



University of Sheffield Judo Club
Union of Students
Western Bank
S10 2TG
UNITED KINGDOM

2026

USIST: University of Sheffield International Student Teams

Dear Club Captain/Chairperson,

On behalf of the University of Sheffield Judo Club, I would like to invite you to our 26th Annual International Students Team Tournament, which will be held on the **20th-22nd March 2026**.

Whether your club has been to USIST before or this is the first time you have heard of it we would love to have your club join our action packed weekend in Sheffield! We are welcoming back all international teams this year as well as looking forward to seeing all the UK teams once again.

The structure of the tournament itself remains the same as previous years; it is a mixed team event that will take place throughout the day on Saturday. The weekend is centred around this judo competition but over the weekend there will be plenty of time to socialise and enjoy the weekend away. The provisional timetable for the event is available below.

As you will see our programme includes a night out in Sheffield on the Saturday night. We would like to invite guests to join us for this. If you would like to join us for a social after the competition, please make us aware by email or via social media so that we can make the necessary arrangements.

It is an opportunity to make new friendships between University clubs and lay the foundations for future competitions and events!

Due to the level of organisation needed to make this event a success, please enter as soon as possible at www.usist.uk. If you have any issues/questions please send us an email or via social media. The deadline for entries is **Friday March 13th 2026**.

We look forward to seeing you all, old faces and new, at our favourite event of the year!

Kind regards,
Joel Wells,,
Club Captain, University of Sheffield Judo Club

judo@sheffield.ac.uk
<http://www.facebook.com/SheffieldUni.Judo>



Tournament Details

Event Date: 20th-22nd March 2026

Venue: Goodwin Sports Centre, Northumberland Road, Sheffield, South Yorkshire S10 2TY

Format: The competition will be fought by teams consisting of 4 men and 2 women. The team composition is as follows:

Men: 1 x Under 73kg; 1 x Under 81kg; 1 x Under 90kg; 1 x Over 90kg.

Women: 1 x Under 63kg; 1 x Over 63kg.

Each team is allowed up to four reserve players.

Weigh-in: opens 8:00 am on Saturday. Teams must have completed weigh-ins before closure at 9:30. Players can fight one weight category above. Players may only fight for **one** team, and may not change weight categories part way through the event.

Rules: The competition will be fought in pools followed by compound knockout with repechage (time permitting) under IJF and BJA rules. All players should wear a clean white judogi and teams should provide their own blue and white belts. All contests will be of 4 minutes duration for both men and women. The Tournament director's decision is final.

Note: This is **NOT** a point scoring competition for Dan grades.

Eligibility: Universities are allowed to bring as many teams as they wish, as well as reserve competitors. Each team should correspond to an institution. There is no grade restriction on this event. Reserves may fight in their category, or the one above (but may not change categories once participating). All players must hold a valid in-date licence from a recognised National Governing Body. No Licence, no competition.

External addition to teams: To encourage clubs who do not have sufficient numbers for a team, up to 1 player external to their club may join their team. Teams will only be allowed to do this if it is seen as a way to make up the numbers by the competition organisers and **NOT** to gain a competitive advantage. The event organisers must be notified about any external additions, and reserve the right to disallow additions if it is believed that the addition was provided to gain a competitive advantage.

Entry Fee: Please send payment in advance. If this is not possible, please contact us to arrange an alternative.

Participation fee	£15
Competition fee Fee*	£40

*The participation fee is for everyone attending the event but not competing. It covers the cost of food, accommodation ect.

*The competition fee is for anyone competing.

We ask that all fees are paid in advance via our online system. If you have any issues with entry or payment online, please let us know as soon as possible via email (judo@sheffield.ac.uk).

All entries are to be received by Friday 13th March, and are non-refundable.

Prizes: Medals will be awarded to all winners and runners up. The winning team will have the name of the respective university engraved in the tournament trophy. Prizes for best throw will also be awarded.

The Team Manager/Coach will be held responsible for the conduct of his or her competitors on the day. Any misbehaviour will mean the expulsion of the entire club from the event.

The organisers cannot accept any responsibility in respect to theft, loss or injury, which may occur at this event. The competition format and structure may be subject to change.

Provisional timetable for the day



Friday 20th march:

18:00 Weigh ins open

20:00 Mats put out (anyone who has not weighed in by this time will have the opportunity to do so) **21:00** Welcome drinks and food

23:00- 00:00 Bedtime (in Goodwin Sports Hall)

Saturday 21st march:

7:30 - 8:30 Reception and Registration for those not turning up on Friday

8:00 - 9:00 Weigh in after Registration

8:00 - 9:00 Breakfast

9:00 - 13:00 First round

14:00 - 16:00 Repechage, Semi and Finals

16:30 Medal giving ceremony

19:00 - 23:00 Pub & BOAT RACE

23:00 Club night

Sunday 22nd March:

9:00- 10:00 Breakfast

11:00 Goodbye! Go home!

Times may vary depending on the number of entries. This is a draft timetable to provide indication only. For

Entry Process

Online entry: Entry for USIST 2026 will take place via the event website: www.usist.uk

Here, you can enter team information, plus information for each competitor and any reserve players, and make payments.

You **must** email the club at judo@sheffield.ac.uk to confirm both your payment and entry for any teams entered.

Closing date: 13th March 2026 (or when event is full)

Contact Sheffield Uni Club

Email: judo@sheffield.ac.uk

Facebook: www.facebook.com/SheffieldUni.Judo

Instagram [UOS_judoclub](https://www.instagram.com/UOS_judoclub)

Event info

and registration: www.usist.uk

By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to:

- Transgender policy <https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/>
- Codes of conduct <https://www.britishjudo.org.uk/membership-terms-conditions/>
- Contest rules <https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/>
 - o <https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/>
- Stoma bags: <https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/>
- Prosthetic limbs: <https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/>

You must contact the organisers and events@britishjudo.org.uk if you require any support at the event or have any questions regarding the above points.

Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo Association. These policies and codes of conduct are in place to ensure everyone attending the event have a good experience.