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JOB DESCRIPTION

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| JOB TITLE | Physiotherapist (British Judo & British VI Judo) |
| SALARY | £40,819 (p.a pro-rata if part time) |
| GRADE | FH2 |
| HOURS | 0.6-1.0FTE (22 hours or 37 hours available, please specify on application) |
| LOCATION | British Judo National Training Centre, Walsall, West Midlands |

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ROLE SUMMARY

This role offers an exciting opportunity for a suitably qualified and experienced physiotherapist to provide exceptional Physiotherapy and rehabilitation services to British Judo Olympic and Paralympic World Class Programme athletes.

Working in a fully integrated way with coaches and the wider multi-disciplinary team, the successful candidates will play a critical role in optimising athlete availability for preparation and world-leading performance. There will be a strong rehabilitation component to the role.

The role will be based at the British Judo National Training Centre in Walsall, with a requirement to support international camps and competitions in the region of 2 weeks per year.

KEY RESPONSIBILITIES

- Provide highly specialised musculoskeletal assessment, diagnostics, management, and rehabilitation services to improve 'return to performance' outcomes for athletes.
- Responsible for delivering targeted systems and projects to optimise rehabilitation and mitigate health problems aligned to performance goals and aspirational targets.
- Contribute to the development and delivery of targeted performance-focussed projects through effective team working and the utilisation/integration of specialist knowledge.
- Co-ordinate the provision of physiotherapy and physical health services across the British Judo World Class Program, particularly for domestic training camps held at the National Training Centre
- Support the leadership, management, and alignment of other health care practitioners across the performance support team (e.g., contracted physiotherapists, soft tissue therapists).
- Provide a primary point of contact for British Judo World Class Program athletes and coaches for delivery relating to athlete health in the UK and overseas.
- Work independently at training and competition locations making autonomous triage and primary care decisions and having responsibility for managing complex medical presentations beyond, or alongside immediate sports injury management and rehabilitation.
- Responsible for the management of immediate emergency medical and trauma care situations in the training and competition environment domestically and overseas.
- Provide a key role in assuring medical governance standards to safeguard athlete physical and mental health.
- Contribute to cross-sport learning and accelerated development across the high-performance system through collaboration and the sharing of knowledge, experience, and expertise.

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ROLE DIMENSIONS

REPORTS TO DIRECT REPORTS

British Judo Head of Performance Support

BUDGET ACCOUNTABILITY

N/A

N/A

KEY RELATIONSHIPS

- Judo Physiotherapist
- Chief Medical Officer
- Head of Performance Support
- Performance Director
- SEM/Physiotherapy Team

- Performance Support Team
- National Coaches
- UKSI Athlete Health Lead
- UKSI health care practitioner network
- University of Wolverhampton Sports Therapy and Sports Science Departments

PERSON SPECIFICATION

COMPETENCY AREA

ESSENTIAL / DESIRABLE ASSESSED BY

Qualifications

Degree in Physiotherapy

Essential

Sight of certificate

Membership of the Chartered Society of Physiotherapy (MCSP) and registered with the Health and Care Professions Council (HCPC)

Essential

Sight of certificate

Current AACP (Acupuncture Association of Chartered Physiotherapists) membership - (Only essential if delivering Acupuncture within the sport)

Essential

Sight of certificate

Higher degree (or working towards) specialising in Sports Physiotherapy / Sport and Exercise Medicine / Strength and Conditioning or substantial evidence of post-graduate professional development, reflective practice, and experiential learning in sport

Desirable

Sight of certificate

Experience

Minimum of 3-5 years post-graduate clinical experience in the provision of specialist musculoskeletal physiotherapy services with experience working

Essential

Application Interview

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| with sporting populations (this should include work with high-performance teams), including: | | |
| <ul style="list-style-type: none"> - Experience supporting athletes during competitions or training camps. - Working within a multi-disciplinary team to evaluate and manage complex clinical presentations and develop impactful solutions through interdisciplinary collaboration. - Development and delivery of athlete rehabilitation strategies to optimise 'return to performance' outcomes for athletes. - The utilisation of data and insight to inform, develop, and deliver effective approaches to mitigate injury/illness risk and optimise performance. - Experience of working as a first responder in acute/emergency medical and trauma management situations in sport. | | |
| Experience providing specialist physiotherapy services assessing and managing visually impaired athletes which may include application in disability/Paralympic Sport. | Desirable | Application/Interview |
| Leadership/managerial experience (e.g., service development, clinical supervision, and mentorship of others). | Desirable | Application/Interview |
| Experience navigating complex working environments and establishing effective working relationships across key stakeholders. | Essential | Application/Interview |
| Knowledge and Skills | | |
| An understanding of the performance demands and needs of elite athletes and coaches. | Essential | Interview |
| Specialist musculoskeletal knowledge and clinical reasoning skills with considerable experience of application in sport. | Essential | Interview |
| Knowledge of contemporary advances in applied musculoskeletal medicine (encompassing assessment, clinical reasoning, rehabilitation, return to performance, and injury/illness risk management). | Essential | Interview |
| A broad understanding of sports science and sports medicine disciplines and their roles in performance. | Essential | Interview |
| Significant understanding of specialist technical skills and knowledge underpinning the delivery of athlete management and rehabilitation in the performance environment (Including physical training and adaptation, testing and monitoring, periodisation/planning, and coaching). | Essential | Interview |
| Ability to work independently, prioritise workload and balance conflicting demands. | Essential | Interview |
| Effective problem solving and decision-making skills with an ability to deal with uncertainty by identifying goals and developing a plan to move forwards. | Essential | Interview |

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| Skilled in building and maintaining productive relationships with colleagues and stakeholders. | Essential | Interview |
| Excellent interpersonal and communication skills. | | |
| Ability to evaluate and interpret data and insight to communicate meaning that is easily understood by a wide range of audiences. | | |
| Ability to work irregular and antisocial hours as required including work outside normal hours, at evenings, weekends, and public holidays. | | |
| Ability to travel throughout the network and work at domestic and international competitions and training events. | | |
| May be required to work with athletes under 18 (DBS check required) | No | |

All UKSI practitioners are expected to engage with and support training and professional development in anti-doping, i.e., Introduction to Clean Sport, safeguarding and GDPR. Practitioners are also expected to adhere to all UKSI policies and procedures and show commitment to promoting and supporting equality, diversity, and safeguarding within sport.

END OF JOB DESCRIPTION