



## **NORTHERN HOME COUNTIES AREA LEVEL 1 KATA CHAMPIONSHIPS**

**Open to all Judoka this kata Competition is limited up to 25 pairs only**

(But will cater for up to 30 individual Kata's. So, this means that any kata pair could do 1 or more kata. This will be done on a First come First served bases)

**Date:** Sunday 30<sup>th</sup> November 2025

**Cost:** Senior: £25per Kata (£12.50 per judoka)  
Junior: Category A £10per Kata (£5 per Judoka)  
Junior: Category B £15 per Kata (7.50 per Judoka)

**Booking in:** 9 am to 9.30 am for a 10 am start time

**Venue:** Pinewood Judo Club, Old Wokingham Rd, Wokingham RG40 3AQ

### **Northern Home County Rules for this Event:**

- 1) Players must have an up-to-date Judo licence.
- 2) Strictly White Judogi Only
- 3) There will only be Gold, Silver and 1 Bronze per kata
- 4) In the event of a draw the ones that have drawn will do that entire kata again.
- 5) A pair cannot change roles in the same kata in the same age group.
- 6) If a player gets injured and cannot continue, they are out of that contest.
- 7) If a player has a minor injury the kata will stop and when possible, start again from beginning.
- 8) There will be three judges and they will be seated approximately 1 meter apart, and they will score each technique 0 to 10
- 9) As the **Gonosen-no-kata** can be done in different ways, the format for this event will be: Two sets of 6 attacks with 6 counters as laid down in the BJA Dan grade technical theory Exam. This will also include the correct **Kodokan Nage-no-kata** Bowing procedure at start and finish with the in-between tidy up at the end of the first set.

**Entries By:** Wednesday 19<sup>th</sup> November 2025

**Enquiries** Contact Paul Jordan on 07746 572527 or

**Email:** [pauljor61jc@hotmail.co.uk](mailto:pauljor61jc@hotmail.co.uk)



## **Juniors – Category A £10 Category B £15 per Kata**

### **Category A: 8-11**

Demonstrate sets 2 & 3 of **Nage-no-kata**

Demonstrate sets 1 of **Katame-no-kata**

### **Category A: 12-15**

Demonstrate sets 1,2 & 3 of **Nage-no-kata**

Demonstrate sets 1 & 2 of **Katame-no-kata**

Demonstrate sets 1& 2 of **Ju-no-kata**.

## **Seniors - £25 per Kata**

### **Category B: 16+**

Demonstrate the entire **Nage-no-kata**

Demonstrate the entire **Katame-no-kata**

Demonstrate the entire **Ju-no-kata**

Demonstrate the entire **Kodokan Goshin-Jutsu**.

Demonstrate the entire **Kime-no-kata**

Demonstrate the entire **Koshiki-no-kata**

Demonstrate the entire **Gonosen-no-kata**

Demonstrate the entire **Itsutsu-no-kata**

**Entries By:** Wednesday 19<sup>th</sup> November 2025

**Send entry to:** NHC Kata Lead, 96 Underwood Road, High Wycombe, Buckinghamshire, HP13 6YA or by email to [pauljor61jc@hotmail.co.uk](mailto:pauljor61jc@hotmail.co.uk)

**Payment by online entry** <https://form.jotform.com/232162725176354>

**OR bank transfer to:** Northern Home Counties Area

Bank	Sort Code	A/C Number	Reference
HSBC	40 38 04	25193966	KATA17DEC[PLAYERNAME]

# NHC Kata Competition Junior – 30<sup>th</sup> November 2025

## ENTRY FORM

Category	Kata to be demonstrated	
Participant Details	Tori	Uke
Name		
Date of Birth / Age		
Licence No		
Expiry Date		
Club / Area		
Address		
Contact Number		

Category	Kata to be demonstrated	
Participant Details	Tori	Uke
Name		
Date of Birth / Age		
Licence No		
Expiry Date		
Club / Area		
Address		
Contact Number		

Category	Kata to be demonstrated	
Participant Details	Tori	Uke
Name		
Date of Birth / Age		
Licence No		
Expiry Date		
Club / Area		
Address		
Contact Number		

# NHC Kata Competition Senior- 30<sup>th</sup> November 2025

## ENTRY FORM

Category	Kata to be demonstrated	
Participant Details	Tori	Uke
Name		
Date of Birth / Age		
Licence No		
Expiry Date		
Club / Area		
Address		
Contact Number		

Category	Kata to be demonstrated	
Participant Details	Tori	Uke
Name		
Date of Birth / Age		
Licence No		
Expiry Date		
Club / Area		
Address		
Contact Number		

Category	Kata to be demonstrated	
Participant Details	Tori	Uke
Name		
Date of Birth / Age		
Licence No		
Expiry Date		
Club / Area		
Address		
Contact Number		