



NHC AREA OPEN - MINORS + PRE-CADETS + CADETS

GROUP 1: MINORS (BORN 2015-2018) – Must be 8 years on the day

GROUP 2: PRE-CADETS (BORN 2013-2014)

GROUP 3: CADETS (BORN 2010-2012)

LEVEL 3 (Minors & Pre-Cadets) & LEVEL 4 (Cadets) – POINT SCORING -
Hosted by BJA Northern Home Counties

Event date: **SATURDAY 17th OCTOBER 2026**
Closing Date: **SATURDAY 10th OCTOBER 2026**

VENUE:

THE BRENTWOOD CENTRE
DODDINGHURST ROAD
PILGRIMS HATCH
ESSEX
CM15 9NN

TOURNAMENT DIRECTOR: SHARON COTTIS
CONTACT: nhccomps@gmail.com

ONLINE ENTRY: <https://pci.ioform.com/form/260255830937360>

For club entries of more than 10 players, please contact nhccomps@gmail.com to be sent the bulk entry form and bank details for payment

Entry Fee:

To enter single group (1, 2 or 3):	£30 per competitor
To double enter Cadet & Junior:	£45 per competitor
To triple enter Cadet & Junior & Senior:	£55 per competitor

PLEASE NOTE THAT ENTRY FEES ARE NON-REFUNDABLE

SHOULD WE BE ABLE TO ACCEPT LATE ENTRIES, THEY WILL BE SUBJECT TO A
£5 LATE FEE

Spectators - Adult Day Ticket £5 / Child (under 16's and OAP's) Day Ticket £3
To pay on the door please

Only one club coach per club - per Mat Area will be permitted free entry on production of a their own VALID BJA Coach Award card – no valid Coach Award Card - no free entry
Other coaches, on production of their valid BJA Coach Award card, are eligible for the concession rate of £3 per day or £5 for the weekend (Maximum of 4 free coaches per club)



All competitors must bring their valid judo licence (Membership Card) and record book showing confirmation of grade to the weigh-in/registration.

Players from outside the United Kingdom must show valid membership of an organisation recognised by the IJF/EJU.

Compound Knockout will be used throughout the weekend for weight groups of 8 or more players. The Tournament Director has the right to combine weight categories when there are insufficient entries in any weight group.

**Contest duration will be: Minors & Pre-Cadets – 3 minutes
Cadets – 4 minutes.**

Golden score will be as per current BJA rules.

An Open Weigh In will be taking place. All competitors **MUST** weigh in wearing a plain white T-shirt and competition legal judogi trousers and will receive a 0.8kg allowance

GROUP 1: MINORS – Competitors born in years 2015, 2016, 2017 & 2018 – minimum grade 4th Mon (Must be 8 years old on day of event)
Technical Restrictions will apply

BOYS: -27kg, -30kg, -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, +60kg
GIRLS: -25kg, -28kg, -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, +57kg

WEIGH-IN TIMES: 08.15 to 09.00

GROUP 2: PRE-CADETS – Competitors born in years 2013 & 2014 – minimum grade 6th Mon

There will be NO Shime-waza or Kansetsu-waza

BOYS: -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, +66kg
GIRLS: -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, +63kg

WEIGH-IN TIMES: 10.30 to 11.30

GROUP 3: CADETS – Competitors born in years 2010, 2011 & 2012 – minimum grade 10th Mon / 3rd Kyu

Shime-waza and Kansetsu-waza will apply

BOYS: -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg
GIRLS: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg

WEIGH-IN TIMES: 12.30 to 13.30



Please note:

If you are competing in more than one group ie: Cadets Group 4 + Senior Group 5 – then you will only have to weigh-in once, but **you must also register for the second group** in the weigh-in area - so that your weight can be transferred in order for you to compete in the second group, if you do not register for that group then you will not be put into the draw.

By entering this event, all participants and parents or guardians of participants are consenting to any photography or filming which may be taking place during this event. If you wish to opt-out of the above, please contact the Competition Controller on the morning of the event.

By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to:

- Transgender policy <https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/>
- Codes of conduct <https://www.britishjudo.org.uk/membership-terms-conditions/>
- Contest rules <https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/>
 - <https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/>
- Stoma bags: <https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/>
- Prosthetic limbs: <https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/>

You must contact the organisers and events@britishjudo.org.uk if you require any support at the event or have any questions regarding the above points.

Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo Association.

These policies and codes of conduct are in place to ensure everyone attending the event have a good experience.