

London Area Revalidation Event

COACH EDUCATION COURSE Delivering Kata and Technical Dan grade syllabus Sunday 19th July 2009

Venue: Bexley Judokwai
Dojo Sidcup, Sidcup Rugby Club
Sydney Road
Sidcup DA14 6RA
www.bexleyjudokwai.org.uk

Booking in 9.30am
Start 10.00am
Finish 4.30pm

Fees: £25.00 (including buffet lunch)

Contact: Dave Dunsford – 0208 304 6143 07887985338 mob
Email: ldunsford@sky.com

PART 1

Introduction to the first 3 sets of Nage no Kata

PART 2

A review of the Technical Dan Grade Syllabus covering all combination techniques plus highlighting the new Kokusai shiah waza. A Technical surgery showing any Techniques brought shown at the end of the day.

Finishing with a Q&A Session.

Name..... grade..... licence no.....

Address.....

..... post code.....

Interested in doing a First Aid Course.....yes/no (please circle)

www.londonjudo.org.uk

To book a place on course please contact

Ricky Haynes
3Ashwood Road
Chingford
London
E4 6LG