

# London Area Revalidation Event

## COACH EDUCATION COURSE Delivering Kata and Technical Dan grade syllabus Sunday 19<sup>th</sup> July 2009

Venue: Bexley Judokwai  
Dojo Sidcup, Sidcup Rugby Club  
Sydney Road  
Sidcup DA14 6RA  
[www.bexleyjudokwai.org.uk](http://www.bexleyjudokwai.org.uk)

Booking in 9.30am  
Start 10.00am  
Finish 4.30pm

Fees: £25.00 (including buffet lunch)

Contact: Dave Dunsford – 0208 304 6143 07887985338 mob  
Email: [ldunsford@sky.com](mailto:ldunsford@sky.com)

### PART 1

Introduction to the first 3 sets of Nage no Kata

### PART 2

A review of the Technical Dan Grade Syllabus covering all combination techniques plus highlighting the new Kokusai shiah waza. A Technical surgery showing any Techniques brought shown at the end of the day.

Finishing with a Q&A Session.

Name..... grade..... licence no.....

Address.....

..... post code.....

Interested in doing a First Aid Course.....yes/no (please circle)

[www.londonjudo.org.uk](http://www.londonjudo.org.uk)

To book a place on course please contact

Ricky Haynes  
3Ashwood Road  
Chingford  
London  
E4 6LG