



HIGH WYCOMBE NE-WAZA CHAMPIONSHIPS 2025

Saturday 13th September 2025

<u>Venue:</u>	High Wycombe Judo Centre, Barry Close, High Wycombe, Bucks, HP12 4UE Tel: 01494 461838 Email: jackie@hwjc.co.uk Website: www.hwjc.co.uk, Find us on Facebook
<u>Eligibility:</u>	This tournament is for men and women over 14 years holding a full valid BJA licence ONLY.
Senior	
<u>Group 1</u>	Male novice to Blue belt (6 to 2 kyu)
<u>Group 2</u>	Female novice to Blue belt (6 to 2 kyu)
<u>Group 3</u>	Male Brown to Black belt (1st Kyu+)
<u>Group 4</u>	Female Brown to Black belt (1st Kyu+)
Veteran 30-49 yrs	
<u>Group 5</u>	Male open grade
<u>Group 6</u>	Female open grade
Veteran 50yrs +	
<u>Group 7</u>	Male open grade
<u>Group 8</u>	Female open grade
<u>Weigh In Times</u>	To be published once entry date has passed. Male competitors must weigh-in wearing competition acceptable judogi trousers. Female competitors must weigh in wearing competition acceptable judogi trousers and plain white T-shirt. Allowances applied as per BJA guidelines.
<u>Method of Competition</u>	<ul style="list-style-type: none">• All competitors we placed into pools of 4 or 5 based on weight and grade.• All contests will be 3 minute duration. Arm locks and strangles in all groups.• BJA rules will be strictly adhered to throughout the tournament.
<u>Please Note</u>	<ul style="list-style-type: none">• Please produce a valid full BJA license when booking in. We are not able to allow participation without a valid full licence nor are we able to refund entry fees.
<u>Closing Date:</u>	Tuesday 02nd September 2025 or when entry limit is reached
<u>Entries:</u>	Entry by online submissions via BJA

ENTRY FEE: £28.00 (fees are non-refundable) **LATE ENTRY FEE: £33:00**
DOUBLE ENTRY FEE (Newaza and Kyu Grade Cup): £40.00





Spectators fee on the day - Adults £4.00 - Children Free.

By entering competitors agree to the following:

- I will comply with rules set out by the BJA and competition organiser.
- I understand and agree that neither the organisers of the event nor the BJA (nor any of its officials or members) shall be liable or responsible for any personal injury or for any loss or damage to my property arising out of my participation and travelling in connection with this competition.
- I am totally responsible for my own state of health and can confirm that all details provided are correct.
- I accept all decisions of the officials/event organisers as final

High Wycombe Judo Centre has an on-site café and only food and drink purchased from our café is permitted to be consumed in our social area. No food or drink (only drinking water) is to be taken into the do-jo.

[Guidelines for Ne-waza Competition](#)

Basic Rules

This is a Judo Ne-waza competition; a minimum of one knee (or equivalent) must remain on the tatami at all times. If a technique requires momentary simultaneous removal of both knees from the tatami onto both feet, then it is left to the referee's discretion to determine if in his/her opinion this is a legitimate removal of both knees from the tatami.

1. When their names are announced the contestants will Rei onto the mat.
2. When the referee beckons them forward, they will walk to the middle of the side edge of mat and Tachi-rei (standing bow) to each other.
3. When the referee is sure the table officials are ready, s/he will beckon the competitors to middle of mat, when they are 1 metre apart, they will kneel and Za-rei (kneeling bow) to each other.
4. They will then kneel in the up position and raise the other leg with foot flat. (ie kneeling on one knee).
5. On the command of Hajime, the contest will start - they have 15 secs to take hold and attempt to take control.
6. If competitors become locked together with no one appearing to be able to gain an advantage then Matte should be called. The competitors are brought back to the centre of the mat.
7. Osaekomi, 20 Secs Ippon, 10 Secs Waza-ari. Waza-ari and Ippon will be the only scores used.
8. Internationally recognised Judo Ne-waza rules will apply.

Termination of fight

On referee's call of **Ippon**, and/or **Sore-made** both competitors will stand and tidy themselves up and return to their kneeling start positions.

1. The Referee will indicate the winner as shown by the scores on the scoreboard.
2. Both the judoka will perform a Za-rei.
3. Both the judoka will stand then back off to the edge of the mat area and both perform a Tachi-rei.
4. Tachi-rei to the mat, before the winner gives their name to the table.

