



Higham and Rushden Judo Club

Novice to Red belt

competition 25th January 2026

Venue	Higham and Rushden Judo Club, Unit 5 Factory 2, Sanders Lodge Industrial Estate, Rushden, Northamptonshire, NN10 6BQ
Groups <i>(All ages relate to the day of competition)</i>	Group 1: Girls aged 8-14 Group 2: Boys aged 8-14
Participation	<p>All competitors MUST hold a current BJA, BJC or AJA license. NO LICENSE NO JUDO! Players must have graded within the last 9 months. By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct. This includes but is not limited to:</p> <ul style="list-style-type: none"> • Transgender policy https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/ • Codes of conduct https://www.britishjudo.org.uk/membership-terms-conditions/ • Contest rules https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/ <ul style="list-style-type: none"> ◦ https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/ • Stoma bags: https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/ <p>Prosthetic limbs: https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/</p>
Judogi Rules	<p>All competitors will wear a judogi, not BJJ/Karate etc. ALL COMPETITORS MUST WEIGH IN IN A T-SHIRT AND GI BOTTOMS (optional for boys to fight in t-shirts under judogi, please use the changing rooms to get changed) All Judogi must fit correctly.</p>
Contest Rules	<p>ALL categories will be run with technical restrictions. Contests shall be 3 minutes for the Mon competition. See BJA contest rules for details.</p>
Competition Format	<p>All competitors will be weighed on the day and grouped into Pools depending on gender, age, weight, and grade. Using the index system (Age x2+grade+weight). All efforts will be made to find a suitable group for each competitor, the Tournament Director will consult coaches/parents if any suitable matches can't be found (anyone without a group will be informed and refunded). If required age groups may be merged (within reason), coaches and competitors will be consulted the week of the competition date of any issues.</p>
Weigh-in Times	<p>Weigh in times will be confirmed on our Facebook page approx. 1 week before the competition- this is due to having to know how many entries we have first.</p>
Spectators, coaches and officials.	<p>Entry is free of charge for spectators, however, please remember this is a development event and it's about learning. Some of the referees and table officials will also be developing, so please bear with them. Remember children are watching your behaviour for examples how to behave. Seating is limited therefore be respectful of others and do not reserve with bags etc. There will be a tuck shop selling food and drinks throughout the day (cash only).</p>



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	<p>If any over 11's would like to try their hand at timekeeping they would be welcome, competitions can't run without table officials and there is a real shortage throughout the country, so where better to try it out than at a development event, please speak with Rob on the day.</p>
Closing date	<p>Entries will be accepted up to Sunday 18th January or before if full. Coaches please keep your eye on our Facebook page (www.facebook.com/HRJUDOCLUB) as we may request some late entries to fill categories or attempt to find a group for someone who has entered.</p>
Cost	<p>Entry £25- early bird Entry before 25th December: £20. All participants will receive a medal.</p>
Entries	<p>All Entries for via the following link www.hrjc.co.uk/competitions Please make payments to: HIGHAM AND RUSHDEN JUDO CLUB LTD ACC: 51519977 SC: 60-83-71 BACS REFERENCE FORMAT: Your child's name followed by Comp e.g. JOE BLOGS COMP</p>