



“THIS IS A BRITISH JUDO ASSOCIATION LICENSED COACH EDUCATION COURSE”



BJA NATIONAL COACHING COURSE

Sunday 4th September 2005

Venue: English Institute of Sport
Coleridge Road
Sheffield
S9 5DA

Time: 09:30 – 17:00 – (Booking In from 09:00)

Programme: Workshop 1 – sportscoachK Good Practice & Child Protection Workshop

Workshop 2 – Strength & Conditioning for Judoka

Workshop 2 – Aspects of Psychological Training for Judo Players

Mat Sessions – Specialist Skills required for Judo Coaching

Cost: £25.00 per person (including free polo shirt – please state size below).
Lunch and coffee breaks included.

Please bring: Judogi, Notebook & Pen.

Please Note: Places are limited and allocated on a first come first served basis and **must** be booked in advance.

‘Pay on the Day entry to this event will not be allowed’

Please book early – limited places. Closing date for all bookings is Friday 26th August 2005.

(TEAR OFF HERE)

BJA NATIONAL COACHING COURSE

ENGLISH INSTITUTE OF SPORT, SHEFFIELD. 4th SEPTEMBER 2005.

Please reserve me a place on the above my payment of £25.00 is enclosed.

Please note that I already hold a scUK Good Practice & Child Protection Certificate.

(Tick Box)

Name: _____ (Please complete one slip per person).

Address: _____

Postcode: _____

Contact Telephone No: _____ Polo Shirt size S / M / L / XL

(Please Circle Size)

BJA Grade: _____ BJA Licence No: _____ Expiry Date: _____

Current BJA Coach Award Held: _____

Completed slips should be returned with payment to: BJA Coaching Administrator
BJA Suite B – Technology Centre,
Epinal Way, Loughborough LE11 3GE.

For confirmation and location map please enclose a stamped addressed envelope.