

Emergency First Aid at Work (Sports Injuries)-1 day

This is an ideal course for those who have contact with people within a sporting environment and the potential for the need to administer First Aid as a result of a sports injury. E.g. muscle strains, joint injuries. This course is HSE approved, and is adequate for your coaching award requirements.

Subjects Covered:

1. Aims & principles of first aid
2. Event planning and record keeping
3. Resuscitation (CPR)
4. Care of the unconscious casualty
5. Bleeds (including nose bleeds)
6. Soft tissue injuries and management
7. Fractures and dislocations
8. Head injuries
9. Spinal injuries

Additional subjects taught: Diabetes, Epilepsy, and Heart Attack & Angina

Where: Salisbury- The Chapel, 34 Milford Street, Salisbury SP1 2AP

Time: Start: 10:00 am- Finish: 4.00 pm

Contact: Brendan on 01722 504255 or email info@knightwoodtraining.co.uk

For further information on our courses please visit: