



**British Judo Association
Level One
Suffolk Youth Games
Judo Championships**



DATE: Sunday 12th July 2009

VENUE: King Edward VI School, Grove Road, Bury St Edmunds

LTPD: FUNDamental Event: These events are purely development ones where the emphasis is very much about 'FUN' and 'HAVE A GO' where winning and losing is not important. They are to introduce players to the contest environment to get familiar with the rules, etiquette etc.

ELIGABILITY: Boys & Girls who are a minimum of 8 years old up to and including 15 years old on the day. Players must be attending a primary or secondary school in one of the Suffolk Boroughs of Bury St Edmunds, Waveney, Forest Heath, Ipswich, Mid-Suffolk, Babergh, Suffolk Coastal or be a bone-fide member of a club in one of the boroughs.

Competitors must be members of the British Judo Association, British Judo Council, Amateur Judo Association, or hold a British Judo Association Schools introductory licence (£5.00) further information contact Claire Newman, BJA Head Office 01509 631682. Graded players must have been promoted within the last six months. Competitors must be Novice to 6th Mon (Red & Yellow belts) the event is **FREE** to enter.

There are no restrictions to the number of entries from any one borough, but competition entries will be limited so please enter ASAP. An information sheet, with maps confirmation of event start/weight in times will be sent to clubs/coaches nearer the time, once everything has been confirmed by the Suffolk Youth Games organising committee.

NO ENTRIES ON THE DAY

WEIGH IN: The B.J.A. weigh-in policy will be operated.

Boys must wear Judogi trousers when weighing-in. Tolerance to 0.5kg (500 grams) ie. 34.5 etc

Girls must wear Judogi trousers & a regulation T-Shirt when weighing-in. Tolerance of 0.6kg (600 grams) ie. 36.6 etc Players will be weighed in on the day (at the venue) and will be placed into pools of three, four or five with children as close as possible to their own age/weight/grade and experience. The organisers will, where possible, separate players from the same borough, school and club.

RULES: BJA modified rules will apply Techniques such as the following will not score: -

Self sacrifice throws, Tomoe-Nage/Sumi-Gaeshi, Drop Seoi-Nage throws

Pick ups ie. Te-Guruma/Morote-Gari, leg grabs

Kubi-Nage type throws where Tori crudely executes a throw by roughly wrapping their arm around Ukes head and drags them to the floor.

Players will not be penalised for instinctively executing these throws, the referee will advise the child not to repeat the throw, however if a player consistently uses these techniques the referee may use their discretion as to whether the player should be penalised.

There will be no golden score. **Mat Side Tactical or Technical Coaching will not be allowed.**

Each competitor will receive a medal. Medals will be presented after each group finishes on the mat.

Contest duration will be two minutes. Strangles and arm locks will not be permitted.

Please note that one referee may referee these contests only.

Entries to be returned to Dave Martin 15 Orchard Grove, Claydon, Suffolk, IP6 0BZ Tel: 07976 216386



Event Co ordinator: Dave Martin, British Judo Association, Regional Schools Development Officer, East Tel: **07976 216386**
Supported by David Oates, Enjoy Judo Schools Coach



