



# The Scottish Open Judo Tournament 2026

17th & 18th January

sportscotland National  
Centre Inverclyde



## EVENT OUTLINES

## Event Contact Details:

- JudoScotland, South Platt Hill, Ratho, Newbridge, EH28 8AA.
- Email: [events@judoscotland.com](mailto:events@judoscotland.com)
- Telephone: 0131 333 2981 (JudoScotland Office).
- Tournament Contact : Jo Imrie 07543 287641 (mobile).

## Competition Venue:

sportscotland National Centre: Inverclyde, Burnside Road, Largs, KA30 8RW.

## Competition Days:

- **Day1:** Saturday 17<sup>th</sup> January 2026: Adapted & Vision Impaired judoka will start the day at 9.00am followed by the Veterans & Cadets.
- **Day 2:** Sunday 18<sup>th</sup> January 2026 Juniors will start the day at 8.30am followed by the Seniors.

## Closing Date:

All entries and payment must be received by **1200 hours on Monday 5<sup>th</sup> January 2026.**

## Competitor Entry Fee

- Single entry fee: £40.00
- Double entry fee: £75.00
- Triple entry fee: £110.00
  - For a double or triple entry, you must meet the eligibility criteria age, weight & grade specified for all categories

## Entry Fee/ Payment

### JudoScotland Members

- Booking via [www.judoscotland.com](http://www.judoscotland.com).
  - When entering, your username is your JudoScotland membership number.
  - Telephone entries will be accepted if accompanied by a card payment.

[Click Here To Enter Event](#)

### **Non-JudoScotland Members:**

- **Entrants must be either a full member of BJA, WJA, NIJF or a member of an IJF recognised NGB.**
- Entry fee and payment can be made by
  - Telephone entry accompanied by a card payment.
  - Completing the entry form below.

[Click Here To Complete Entry Form](#)

### **Event Type:**

**Level 3** Point Scoring: Adapted L1, L2 & Vision Impaired J1, J2, (VI) & Veterans

- Level three events are designed for players who have had substantial experience at Level Two events.

**Level 4 Point Scoring:** Cadets, Juniors & Seniors

- Level four events are National and Ranking events. They are designed for experienced players.
- Coaches support is requested to ensure that Cadets, Juniors, and Seniors are of an appropriate level for a level 4-point scoring event.

### **Tournament Rules & Eligibility**

- All IJF contest rules will apply; all other rules will be in accordance with the latest BJA Tournament Handbook.
- Entrants must be either a full member of BJA, JS, WJA, NIJF or a member of an IJF recognised NGB.
- It is the judoka's responsibility to check that their licence is up to date and that they meet the eligibility criteria to compete.
- International competitors must produce proof of membership in their Federation.
- All competitors must be within the specified age, grade & weight limits for their category.

If you are uncertain of your eligibility, please contact our National Events Manager

Jo Imrie

Telephone: +44 (0)131 333 2981, Option 2: Events

## Judogi

- The wearing of both white judogi & blue judogi is compulsory for this event in the following categories. Cadet. Junior & Seniors
- Veterans, Adapted & VI competitors only need to have a white judogi, but must have their own blue and white belts.

## Seeding

- This event will be seeded in the Cadet, Junior and Senior categories, which will be based on the current British Ranking list.

## Random Weight Check

- Junior & Seniors normal weigh in rules will apply, names will be displayed/posted on the JudoScotland website and JudoScotland [telegram](#) an hour before the start of the competition.
- The weight of the athlete cannot be more than 5% higher (without Judogi) than the official maximum weight limit of the category.

## Medals

- 4 Medals will be awarded in each category where numbers permit.
- Competitors must have won at least one contest to be eligible for a medal.
- The organisers reserve the right to combine age/weight categories when appropriate.
- Medals will be presented throughout the day.

## Coaches and Mat-Side Coaching

- Scottish coaches must apply for a coaching pass by registering via [www.judoscotland.com](http://www.judoscotland.com) and selecting the coaching pass ticket, prior to the closing date of **1200 hours on Tuesday 13<sup>th</sup> January 2026**.
  - JudoScotland coaches registration will be checked against the JudoScotland coach register, only coaches that have met the criteria will be allowed mat-side.
- Home Nations coaches must apply for a coaching pass by registering, prior to the closing date of **1200 hours on Tuesday 13<sup>th</sup> January 2026**.
  - Home Nations coaches registration will be checked against the British Judo coach register, only coaches that have met the criteria will be allowed mat-side.

- International coaches must email [events@judoscotland.com](mailto:events@judoscotland.com) and attach a copy of your coaching card, to apply for a coaching pass ticket, prior to the closing date of **1200 hours on Tuesday 13<sup>th</sup> January 2026**.
- Coaching passes are non-transferrable.
- Coaches must adhere to the code of conduct for coaches a copy of which will be emailed to coaches upon registration and will be available at coach accreditation.
- Coaches should attend the coaches briefing prior to the commencement of the event in case of any rule changes.
  - The referee in charge will give a briefing on any updates.
- Coaching booths will be used, only one coach per player.

### **Weigh-In for Veterans:**

Will be held on Friday 16<sup>th</sup> January 2026 at the competition venue.

- Test Scales will be available from 16.30 to 17.00 hours.
- Official weigh-in 17.15 to 18.00 hours.
- Veterans can also weigh-in on Saturday 17<sup>th</sup> January 2026 at the competition venue.
- Test Scales will be available from 07.00 hours.
- Official weigh-in 07.15 – 07.30 hours.
- Veterans only need to weigh-in once.

### **Weigh-In for Adapted & Vision Impaired (VI)**

Will be held on Friday 16<sup>th</sup> January 2026 at the competition venue.

- Test Scales will be available from 16.30 to 17.00 hours.
- Official weigh-in 17.15 to 18.00 hours.
- Please note there is no additional weigh in on Saturday. This is to allow appropriate preparation for divisioning to enable the smooth flow of the tournament.

**Divisioning** for Adapted players will take place on Friday 16<sup>th</sup> January 2026 at 18.15

### **Weigh-In for Cadets**

Will be held on Saturday 17<sup>th</sup> January 2026 at the competition venue.

- Test Scales will be available from 10.00 hours.
- Official weigh-in 11.00 to 11.30.

### **Weigh-In for Juniors**

Will be held on Saturday 17th January 2026 at the competition venue.

- Test Scales will be available from 16.30 to 17.00 hours.
- Official weigh-in 17.15 to 18.00 hours.

### **Weigh-In for Seniors**

Will be held on Saturday 18th January 2026 at the competition venue.

- Test Scales will be available from 18.00 to 18.45 hours.
- Official weigh-in 18.45 to 20.00 hours.
- Senior categories will commence on the near completion of the Junior categories.
- Please notify the organisers of any weight category change at weigh in.
- Competitors must arrive at their designated weigh-in times.

### **Additional Weigh-In information:**

If you have entered to two or three categories, you only need to weigh-in once.

- E.g. if you are competing in cadets and junior's categories, you will only need to weigh in at cadets, your weight will be carried forward to juniors.

### **Weight Allowance:**

This event has an **open weigh-in** Judokas must wear a T-shirt/Rash Guard when weighing-in.

### **Females & Males weight allowance 0.8kg**

- Females and Males must wear a white round neck collar T-shirt/Rash Guard, with competition legal judogi trousers for weigh in.
- Females must wear a white round neck collar T-shirt/Rash Guard, with their judogi in competition
- Males can choose to wear a white round neck collar T-shirt/Rash Guard, with their judogi in competition.
- Players must satisfy the minimum weight limit for their category, e.g., U66 kg player must weigh a minimum of 60.9 kg.

## **T-Shirt Criteria**

The standard T-shirt / Rash Guard worn in all categories will be plain white with a round neck collar and have a maximum sleeve length up to 5cm above the wrist joint. There will be no advertising on the T-shirt / Rash Guard of any description other than the standard manufacturers label, maximum size of manufacturers label will be 3cm x 15cm and not visible when the jacket is tied in its normal position. Should a T-shirt / Rash Guard become damaged or soiled to such a degree that the referee decides it requires changing, an appropriate official of the category gender will accompany the athlete to do so. The athlete will not be left on their own during this process. Any changing must be conducted in a changing room irrespective of age.

## **Weight Categories**

**Cadets: 2009/2010/2011** - Contest Times: 4 minutes with unlimited golden score, minimum grade green belt. Strangles and Armlocks Permitted.

- Female: U40kg, U44kg, U48kg, U52kg, U57kg, U63kg, U70kg, O70kg
- Male: U42kg, U46kg, U50kg, U55kg, U60kg, U66kg, U73kg, U81kg, U90kg, O90kg

**Juniors 2006/2007/2008/2009/2010/2011** - Contest Times: 4 minutes with unlimited golden score, minimum grade blue belt. Strangles and Armlocks permitted.

- Female: U44kg, U48kg, U52kg, U57kg, U63kg, U70kg, U78kg, O78kg
- Male: U55kg, U60kg, U66kg, U73kg, U81kg, U90kg, U100kg, O100kg

**Seniors 14 years or older on the day of competition** - Contest Times: 4 minutes with unlimited golden score, minimum grade blue belt. Strangles and Armlocks permitted.

- Female: U48kg, U52kg, U57kg, U63kg, U70kg, U78kg, O78kg
- Male: U60kg, U66kg, U73kg, U81kg, U90kg, U100kg, O100kg

**Veterans 30 years of age at 31<sup>st</sup> December 2026** – you will be put into the category which reflects your age on 31<sup>st</sup> December 2026, minimum grade orange belt.

| Male                    |                                      |                                      |                                      |                                        |
|-------------------------|--------------------------------------|--------------------------------------|--------------------------------------|----------------------------------------|
| Category                | M1/M2                                | M3/M4                                | M5/M6                                | M7+                                    |
| Age                     | 30-39                                | 40-49                                | 50-59                                | 60+                                    |
| Contest Time            | 3 minutes and unlimited golden score | 3 minutes and unlimited golden score | 3 minutes and unlimited golden score | 2.30 minutes and 1-minute golden score |
| Strangles and Arm locks | Strangles and Arm locks permitted    |                                      |                                      | No strangles allowed                   |
| Female                  |                                      |                                      |                                      |                                        |
| Category                | Female Category 1                    | Female Category 2                    |                                      |                                        |
| Age                     | 30 -49                               | 50-59                                |                                      |                                        |
| Contest Time            | 3 minutes and unlimited golden score | 3 minutes and unlimited golden score |                                      |                                        |
| Strangles and Arm locks | Strangles and Arm locks permitted    |                                      |                                      | No strangles allowed                   |

Veterans 30 years or older on day of the event

- Female –U63kg, U78kg, O78kg
- Male – U66kg, U73kg, U81kg, U90kg, U100kg, O100kg

**Please note:** Categories may be merged, to ensure meaningful competition, prior notification be given after the closing date where possible.

**Adapted L1, L2 & Vision Impaired J1, J2 (VI): 14 years or older on day of the competition:**

Contest Times: 3 minutes with unlimited golden score, minimum grade green belt.

- Female: U52kg, U57kg, U63kg, U70kg, U78kg, O78kg
- Male: U60kg, U66kg, U73kg, U81kg, U90kg, U100kg, O100kg

**Please note:** Categories may be merged, to ensure meaningful competition, prior notification be given after the closing date where possible.

**Adapted Classification:**

**Level 1 (L1):** A judoka who can perform in a shiai with a mainstream recreational/competitive judoka. This judoka is fast and powerful and has excellent reactivity. They have a strong feeling for Judo and an excellent strategic view. This judoka has a good understanding of the meaning and goal of the competition on and is capable of participating in mainstream regional, national and international competitions.

**Level 2 (L2):** A judoka who can train and take part in light competition (RANDORI) with mainstream players.

This Judoka understands the meaning and goal of the competition and is capable of taking part in mainstream local competitions and tournaments. This judoka is fast and powerful and has moderate reactivity but is usually late responding to judo situations. They have a good judo feeling but may struggle with processing complex instructions. For more information please refer to the [BJA Tournament Handbook](#) (page 38)

**BJA Adaptive Contest Rules will apply:**

To view the rules [click here](#).

**Vision Impairment Criteria**

**J1:** The Athlete's Vision Impairment must result in a visual acuity of less than or equal to LogMAR 2.6 in binocular vision.

**J2:** The Athlete's visual acuity must be within a range between LogMAR 1.3 and 2.5 with binocular vision, or with a binocular visual field of 60 degrees or less in diameter. Click here to view [IBSA Classification](#).

**Additional Criteria:**

- If Adapted judoka and Vision Impaired judoka are combined categories strangles and armlocks are **not** permitted.
- If there is a category consisting only of Vision Impaired judoka, strangles and armlocks **are** permitted.
- Judoka must have previous engagement / participation in level 3 events to ensure competency.
- Divisioning will be undertaken to ensure appropriate judo ability, the following system for divisioning will be in place.

**Please note:** Categories may be merged, to ensure meaningful competition, prior notification be given after the closing date where possible.

### JudoScotland Adapted & Vison Impaired Judoka Divisioning Criteria

| <p>Sport-specific divisioning in Judo is crucial for fostering fair competition and maximising athletes' potential. By categorising participants based on weight, skill level, age, and gender, divisioning ensures balanced matches, reducing the risk of injury and promoting safety. It allows judokas to compete against peers of similar abilities, enhancing the competitive experience and encouraging skill development. This tailored approach supports athletes' confidence and progression, making the sport more inclusive and accessible. Moreover, it helps in identifying talent and potential at various levels, ultimately contributing to the overall growth and excellence in the sport of Judo. JudoScotland aims to implement a divisioning system that is both fair and specific to Judo, ensuring a clear understanding of athlete categorization. Our primary objectives are safety, fairness, and the overall quality of the event.</p> |                                                                     |                                                                                            |                                                     |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------|
| <b>Judo Movement</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>Judo Nage Komi</b>                                               | <b>Judo - Randori</b>                                                                      | <b>Judo - Terminology</b>                           |
| <b>Judoka must demonstrate</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>Judoka must demonstrate</b>                                      | <b>Judoka must demonstrate</b>                                                             | <b>Judoka must demonstrate</b>                      |
| Ukemi - forward/back wards                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Two standing forward techniques of their choice.                    | One-minute randori style practice. Randori practice must incorporate Tachi Waza and Newaza | Understanding of Judo terminology and contest rules |
| Tsugi Ashi movement around a designated area                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Two standing combination techniques using Ashi Waza of their choice |                                                                                            |                                                     |
| Shadow Uchi Komi movement incorporating forward, backward                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | One standing combination technique linked Nezawa technique          |                                                                                            |                                                     |

|                                                                                                                                                                                                                                                                                                                                                                                                   |  |  |  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| and combination techniques                                                                                                                                                                                                                                                                                                                                                                        |  |  |  |
| <p>JudoScotland aims to implement a divisioning system that is both fair and specific to Judo, ensuring a clear understanding of athlete categorisation. Our primary objectives are safety, fairness, and the overall quality of the event. In terms of safety, JudoScotland' s divisioning assessors have the right to halt any stage of the assessment if they believe a player is at risk.</p> |  |  |  |

### **Venue Facilities**

- Small café onsite.
- Free car parking (limited spaces, but on street parking is available).
- Lockers free to use, (please bring a small padlock) or JudoScotland will have some padlocks to borrow for a £5.00 deposit.
- No cash machine onsite.

### **Spectator Ticketing**

- Spectator Fee in Main Hall: £5.00 per day per person,
  - No spectator charge for children (under 16).
  - Spectator tickets can be pre-booked through the JudoScotland office prior to the event.
- Executive Admission – Scottish Open Experience Ticket Price: £10.00 per day per person.
  - Executive Admission Tickets are limited and must be pre-booked through the JudoScotland office prior to the event.
  - Enjoy the Scottish Open in style from the comfort of the balcony seating. Relax in a premium seat with a perfect view of the action.
  - Morning and afternoon refreshments included – tea, coffee, and biscuits.
- Spectator entry is available from 0800 hours.
- Spectators do not gain access to mat-side.

## **Passenger Transfers from Glasgow International Airport Only**

- Transfers can be booked between Glasgow International Airport and the tournament venue/ official accommodation **only**.
- Transfers will be offered only to those participants who book their accommodation via the organiser in advance.
- Transportation from Glasgow International Airport to the sportscotland National Centre: Inverclyde, will be charged at £30.00 per person for a return journey.

## **Pick Up Times:**

- Friday 16<sup>th</sup> January 12.00(noon), 15.00, 18.00 hours
  - A 23-seater coach will be used for transfer per run; seats will be allocated a first come first serve basis.
- Saturday 17<sup>th</sup> January 13.00 hours

## **Return Trips:**

- Saturday 17<sup>th</sup> January 19.00 hours
- Sunday 18<sup>th</sup> January 19.00 hours
- No other transfers will be available outside of these dates and times.
- Priority for accommodation will be given to delegates using our Transfers service.
- Bookings can be done on event entry (by completing the link on page 2), please complete relevant information on the form.

## **Transport Links**

- [Glasgow International Airport, Paisley PA3 2SW](#) (24miles).
- [Prestwick International Airport, Prestwick KA9 2PL](#) (28miles)
- The nearest train station to the venue is [Largs Train Station](#) (1.2miles).
- [Bus Links](#) from Glasgow City Centre via Clyde Flyer.

## **Accommodation**

### **sportscotland National Centre Inverclyde**

- Only twin rooms are available, no single occupancy.
- Priority will be given to delegates using our transfer service.

| Price per person/night                                                       |        |
|------------------------------------------------------------------------------|--------|
| Twin Room (Sharing) Bed & Breakfast                                          | £60.00 |
| Twin Room (Sharing) with Half Board (Breakfast & Dinner) (Competitions Days) | £81.00 |

- Other accommodation within easy travelling distance of the event venue can be booked via: [SportsHotels.com](https://sports-hotels.com), the Official Accommodation Partner of JudoScotland, is here to help secure the ideal accommodation at the perfect price.

All participants can take advantage of exclusive discounted hotel rates, with savings of up to 40% at a range of hotels near the event venue.

[Explore accommodation options on their website here.](https://sports-hotels.com)

### Need Assistance?

The SportsHotels.com team is ready to help with any accommodation queries. Feel free to reach out directly:

✉ Email: [SportsDesk@sportshotels.com](mailto:SportsDesk@sportshotels.com)

☎ Phone: +44 208 129 5556

### General

#### Using Your Personal Information

We will use the information provided on this form so that we can: process your entry or booking for a course, event, or competition; and to communicate with you in relation to your attendance at that event. The full JudoScotland Privacy Notice can be viewed at: [www.JudoScotland.com](https://www.JudoScotland.com).

Although age and weight categories are in place, it may be necessary to combine categories on the day.

Video recording and photography of the activities may take place at this event and may be used for promotional purposes including publication on websites and social media.

By entering you indicate your acceptance of these conditions and parents (in the absence of any expressed objection) provide their consent to the taking and use of photos/videos.

All information supplied will only be used for event organisation purposes.

All EU competitors must make themselves aware of the changes to the immigration policy. The event is run in line with the JudoScotland/BJA Child Protection Policy.

### **Event Management:**

The decision of the Event Organiser is final.

### **Welfare and Safeguarding:**

The event will be run in accordance with the JudoScotland / BJA Child Protection Policy. Information poster of our Wellbeing and Protection Officer will be displayed throughout the venue.

If you have any concerns about judoka welfare on the day, please contact our Lead Wellbeing and Protection Officer:

Luke Struthers

Email: [safeguarding@judoscotland.com](mailto:safeguarding@judoscotland.com)

Tel: 07495 836223

### **Liability**

JudoScotland shall not be liable for any delay or failure to perform any obligation, or for any alterations/cancellations, due to causes beyond its reasonable control. These may include, but are not limited to:

- Venue closure
- Strikes, lockouts, or labour disputes
- Acts of God (e.g. war, riot, civil unrest, terrorism, etc.)
- Threats to safety, compliance with government laws or orders
- Environmental contamination, pandemics, disease outbreaks
- Equipment failure, fire, flood, storm
- Shortage or increased cost of staff, materials, or goods or raw materials in connection with the performance of this agreement.

### **Refund Policy**

#### **Entry Fees**

Entry fee refunds will only be issued if requested prior to the official closing date of the event. No refunds will be considered after this date under any circumstances, and all refund requests may be subject to applicable administrative fees.

## Accommodation Fees

Refunds for accommodation which have been booked through JudoScotland will be issued only in cases where the accommodation can be resold, subject to successful resale and may be subject to applicable administrative or processing fees.

## Additional Information

By entering and/or attending this event you agree to abide by all British Judo Association policies and codes of conduct.

This includes but is not limited to:

- Transgender policy <https://www.britishjudo.org.uk/what-we-do/policies/transgender-eligibility-and-participation-in-competition-policy/>
- Codes of conduct <https://www.britishjudo.org.uk/membership-terms-conditions/>
- Contest rules <https://www.britishjudo.org.uk/compete/organising-a-competition/contest-rules/>
  - <https://www.britishjudo.org.uk/roles-and-clubs/roles/referees/resources/>
- Stoma bags: <https://www.britishjudo.org.uk/participation-in-competition-with-stoma-bags/>
- Prosthetic limbs: <https://www.britishjudo.org.uk/participation-in-competition-with-prosthetic-limbs/>

You must contact the organisers and [events@britishjudo.org.uk](mailto:events@britishjudo.org.uk) if you require any support at the event or have any questions regarding the above points.

Please note that failure to comply with these policies and codes of conduct may result in not being able to compete/attend this event, or removal from the event, and notification to the British Judo