judo - Tel: 07804 819 203 E-mail: danny@dnajudo.co.uk
Venue:	Kendal Judo Club, Parkside Rd Industrial Estate, Kendal, LA9 7EN
Date:	Sunday 10 May 2026 - 9am Start.
Participation:	This event is open to all players aged 8 years of age and above meaning it's great for the whole of your club! All participants must hold a valid British Judo Association or affiliate organisation license and must bring proof of this to the registration and weigh-in. Entry numbers will be limited and will be allocated on a first come first served basis. By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to: ● Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/ ● Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/ ● Contest rules https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/ ○ https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/ ● Stoma bags: https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/ ● Prosthetic limbs: https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/ You must contact the organisers and events@britishjudo.org.uk if you require any support at the event or have any questions regarding the above points. Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo Association. These policies and codes of conduct are in place to ensure everyone attending the event have a good experience.

**Competition
Format:**

This event is an age & grade banded event as follows:

**Event 1 - Players under 12 - Novice to 6th Mon
(must be at least 8 years old on the day of the event)**

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible.

**Event 2 - Players under 12 - 7th Mon to 15th Mon
(must be at least 8 years old on the day of the event)**

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible.

Event 3 - Players under 16 - Novice to 9th Mon

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible.

Event 4 - Players under 16 - 10th Mon to 15th Mon

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible.

Event 5 - Seniors Kyu (Players aged 14 & above) Novice to 2nd Kyu

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible.

Event 6 - Veterans Kyu (Players aged 30 & above) Novice to 2nd Kyu

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible.

Event 7 - Seniors High Grade (Players aged 14 & above) 1st Kyu & above

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible. **NOT POINT SCORING**

Event 8 - Veterans High Grade (Players aged 30 & above) 1st Kyu & above

Players will be put into pools of 3, 4, 5 or 6 based upon their age, grade & weight with the aim to create meaningful contests and as many as possible. **NOT POINT SCORING**

As tournament organiser and with the agreement of the players & their coaches we reserve the right to combine the categories where necessary to provide our participants with meaningful contests.

This tournament aims to provide players with as much mat time as possible allowing them to gain more experience of competitive judo. 1 Gold Medal, 1 Silver Medal & 2 Bronze Medals will be awarded in all categories.

How to Enter:	To submit your entry for the 2026 DNA Judo Lake District Open Championships, please visit the link below: https://fienta.com/dna-judo-lake-district-open-championships-2026 To enter this event the Standard Entry Fee for this event is £25. Double entries can also be made for the U16 & Senior or Senior & Masters events as long as the entrant meets the age criteria for both events. Our double entry fee is £40. These entry fees are applicable for all entries posted & paid for through our website on or before 11.59pm, Sunday 3rd May 2026. Any entries made after this date will be charged at our late entry fee price of £30 for single entries or £50 for double entries. We will accept entries on the day of the event of which our late entry fee of £30 will apply but payments must be made in cash. We will only stop taking entries for this event if it becomes oversubscribed. If over-subscription occurs we will post a notice
Weigh in:	Players can weigh for Event 1 from 9am and weigh In times for all other events will be released after the closing date once we know how many are in each group. All competitors MUST bring their VALID judo licence (BJA or affiliate) to registration and also their record book showing that they are at the grade in which they entered. All players will be weighed in Judogi pants & t-shirt with 0.8kg allowance.
Spectators:	Entry Fee is £3 per adult paid cash on the day. Children are free and Coaches are free on presentation of a valid coaching card
Coaching:	Coaches will be allowed mat side throughout the day with a valid coaching pass.

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