

British Veterans Open

2026



Organisation:	Email: londonjudotournaments@gmail.com
Venue:	SportsDock, University of East London, Docklands Campus, University Way, London, E16 2RD
Date:	Saturday 28th March 2026
Entry process:	<p>Entry is via British Judo Website All entries must be received by Friday 13th March 2026</p> <p>Entry fees are not refundable under any circumstance (including injury). Participation in the tournament will not be allowed if the tournament entry fee has not been received.</p>
Participation	<p>If you are uncertain of your eligibility, please contact the organiser.</p> <p>GBR Competitors must hold current BJA or affiliate membership. All competitors MUST bring their VALID judo membership card to registration along with their record book which shows they meet the minimum grade.</p> <p>Minimum grade: 2nd Kyu and above (Blue belt and above)</p> <p>International competitors must produce proof of membership to their federation. All players requiring a visa to enter Great Britain must first enter the event and pay, then email events@britishjudo.org.uk with proof of entry and payment requesting a letter in support of a visa.</p>
Competition Format:	<p>Contest times will be 3 minutes with unlimited golden score for M1-M6 and F1-F6. M7/F7 and above, contest times are 2.5 minutes with 1 minute golden score.</p> <p>Rules:</p> <ul style="list-style-type: none"> This is a Level 4 event, BJA rules will apply throughout the event and will be in accordance with the Tournament Handbook. The decision of the Tournament Director will be final. The method of competition will be Pools or Compound Knockout. The organisers reserve the right to amalgamate adjacent weight/age categories depending on the number of entries in the respective weight categories. The organisers will follow IJF SOR document for combining. This event will adhere to the mat side coaching rule in all categories. In the following way: Coaches in the official mat side position can only advise the athlete during the mate-hajime period and NOT while the contest is in progress. Should any mat side coach not adhere to this guideline they will firstly be reminded of this rule by the referee and on receiving the second reminder in the same contest will need to remove themselves to the general public area for the rest of the event on that day. Other personnel who insist on shouting coaching points will also need to remove themselves to the general public seating area. Competitors must win a contest to receive a medal. For BJA and affiliated members this Tournament qualifies for points scoring for dan grading promotion purposes.
Weight Categories:	<p>Male: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg & 100kg</p> <p>Female: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg & +78kg</p>

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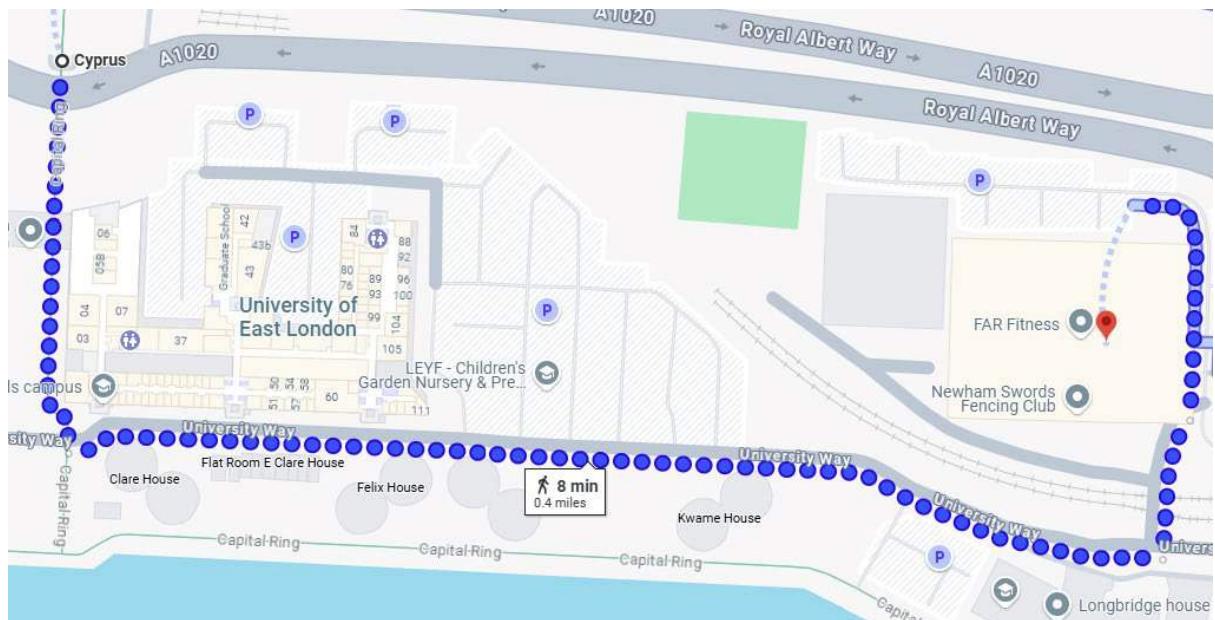
Age Categories:	<p>The minimum age for participation in the Veterans is to be 30 years or over in the year of the event. This defines the age at which athletes first become eligible to compete. Once an athlete has become eligible, they will be allocated into their appropriate age category e.g., M1/F1 will consist of athletes who have their 30th, 31st, 32nd, 33rd or 34th birthday and the M2/F2 will consist of athletes who have their 35th, 36th, 37th, 38th or 39th birthday at any date during the year of the event.</p> <p>F1/M1 30-34 (1996-1992) F2/M2 35-39 (1991-1987) F3/M3 40-44 (1986-1982) F4/M4 45-49 (1981-1977) F5/M5 50-54 (1976-1972) F6/M6 55-59 (1971 – 1967) F7/M7 60 - 64 (no shime-waza / strangles) (1966-1962) F8/M8 65 - 69 (no shime-waza / strangles) (1961-1957) F9/M9 70+ (no shime-waza / strangles) (1956 or earlier)</p>
Registration and Weigh In:	<p>Friday 27th March 2026: All Groups: 19:30 – 20:30</p> <p>Saturday 28th March 2026:</p> <p><u>On the day weigh in times will be confirmed following entry close.</u></p> <p>All competitors MUST bring their VALID judo license (BJA or BJA affiliate) to registration and their record book showing they meet the minimum grade.</p> <p>Players must satisfy the minimum weight limit for their category, ie for -73kg players must weigh over 66.8kg.</p> <p>An Open Weigh In will be taking place: all players must weigh in wearing a t-shirt/rash guard and competition legal judogi trousers. A 0.8kg allowance will be given for this, i.e. for -73kg the limit is 73.8kg in T-shirt and judogi trousers.</p> <p>Test scales will be available.</p> <p>The wearing of white & blue judogi is not compulsory for this event, but if you have a blue suit, you MUST also have a white Judo Gi. Reversible judogi is not acceptable.</p> <p>Backpatches are not compulsory but if worn must be an official EJU/IJF back number with Name and Country.</p>
Closing Date and Entry Fees:	<p>Early Bird Entry Fee Closing Date: Friday 13th February 2026 – Early Bird Entry Fee £50</p> <p>Standard Entry Fee Closing Date: Friday 13th March 2026 – Standard Entry Fee £60</p> <p style="text-align: center;">All entries must be received by Friday 13th March 2026</p> <p>Entry fee includes a £15 levy to the development of Veterans Judo in the UK</p> <p>A live entry list will be available here: LINK</p>
Photography/Filming:	<p>By entering the event, all participants and parents or guardians of participants consent to photography/filming which may be taken by the host organization/ BJA or an official contractor at the event. You also accept that these photographs or video may be used in future host organization /BJA publications or published by the contractors.</p>
Coaching Passes:	<p>Only coaches with accreditation or a valid BJA Level 2 or above coaching card will be allowed matside. International coaches please contact events@britishjudo.org.uk with proof of coaching for a coaching pass.</p>
Spectator Tickets:	<p>Spectator tickets £6.00 per adult. £4.00 per U16 / OAP</p> <p>Spectator Tickets will be available on the day at the venue. Cash or Card Payment accepted.</p> <p>Spectators must wear their wristband provided throughout the event.</p>

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Venue Directions

SportsDock UEL is an 8 minutes walk from Cyprus DLR station which connects to central London.



Catching the Eurostar? You will arrive at St Pancreas International on Euston Road. From this station to the SportsDock venue, it is 45-60 minutes travel by underground/train. For further directions please Google Maps: [LINK](#)

Want more instructions on how to get to the SportsDocks Use the Accessable website:
[LINK](#)

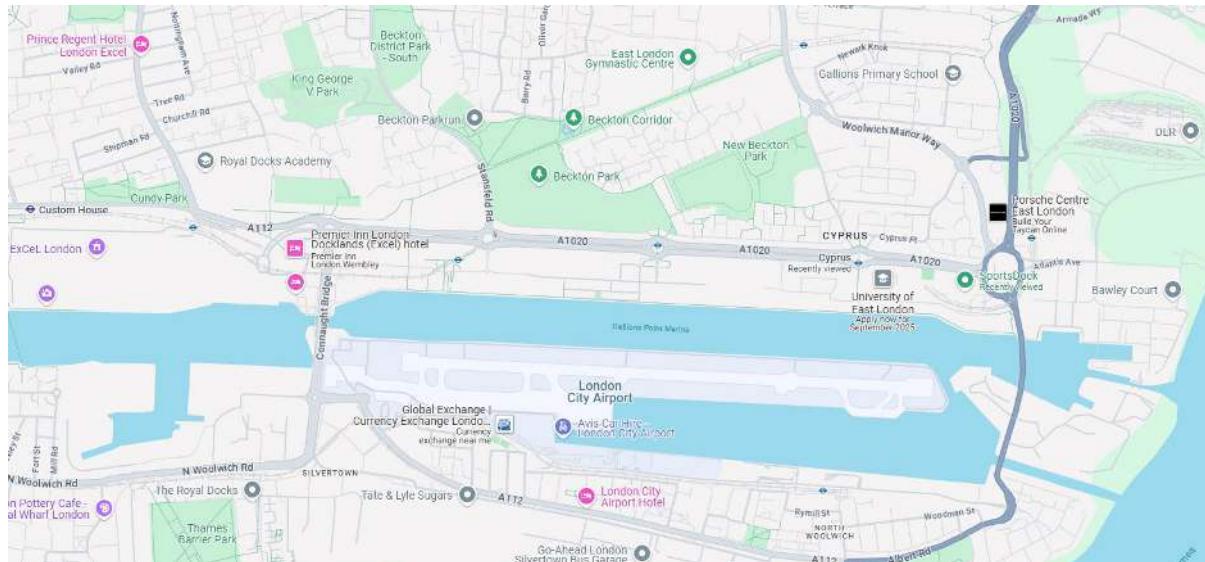
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Airport Details

Airport	Distance to venue (miles)	Distance to venue (minutes)	Travel links
London City Airport	Taxi/ Car 10 mins Bus 15 minutes	2 miles	Public transport routes: LINK
London Stanstead Airport	Bus and train 60-90 minutes Taxi/ Car 45 minutes	32.3 miles	Public transport routes: LINK
London Gatwick Airport	Bus and train 60-90 minutes Taxi/ Car 90 minutes	49.1 miles	Public transport routes: LINK
London Luton Airport	Bus and train 90-120 minutes Taxi/ Car 90 minutes	51.5 miles	Public transport routes: LINK
London Heathrow Airport	Bus and train 60-100 minutes Taxi/ Car 120 minutes	59.6 miles	Public transport routes: LINK

Below map shows the location of the SportsDock in relation to the London City Airport and some local hotels.



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Hotel Options

Hotels located near the Excel centre, this is 1-2 DLR stations away (Prince Regent or Royal Albert)

Hotels name	Travel Time	Address	Website
Holiday Inn Express London Excel ***	10 minutes DLR tube/5 minutes taxi	1018 Dockside Rd, London E16 2FQ	LINK
Travelodge London Excel ***	10 minutes DLR tube/5 minutes taxi	1016 Dockside Road, E16 2FQ, UK	LINK
DoubleTree by Hilton London Excel ****	10 minutes DLR tube/5 minutes taxi	Royal Victoria Dock, 2 Festoon Way, London E16 1RH	LINK
Premier Inn London Docklands Excel ***	10 minutes DLR tube/5 minutes taxi	Royal Victoria Dock, 2 Festoon Way, London E16 1SJ	LINK

Hotels at Customs House DLR Station (3 stations from Cyprus for SportsDock)

Hotels name	Travel Time	Address	Website
Novotel London Excel ****	15 minutes DLR tube/12 minutes taxi	Royal Victoria Dock, 7 Western Gateway, London E16 1AA	LINK
ibis London Excel Docklands ***	15 minutes DLR tube/12 minutes taxi	Royal Victoria Dock, 9 Western Gateway, London E16 1AB	LINK

Hotels at London City Airport

Hotels name	Travel Time	Address	Website
Travelodge London City Airport ***	18 mins by bus/40 minute walk/6 mini taxi	1 Connaught Rd, London E16 2FA	LINK

Other hotels located nearby

Hotels name	Travel Time	Address	Website
Premier Inn London Beckton hotel ***	5 minutes taxi/21 minutes walk	1 Woolwich Manor Way, London E6 5NT	LINK