

2025/26 WALES REGIONAL SCHOOLS CHAMPIONSHIPS

Organisation / Entries:	Welsh Judo Association www.welshjudo.com/events competitions@welshjudo.com
Venue:	Sport Wales National Centre, Cardiff, CF11 9SW
Event Date:	Saturday 17 January 2026
Event Level:	British Judo Level 2 Academic Years 6 & 7 British Judo Level 3 Academic Years 8 to 13
Entry Process:	Online Entry via www.welshjudo.com/event/schools26/
Event Information:	Keep up to date with all the latest information regarding the event by subscribing to our dedicated WhatsApp Event Channel
Categories:	<ul style="list-style-type: none"> • Academic years 6 & 7 • Academic years 8 & 9 • Academic years 10 – 13 • Adaptive section
Participation:	<p>This is a level 2 Development event for Academic Years 6 & 7 and a Level 3 Development event for Academic Years 8 to 13.</p> <p>The event is <u>not</u> open to the following:</p> <ul style="list-style-type: none"> • Years 4 & 5: Please view ThisIsJudo event outlines. • Years 8 & 9: Any player who has won a medal at the British Pre-Cadet or Cadet Championships (December 2024 or 2025). EXCEPTION: any player who won less than two contests at either event IS eligible. • Years 10 – 13: Any player with 100 points or more of the British Cadet or Junior Ranking Lists at 31st December 2025. <p>This event is open to all school children who comply with the criteria above and hold a current valid membership with Welsh Judo, BJA, Judo Scotland, NIJF, AJA or BJC.</p>
British Schools Championships, March 2026:	<p>The Welsh Regionals will contribute to the requirements to enter the British Schools Championships 2026.</p> <p>To enter the British School Championships (Sheffield, March 2026), the judoka must have entered at least one regional schools competition or minimum 2 events, level 2 or above.</p> <p>Please note that the minimum grades for regional competitions are lower than the minimum grade for the British Schools Championships. Also, ranking list eligibility for the British Schools Championships will go by the ranking list as at December 31st 2025. If players rise up the ranking list between this event and December 31st into a non-eligible position, they will lose the right to compete at the British Schools Championships.</p> <p>Players are able to change weight categories between this event and the British Schools Championships.</p>

2025/26 WALES REGIONAL SCHOOLS CHAMPIONSHIPS

Competition Format:	<p>Kansetsu-Waza (Armlocks) & Shime-Waza (Strangles) permitted in Academic Years 10 to 13. This category will include grade points scoring for eligible players.</p> <p><u>Method of Elimination</u> The British Judo Association rules will apply throughout the competition. The method of competition will be compound knockout in categories of 8 or more players and pools and knockout in categories of 7 players or less. The Tournament Director reserves the right to combine or alter categories should entries dictate. In the event of any dispute, the decision of the Tournament Director will be final.</p> <p><u>Contest Times</u> Academic Years 6 & 7: 3 minutes, 3 minutes Golden Score, Referees Decision. Academic Years 8 & 9: 3 minutes, Unlimited Golden Score. Academic Years 10 to 13: 4 minutes, Unlimited Golden Score.</p>
Seeding:	There is no seeding.
Weight Categories:	<p>Academic Years 6 & 7 (born 1 September 2013 to 31 August 2015) Minimum grade 4th mon (bottom yellow belt). Male: -27kg, -30kg, -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, and +55kg. Female: -28kg, -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, and +57kg. Under 12 years technical restrictions will be used in Academic Years 6 & 7</p> <p>Academic Years 8 & 9 (born 1 September 2011 to 31 August 2013) Minimum grade 6th mon (top yellow belt). Male: -34kg, -38kg, -42kg, -46kg, -50kg, -55kg, -60kg, -66kg and +66kg. Female: -32kg, -36kg, -40kg, -44kg, -48kg, -52kg, -57kg, -63kg and +63kg.</p> <p>Academic Years 10 to 13 (born 1 September 2007 to 31 August 2011) Minimum grade (for years 10 and 11) 9th mon (top orange belt) or 4th kyu (senior orange belt). Minimum grade (for years 12 and 13) 9th mon (top orange belt) or 4th kyu (senior orange belt). Male: -42kg, -46kg, -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg and +90kg. Female: -44kg, -48kg, -52kg, -57kg, -63kg, -70kg and +70kg.</p> <p>Adaptive section (Children in education from the age of 8). The adaptive section is for children with additional needs or disabilities. Categories will be facilitated after the entry period closes.</p> <p>Please note that the minimum grades for regional competitions are lower than the minimum grade for the British Schools Championships. Also, ranking list eligibility for the British Schools Championships will go by the ranking list as at December 31st 2025. If players rise up the ranking list between the event and December 31st into a non-eligible position, they will lose the right to compete at the British Schools Championships.</p>
Adaptive Categories:	<p>Children in Education who meet the requirements of Adaptive Judo are eligible. Minimum age 8yrs of age on the day of the event.</p> <p>Disabilities include Sensory, Visual, Learning, Physical etc, for more information contact competitions@welshjudo.com</p>

2025/26 WALES REGIONAL SCHOOLS CHAMPIONSHIPS

Registration & Weigh In

An open weigh-in will take place for all players. All female and male competitors MUST present themselves to the weigh-in wearing competition acceptable judogi trousers and must wear a plain crew neck t-shirt/rash guard for weigh ins.

All competitors will receive a 0.8kg allowance.

Years 6 & 7:

09:00 – 09:30

Years 8 & 9:

Estimated 10.00 to 10.30

Confirmed weigh-in times will be announced after entry period closes.

Years 10-13:

Estimated 10:00 to 10.30

Confirmed weigh-in times will be announced after entry period closes.

Adaptive Categories:

Confirmed weigh-in times will be announced after entry period closes.

All competitors MUST bring their VALID judo licence (Welsh Judo, BJA or affiliate) to registration and evidence showing they meet the minimum grade. All grades will be checked with National Governing Body for validity.

2025/26 WALES REGIONAL SCHOOLS CHAMPIONSHIPS

British School Championships guidelines – for judoka and parents:

Judoka

- Help beginners or lower grades, if you can.
- Follow all judo rules throughout the event.
- Bow correctly at the beginning and end of a contest. It is not whether you win or lose, but how you play the game.
- Accept decisions; let your coach ask any necessary questions.
- Control your temper, do not shout or abuse other judoka or officials.
- Be a good sport, cheer all good play, and respect all of your fellow judoka.
- Remember that the aims of the British Schools Championships are to have fun, help you develop as a judoka, improve your skills, and conduct yourself in a sportsman-like manner.
- Represent the ideals, disciplines and etiquette of British Judo to the highest level.
- Treat all judoka as you would like to be treated, do not take unfair advantage of any judoka.
- Co-operate with your coach and opponents, without them you do not have a game.
- Contestants without instruction, adjust their judogi, so that the front and back of the jacket are inside the belt after every mate.

Parents/ Coaches

- Please be aware that children develop differently, at different rates and react differently to the same pressures.
- Children and young people are involved in organised sport for their enjoyment as well as yours and so please respect this at all times.
- Always encourage your child to train and compete by the rules of judo.
- Teach your child that effort and teamwork are as important as victory, so that the result of each contest is accepted without unnecessary disappointment and with a positive sporting attitude.
- Never ridicule or shout at your child/judoka for making a mistake or losing a contest.
- Children learn best by example. Applaud good play by your team and by members of the opposing team.
- Do not question publicly the officials' judgement and never their honesty.
- Support all efforts to remove verbal and physical abuse from children's sporting activities.
- Set an example by being friendly to the parents of the opposition, emphasise enjoyment and fun, praise and reinforce effort and improvement.
- Coaching is allowed throughout competition.
- Please remind your child/judoka that without instruction, they should adjust their judogi, so that the front and back of the jacket are inside the belt after every mate (see new BJA rules).

Closing Date for Entries:

Friday 09 January 2026

Entry Fee:

£20 Early Bird (before Friday 21 December 2025)
or
£28 (from Saturday 22 December 2025 to closing date on Friday 09 January 2026)

2025/26 WALES REGIONAL SCHOOLS CHAMPIONSHIPS

Spectator Tickets:	<p>Spectator entry will be available for advanced purchase via the Welsh Judo website. Spectators will be required to demonstrate proof of purchase via mobile device on entry to the venue.</p> <p>Spectator tickets can be purchased online here</p> <p>Spectator entry purchased online will be charged £6.50 per person. Spectator entry purchased with cash will be charged at £10.00 per person. There will be no spectator charge for children (under 16).</p>
Photography:	<p>By entering the event, all participants and parents or guardians of participants are consenting to photography/filming which may be taken by the BJA/WJA or an official BJA/WJA contractor at the event. You also accept that these photographs or video may be used in future BJA publications or published by the contractors. If you wish to opt-out of the above please contact: competitions@welshjudo.com</p>
Coaching Passes:	<p>Coaches must apply for a coaching accreditation pass by registering via www.welshjudo.com/coach-schools/ by the registration closing date of Wednesday 24 January 2026.</p> <p>Coach registrations will be checked with British Judo or relevant governing body to confirm eligibility to coach.</p> <p>Coaches must ensure that they attend the coaches briefing prior to the commencement of the event. The referee in charge will give a briefing on any updates</p> <p>If you are attending the event but will not have a coach with you (For example you are travelling with your PE teacher) this must be registered in the same process.</p>
<p>ENTRY FEES ARE NOT REFUNDABLE UNDER ANY CIRCUMSTANCES (including injury).</p>	