



Higham and Rushden Judo Club

Kyu Grade competition

and Adaptive Mon competition

Saturday 18th April 2026

Venue	Higham and Rushden Judo Club, Unit 5 Factory 2, Sanders Lodge Industrial Estate, Rushden, Northamptonshire, NN10 6BQ
Groups (All ages relate to the day of competition)	Group 1: Adaptive Mon Grade Boys and Girls Group 2: Gents aged 16+ Novice to 5 th Kyu and 4 th - 3 rd kyu (white- yellow, orange- green) Group 3: Ladies aged 16+ Novice to 5 th Kyu and 4 th -3 rd kyu (white-yellow, orange- green)
Participation	All competitors MUST hold a current BJA, BJC or AJA license. NO LICENSE NO JUDO!
Judogi Rules	All competitors will wear a judogi, if you're in a BJJ or other martial arts suit you will be turned away from the competition. ALL COMPETITORS MUST WEIGH IN IN A T-SHIRT AND GI BOTTOMS (optional to fight in white t-shirts under judogi, please use the changing rooms to get changed) All Judogi must fit correctly.
Competition Format	All competitors will be weighed on the day and grouped into Pools depending on gender, age, weight, grade and ability . It may be necessary to merge groups, however you will be informed. We may use support players where necessary. Please can Adaptive entries be submitted by the player's coach - we will require coaches to give us information on the players ability.
Weigh-in Times	WEIGH IN TIMES WILL BE CONFIRMED IN THE WEEK OF THE COMPETITION ON OUR FACEBOOK PAGE AS WELL AS VIA EMAIL- We can already confirm this will be after lunch time- COACHES- PLEASE CAN YOU FORWARD THE WEIGH IN TIMES TO YOUR PLAYERS WHEN YOU HAVE RECEIVED OUR EMAIL.
Spectators, coaches and officials.	Entry is free of charge for spectators, however, please remember this is a development event and it's about learning. Some of the referees and table officials will also be developing; so please bear with them. Seating is limited therefore be respectful of others and do not reserve with bags etc. There will be a tuck shop selling food and drinks throughout the day (cash only).
Closing date	Entries will be accepted up to Sunday 12 th April or before if full. Coaches please keep your eye on our Facebook page (www.facebook.com@HRJUDOCLUB) as we may request some late entries to fill categories or attempt to find a group for someone who has entered.
Cost	£25 per player
Entries	All Entries to be applied for via www.hrjc.co.uk/competitions Adaptive entries will need to send an additional email informing us of the level of adaptive player entered: hrjudoclub@hotmail.com By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to: <ul style="list-style-type: none">Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/Contest rules https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/<ul style="list-style-type: none">https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/



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	<ul style="list-style-type: none">• Stoma bags: https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/
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Prosthetic limbs: <https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/>