

## WOMEN AND GIRLS ONLY SESSION

British Judo Association would like to invite you to attend a Women and Girls only session in the North West area. Don't miss this fantastic opportunity to meet and train alongside your female friends in a fun, challenging and interactive learning environment.

These sessions are being organised as part of the North West Women and Girls squad and BJA Women and Girl's initiative (which is funded through Sport England). It is important that we have your support on this initiative in order to develop female judo within the BJA.

No prior registration is required - just turn up on the day. If you like you can drop **Sharon Mills** or **Kerry Finney** an email: Sharon - [sharon.mills57@ntlworld.com](mailto:sharon.mills57@ntlworld.com) (Telephone: 07939444460); Kerry - [kerry.finney@britishjudo.org.uk](mailto:kerry.finney@britishjudo.org.uk) (telephone: 07967778121)

If there are any women out their interested in learning more about this initiative, or want to be involved in supporting it, please contact **Joyce Heron** (BJA Technical Officer - e-mail: [joyceheron@britishjudo.org.uk](mailto:joyceheron@britishjudo.org.uk), mobile: 07967 773813).

**Venue:**

2nd Floor Lynnyshaw Mill  
260 Manchester Rd  
Walkden  
Manchester  
M28 3TR

**Book-in:**

09.15am – 09.30am

**Session Time:**

09.30am– 1.00pm

**Date:**

Saturday 13<sup>th</sup> March 2010

**Cost:**

**£2.50 (subsidised by BJA and North West)**

**Coaches:**

Kerry Finney (BJA Technical Officer)

Sharon Mills (North West Women and Girls Squad)

