

UKCC JUDO LEVEL 2 LEARNING PROGRAMME OVEVIEW

Level 2 Consists of two separate weekends (Sat/Sun – Sat/Sun) set two to four weeks apart and the Learning programme includes a mock assessment and personal action planning process before a period of extended study and logged Coaching practice prior to the final assessment day:

Day 1	Day 2		Day 3		Day 4		Day 5
Module 1 Welcome and Induction Judo Coaching – The Big Picture	Module 5 Judo Principles 2 (Breaking down techniques)	C O A C H I N G P R A C T I C E - S E S S I O N S	Module 9 The whole judo Player Group 2	I N T A S S E S S I O N S G 1	Module 11 Judo Principles 3	C O A C H I N G P R A C T I C E 6 W E E K P R O G R A M M E	Independent Assessment
Module 2 Knowing your players	Module 6 Safe Judo		Module 10 Planning and Evaluating III Group 2		Module 12 Adapting sessions		Independent Assessment
Module 3 How people learn? Judo Principles 1 (Basic Judo Principles)	Module 7 Planning and Evaluation 1		Module 9 The Whole Judo Player Group 1	Module 13 Developing Coaching skills with style II	Independent Assessment		
Module 4 Introducing Coaching skills with style I	Module 8 Planning and Evaluation II		Module 10 Planning and Evaluating III Group 1	Module 14 Managing a quality session	Independent Assessment		