



## **NHC AREA OPEN - MINORS + PRE-CADETS + CADETS**

**GROUP 1: MINORS** (BORN 2015-2018) – Must be 8 years on the day

**GROUP 2: PRE-CADETS** (BORN 2013-2014)

**GROUP 3: CADETS** (BORN 2010-2012)

**LEVEL 4 – POINT SCORING - Hosted by BJA Northern Home Counties**

**Event date: SATURDAY 17<sup>th</sup> OCTOBER 2026**

**Closing Date: SATURDAY 10<sup>th</sup> OCTOBER 2026**

### **VENUE:**

**THE BRENTWOOD CENTRE  
DODDINGHURST ROAD  
PILGRIMS HATCH  
ESSEX  
CM15 9NN**

**TOURNAMENT DIRECTOR: SHARON COTTIS**

**CONTACT: [nhccomps@gmail.com](mailto:nhccomps@gmail.com)**

**ONLINE ENTRY: <https://pci.jotform.com/form/260255830937360>**

For club entries of more than 10 players, please contact [nhccomps@gmail.com](mailto:nhccomps@gmail.com) to be sent the bulk entry form and bank details for payment

### **Entry Fee:**

To enter single group (1, 2 or 3):	<b>£30 per competitor</b>
To double enter Cadet & Junior:	<b>£45 per competitor</b>
To triple enter Cadet & Junior & Senior:	<b>£55 per competitor</b>

**PLEASE NOTE THAT ENTRY FEES ARE NON-REFUNDABLE**

**SHOULD WE BE ABLE TO ACCEPT LATE ENTRIES, THEY WILL BE SUBJECT TO A  
£5 LATE FEE**

**Spectators - Adult Day Ticket £5 / Child (under 16's and OAP's) Day Ticket £3  
To pay on the door please**

**Only one club coach per club - per Mat Area will be permitted free entry on production of a their own VALID BJA Coach Award card – **no valid Coach Award Card - no free entry**  
Other coaches, on production of their valid BJA Coach Award card, are eligible for the concession rate of £3 per day or £5 for the weekend (Maximum of 4 free coaches per club)**



**All competitors must bring their valid judo licence (Membership Card) and record book showing confirmation of grade to the weigh-in/registration.**

Players from outside the United Kingdom must show valid membership of an organisation recognised by the IJF/EJU.

Compound Knockout will be used throughout the weekend for weight groups of 8 or more players. The Tournament Director has the right to combine weight categories when there are insufficient entries in any weight group.

**Contest duration will be: Minors & Pre-Cadets – 3 minutes  
Cadets – 4 minutes.**

**Golden score will be as per current BJA rules.**

An Open Weigh In will be taking place. All competitors **MUST** weigh in wearing a plain white T-shirt and competition legal judogi trousers and will receive a 0.8kg allowance

**GROUP 1: MINORS** – Competitors born in years 2015, 2016, 2017 & 2018 – minimum grade 4<sup>th</sup> Mon **(Must be 8 years old on day of event)**  
**Technical Restrictions will apply**

**BOYS:** -27kg, -30kg, -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, +60kg  
**GIRLS:** -25kg, -28kg, -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, +57kg

**WEIGH-IN TIMES: 08.15 to 09.00**

**GROUP 2: PRE-CADETS** – Competitors born in years 2013 & 2014 – minimum grade 6<sup>th</sup> Mon

**There will be NO Shime-waza or Kansetsu-waza**

**BOYS:** -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, +66kg  
**GIRLS:** -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg

**WEIGH-IN TIMES: 10.30 to 11.30**

**GROUP 3: CADETS** – Competitors born in years 2010, 2011 & 2012 – minimum grade 10<sup>th</sup> Mon / 3<sup>rd</sup> Kyu

**Shime-waza and Kansetsu-waza will apply**

**BOYS:** -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg  
**GIRLS:** -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

**WEIGH-IN TIMES: 12.30 to 13.30**



**Please note:**

If you are competing in more than one group ie: Cadets Group 4 + Senior Group 5 – then you will only have to weigh-in once, but you must also register for the second group in the weigh-in area - so that your weight can be transferred in order for you to compete in the second group, if you do not register for that group then you will not be put into the draw.

By entering this event, all participants and parents or guardians of participants are consenting to any photography or filming which may be taking place during this event. If you wish to opt-out of the above, please contact the Competition Controller on the morning of the event.

By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to:

- Transgender policy <https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/>
- Codes of conduct <https://www.britishjudo.org.uk/membership-terms-conditions/>
- Contest rules <https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/>
  - <https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/>
- Stoma bags: <https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/>
- Prosthetic limbs: <https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/>

You must contact the organisers and [events@britishjudo.org.uk](mailto:events@britishjudo.org.uk) if you require any support at the event or have any questions regarding the above points.

Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo Association.

These policies and codes of conduct are in place to ensure everyone attending the event have a good experience.