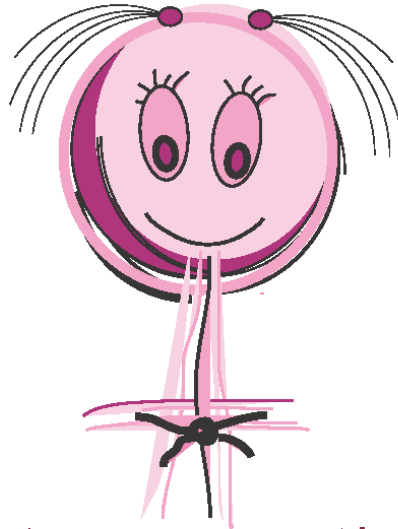


BRITISH JUDO ASSOCIATION
NATIONAL WOMEN AND GIRLS ACTIVITY WEEKEND
19TH / 20TH JUNE 2010



strong · gentle
beautiful
women and girls in judo

***** AN OPPORTUNITY NOT TO BE MISSED *****

DAY 1: COACHING FROM CURRENT AND FORMER OLYMPIC, WORLD AND EUROPEAN PLAYERS

British Judo would be extremely pleased to be able to offer you the chance to experience a judo session with some of Britain's most successful female players. Throughout the day you will be given the opportunity to develop your technique as well as practice randori (at your own level) with other women and girls through-out the country. For further information please contact Joyce Heron – joyce.heron@britishjudo.org.uk or mobile 07967773813

Coaches:

- Sarah Clark 4th Dan** (Former European Champion and Current International Player)
- Karen Roberts 5th Dan** (Former World and European Medallist and BJA Performance Operations Manager)
- Ann Hughes 7th Dan** (Former World and European Champion)

DAY 2: VOLUNTEERS TRAINING DAY

Two of Britain's most experienced volunteers will be running a training day for experienced and non-experienced volunteer females for Table Officials and Referees. This is an opportunity not to be missed as they will discuss many new ideas and rules surrounding their particular discipline. Please contact Elaine Down if you require further information – elaine.down@britishjudo.org.uk or mobile 07969163424.

Tutors:

- Sharon Cottis** (Chair - NHC Competition Commission, Sub-committee Member - National Technical Officials' Commission and Competition Controller)
- Elaine Down** (International Referee, Secretary & Examiner Co-ordinator - NRC, Director of Referees – NHC and National Volunteer Manager)

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VENUE:

Wycombe Judo Centre
Barry Close
High Wycombe
HP12 4UE

SESSION TIMES:

Day 1:
10.00am – 4.00pm (9.30 am check-in)

Day 2:
9.30am – 4.00pm (9.00 am check-in)

COST (PLEASE CIRCLE YOUR CHOICE):

Day 1	£5.00
Day 2	£5.00 (award subsidised through Women and Girls Initiative)
Day 1 and 2	£10.00

PLAYER/VOLUNTEER DETAILS:**CLUB:****BJA MEMBERSHIP:****NAME :****GRADE:****ADDRESS:****TELEPHONE NUMBER:****EMAIL:****HOW TO BOOK****CREDIT CARD DETAILS:**

MasterCard Visa Switch Maestro

Card Number: _____

CW Number: _____ Expiry Date: _____

Issue Number: _____

Signature: _____

Name and address of cardholder if different from above:

BOOK ONLINE AT:

www.onlineentries.co.uk/events/bja/

or cheque by post to:

Joyce Heron
40 Waterfront Way
Walsall
WS2 9NH

*All cheques should be made payable to the:
British Judo Association*

Substitutions, Cancellation, and Refund Policy:

Substitutions are welcome at anytime. Written cancellations made more than 4 weeks prior to the event date will be refunded. Written cancellations made two weeks or more prior to the event date will be subject to a 50% refund. Cancellations made within 2 weeks of the event date cannot be refunded. All cancellations must be made in writing. British Judo reserves the right to alter the programme without notice due to unforeseen circumstances. We also reserve the right in our absolute discretion and without further liability to cancel the programme in which all monies will be refunded. British Judo Association safe guards your data.