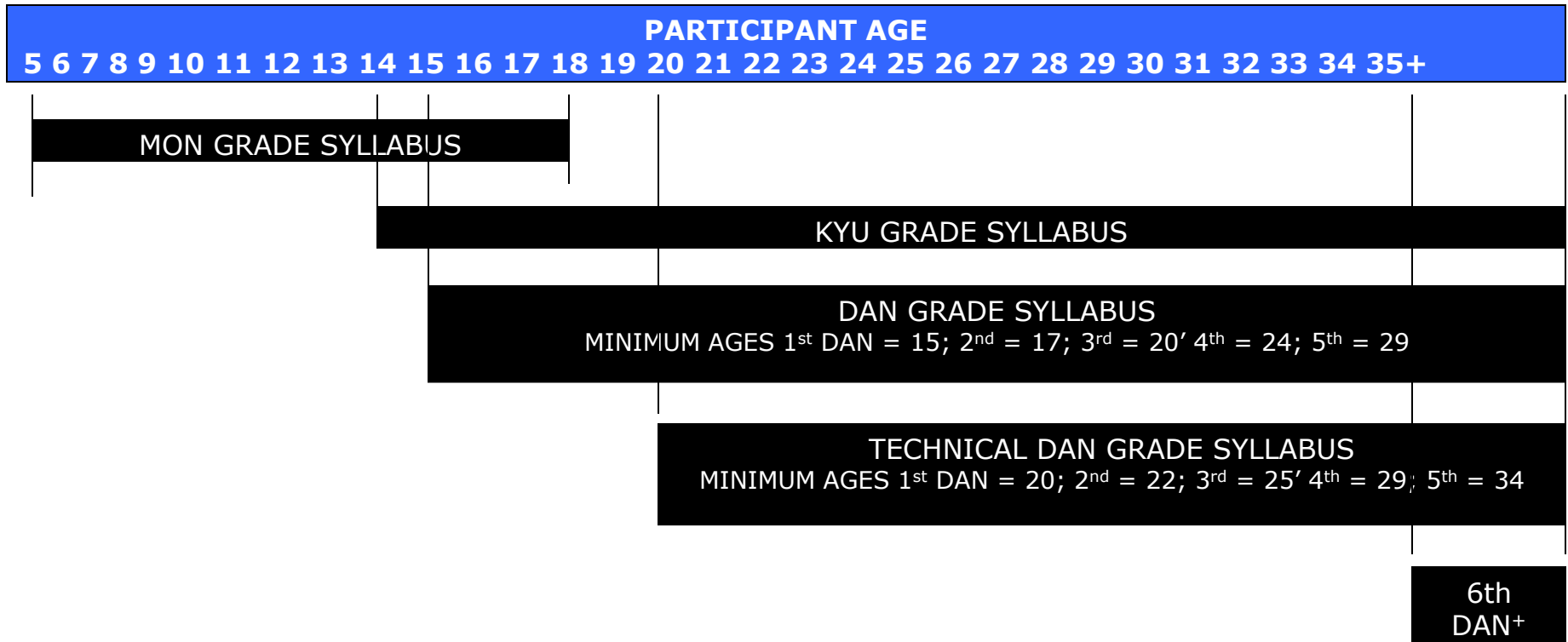


Technical Dan Gradings

Dave Horton-Jones

National Director of Examiners

BJA Grading Pathways / Timeframes



Technical Dan Gradings

- SECTION 1 Candidate is expected to have knowledge of many of the key points of the waza including:-
- The waza in its traditional form.
- Most suitable grip and an alternative grip.
- Kuzushi and an alternative Kuzushi.
- Tsukuri and an alternative Tsukuri.
- Renzoku with the selected waza as 1st attack.
- Renzoku with the selected waza as final throw.
- Renraku with the selected waza as 1st attack.
- Renraku with the selected waza as final throw.
- Kaeshi using the selected waza as a counter and also as to how the waza may be countered.
- Any other information such as uchikomi drills.

Technical Dan Gradings

- SECTION 2 Candidate is expected to have knowledge of many of the key points of the waza including:-
- Standard performance of the selected waza.
- Performance version.
- Method of escape.
- Uchikomi drill.
- Combinations either with waza as 1st or 2nd waza.
- Methods of transition from tachi waza.

Technical Dan Gradings

- SECTION 3,4 and 6 Candidate should understand the reasoning for linking the waza together such as-
- Body contact, maintaining contact as Uke resists and reacts. Feint to make an action to set up uke or to provoke a reaction.
- Time phase using multiple attacks causing uke to change posture or grip.
- Te waza where a hand movement cause uke to react and move into a weaker posture.

Technical Dan Gradings

- SECTION 5 Candidate should understand the reasoning for the counter waza.
- Anticipation as the opponent attacks.
- Body block after stopping an attack
- Failed attack as opponent exits an attack

Technical Dan Gradings

- SECTION 7,8 & 9 Candidates are to be able to demonstrate knowledge by performing 1 complete kata for 1st Dan, 2 katas for 2nd Dan and 3 for 3rd Dan. Alternatively candidate can use 2 judoka that they have coached.
- SECTION 10 Candidate should have a thorough knowledge of the waza, its development and influencing factors such as grip, movement and stance.

Gradings

- What should we change - if anything?

Technical Dan Gradings

- Thank you for taking part – questions please?